

Ministry of Tourism and Sports

Annual Performance Report - 2014

09, Philip Gunawardena Mawatha, Colombo 07

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Message from the Hon. Minister of Tourism and Sports

Until nearly six decades ago there wasn't a proper understanding among people that sport has direct influence on the human biological system and it was not easy to convince the people the importance of sports. There were times when our targets of sports focussed merely at winning international medals. Nevertheless, we were able to get international medals twice in our history of sports realizing what we dreamt of, despite the fact that we lacked technology, requisite training and standard infrastructure facilities.

In the backdrop of present-day life styles, competitive economic environment and interpersonal misunderstanding and behavioral intolerance among members of the society, the significance of the noble truth –“*Arogya parama laabha*”- as remarked by the Lord Buddha is much felt than ever before. This is evident from the society nowadays since health of people has grown to the extent of a serious problem everywhere.

To mitigate this situation an active person can play a considerable role on his part. Accordingly, a joint effort by the Ministry of Tourism and Sports has to be made in order to direct every citizen towards a path to engage in physical exercises from the scratch, during the course of which it would be possible to create a conducive background to achieve that objective while providing inducement therefor.

Among factors, inter alia, which contributed to glorify Sri Lanka's name throughout the world, being the world champions in 1996 Sri Lankan athletes were accorded international appreciation paving way to pop up a Sports Culture within the country.

Sports is a subject of economical, social and spiritual importance which is exposed to both local and foreign access. Therefore, I look forward to your hand of cooperation to awaken this sensitivity with a human touch in order to usher in a proper path towards that end.

Navin Dissanayake

Minister of Tourism and Sports



Message from the Hon. Deputy Minister of Tourism and Sports

From the time of our ancient kings sports in Sri Lanka has been a subject which we can be proud of. With the passage of time it directly influenced on human lives being synonymous with living beings.

During the course of programme which has been launched by the newly elected government in order to line up the people of this country towards good governance the subject of sport has been assigned with a specific role to perform, because such a move would pave way to build a prosperous land by way of making every citizen an active, healthy, disciplined and a dignified person.

Sport is important to all, irrespective of age and it brings about a conducive environment to build a healthy nation. Bringing sport closer to school children as well as senior citizens enables every social strata to be healthy and we should therefore create a background therefor.

Though we are a small nation being a tiny spot on the World Map, our ambitious vision is to persevere towards being leaders in the field of sports in the same way we had tried our level best to be so in the past.

Therefore, I am hopeful that we will be able to glorify our name in the international arena if every aspect of sports is provided with requisite facilities to elevate our athletes living in rural areas outside the capital city.

Wasantha Senanayake

Deputy Minister of Tourism and Sports



Message from the Secretary of the Ministry of Tourism and Sports

The sport which plays an active role in creating a disciplined society is of great importance to all levels of the society irrespective of age differences. 65% of the deaths in the adult population take place due to non-communicable diseases. Among the student population in popular schools in the city of Colombo, obesity and over nutrition is rampant. Especially, present child population has fallen prey to the computer and television whereby they themselves have confined to them. As a result of this, they get isolated and become fleshy as they develop reluctancy to engage in sports. On the other hand, the adult population has got used to a timetable with less physical exercises addicting to short-eats. Therefore, the Government has to incur a large sum of money to prevent the adults from their dwindling health. To cope with this situation, the Ministry of Sports has to play a big role and in that regard it is our responsibility to raise the awareness among the people about it. Accordingly, we should educate the people through various strata, motivate them and have them engaged in physical activities.

Since the name of Sri Lanka can only be glorified at international level on the basis of the number of medals we can win through showcasing the talents of our sportsmen & women, we should provide the infrastructure facilities and know-how towards that worthy cause.

M.I.M. Rafeek

Secretary

Ministry of Sports

Introduction

From the time immemorial the human beings began to exist on the earth the field of sports carried a special significance within the society. In ancient times sports events included water sports, shooting with bowes and arrows, testing physical stamina and using animals in sports. Sports events held at those times came in the form of activities performed by the creatures and the subject of sport was given a social value on the basis of the factors such as sophisticated techniques of the human beings, social changes attitudinal development and technological orientation.

Accodingly, endemic sports developed among the people living in various regions of the world in the backdrop of values, rules and regulations prevailing in their own communities which paved way for a society with health, physical balance, social discipline, associating as a group, endurance capacity and progressing towards an aim by following ways and means. As Maslo remarked in his hyrachical order engaging in sports provides one with social recognition. In this backdrop sports which synonymous with human behaviour has become and important subject of the world.

Accordinly, fortfolio of “Sport” was bought under the Ministry of Nationlized services in 1996 adding value for the first time in Sri Lanka. Hon. V.A. Sugathadasa was appointed as the first Ministry of Sports in 1967 in 1970 the Ministry of Parliamentary Affairs and Sports was established and from time to time the subject of sports was bought closer to the people through various fields. In 1989 this entity was named as the Ministry of Youth Affairs and Sports and subsequently in 2000 as the Ministry of Tourism and Sports, in 2004 as the Ministry of Sports and Youth Affairs, in 2007 the Ministry of Sports and Public Recreation of Sports and finally by Gazete (extraordinary) No 1650/20 as the Ministry of Sports, in 2010.

Role of the Ministry of Sports

1. Formulation of Sports policies, plans and programmes in keeping with the Govt’s National Policy.
2. Providing guidance to implementing agencies in steering sports policy, plans and programs towards desired targets.
- 3 Encouraging Sports
- 4 Development of Sports facilities.
- 5 Upgrading sports education

To carry out the above tasks the following institutions have been established under the Ministry of Sports.

- 1 Sports Development Department
- 2 Sugathadasa National Sports Complex Authority
- 3 National Institute of Sports Science
- 4 Institute of Sports Medicine
- 5 Sri Lanka Anti-Doping Agency

The Vision, Mission and the objectives of the Ministry of Sports

Vision

To be the leader in sports in Asia

Mission

To build a consolidated and prosperous land by grooming every citizen to be an energetic, healthy disciplined and dignified person through formulation of National policies and implementing them.

Objectives

01. To make “Sports” an essential integral part of Sri Lankan culture and society.
02. To make use of the sport to improve physical health of every Sri Lankans in order to improve their living conditions.
03. To provide requisite knowledge and opportunity so that everybody can engage in sports.
04. To make necessary resources and infrastructure facilities available to improve sports as a whole.
05. To improve Sri Lanka’s international image as a country with talents in sports.
06. Creating job opportunities and promoting the economy by taking measures to improve the sports industry.
07. To use the field of sports as a main source of foreign exchange earning.
08. Making use of sports as a means of peace and integration among ethnicities.

Objective and performance indicators

#	Objective	Performance Indicator
01	Provision of infrasticture facilities for development of sports	Erection of provincial Sports complexes in the nine provinces by 2016.
02	Building a positive international Image about Sri Lanka in Sports.	Winning 50 Medals annually at international level.
03	Developing a Sports culture in Sri Lanka.	To make a contribution of USD 500 million to GDP by 2016.
04	Creating physical & Mentally healthy citizens through a sports culture.	Reducing non-communicable diseases by 1% by 2016.
05	Development of human to resources through the use of sports science.	Increase the international participation in Human Resources in sports by 10%.
06	Establishing peace & reconciliation through sports.	To increase the rate of those engaged in sports outside Colombo by 10%.

To achieve the above objectives several Institutions have been established.

They are namely:

1. Department of Sports Development
2. National Institute of Sports Science
3. Institute of Sports Medicine
4. Sugatahdasa National Sports Complex Authourity
5. Sri Lanka Anti-Doping Agency (SLADA)

Since the activities pertaining to administration and Finance of the Institute of Sports Science, Institute of Sports Medicine and SLADA are carried out under the Ministry of Sports. The progress of the two entities are submitted herewith. The progress of the Department of Sports, Development and the Sugathadasa National Sports Complex Authourity is not submitted with this report because those two institutes are to prepare Annual reports severally by themselves. Moreover, the tasks and responsibilities of the Ministry have been decentralized under several divisions for good governance and smooth functioning.

Development Division

Formulation of policies in relation to the subjects and functions of the Ministry, implementing them and reviewing the progress are the main functions of this Division. In addition to that, mainly the subjects of sports development, coordination and implementation are attended to by this Division. Moreover, it deals with all sorts of legal activities coming under the Development Division and implementation of local & foreign Agreements in relation to sports as well.

Planning Division

The main role of the Ministry includes the formulation of annual plans, evaluating the progress achieved and preparation of progress reports. Planning Division extends its assistance to policy makers and those who take decisions and top management by providing necessary and correct information and guidance.

Administrative Division

The main functions of the division include management, direction, evaluation and provision of requisite training, internal control and physical resources control. etc. In addition to these tasks, the Administration Division engages in identifying human resource need of the officers attached to the Department under the Ministry, disciplinary control over employees, direction of relevant services, coordination activities and attending to legal matters.

Financial Division

The Financial Division of the Ministry mainly deals with purchasing of physical resources and maintaining related documents, adhering to financial management and control and government accepted procurement procedure by expending annually allocated provisions for the Ministry towards intended purposes. Moreover the activities of this division include supervision of such work of institutions under the Ministry, Coordination and preparation of final reports as well as management of financial management of the Sports Development Fund.

Sports Division

The main functions of this division include utilizing and managing the National Sports Fund for the Development of the Sports field, progress review, providing Government assistance and facilities to the athletes taking part in foreign training and also it engages in the coordination of sports Associations/Federations as well.

Internal Audit Division

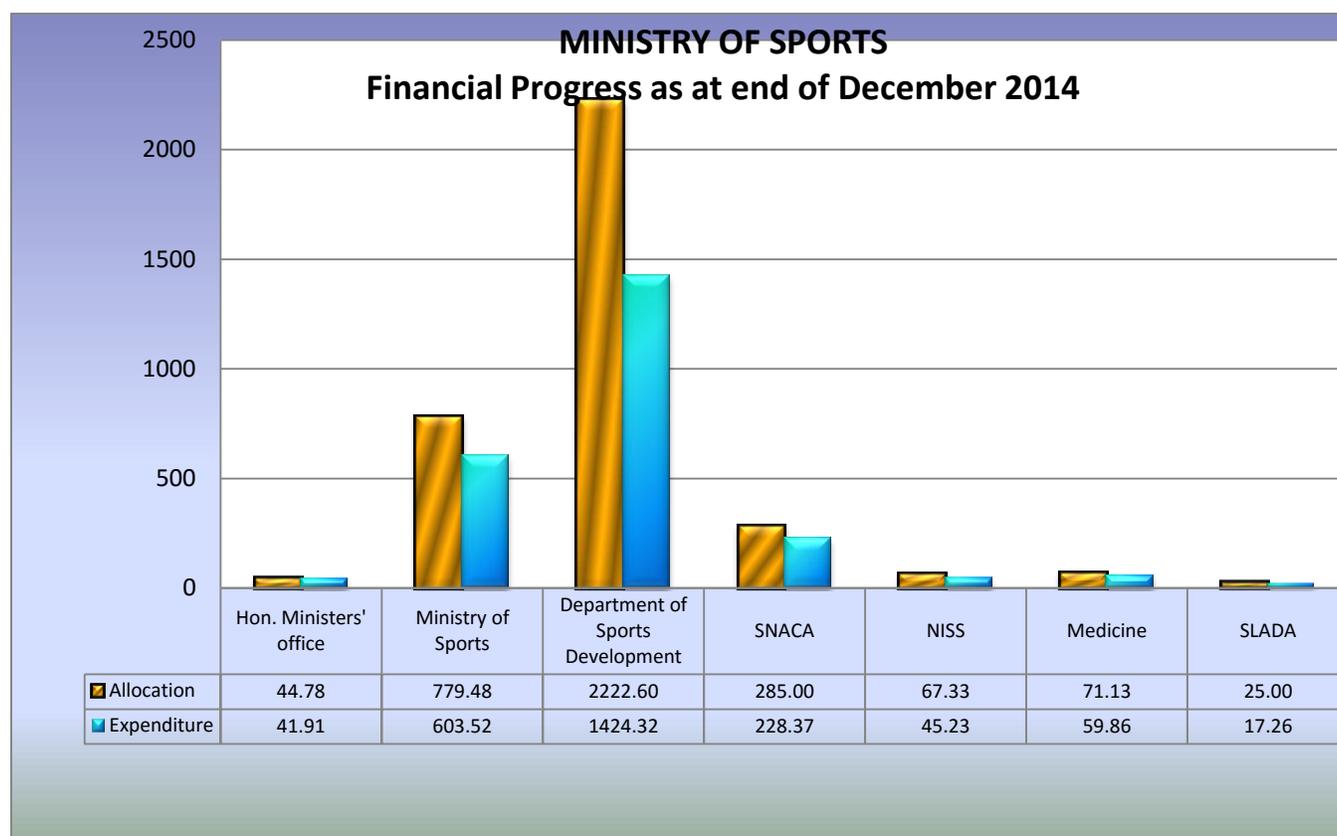
The responsibility of the Internal Audit Division is to see whether the internal administration and financial activities are carried out according to the Financial Regulations and the relevant circular instructions and looking into such matters in an unbiased manner by providing guidance and issuing instructions and furnishing reports directly to the Secretary of the Ministry when and where necessary.

Media Unit

The role performed by the Media Unit in the matter of creating a sports culture is not a small one. So, the incidence of media is much more important to attract the young as well as the old and senior citizens towards sports irrespective of age in all social strata. To keep individuals and social groups aware of facts and figures through media, provides for a healthy environment for a sports culture. The main functions of the Media Unit are broadcasting sports programmes, using correct media to develop sport, conducting quiz programmes and media conferences, appreciation of sports mediemen and gathering data & information about sports.

Monthly Progress Report December - 2014
Progress - Summary

#	Institute	Allocation (Rs. mn)			Progress as at 31.12.2013 (Rs. Mn)			
		Capital	Recurrent	Total	Capital	Recurrent	Total	%
1	Hon Minister's Office	6.33	38.45	44.78	4.19	37.72	41.91	93.59
2	Ministry of Sports	610.00	169.48	779.48	470.34	133.18	603.52	77.43
3	Department of Sports Development	1,701.20	521.40	2,222.60	1048.03	376.29	1,424.32	64.08
4	Sugathadasa National Sports Complex Authority	175.00	110.00	285.00	127.77	100.60	228.37	80.13
5	National Institute of Sports Science	43.88	23.45	67.33	24.55	20.68	45.23	67.18
6	Institute of Sports Medicine	26.10	45.03	71.13	19.49	40.37	59.86	84.16
7	Sri Lanka Anti-Doping Agency	5.00	20.00	25.00	2.58	14.68	17.26	69.04
	Total	2,567.51	927.81	3,495.32	1,696.95	723.52	2,420.47	69.25



Tasks Implemented in 2014

1. Implementation of decisions in relation to Cabinet Memoranda.

#	Date	No	Description of the Memorandum	Decision
01	09.01.2014	14/0044/552/001	Establishment of Hambantota Sports Village.	Approval was granted to sign a MOU as proposed. Subject to act according to the observation of the Minister of Finance & Planning.
02	12.02.2014	14/0218/552/002	Match-Fixing Act.	Approval was granted to advise the legal Draftsman.
03	17.02.2014	14/0233/552/003	Singned a MOU between Sri Lanka and Maladives for the development of sports.	Approval has been granted.
04	24.03.2014	14/0424/552/004	Additional expenditure for District & Provincial Sports Complexes	Approval has been granted for Rs. 30 million and Rs. 15 million respectively for provincial and District Sports Complexes and additional work thereof.
05	26.03.2014	14/0472/552/006	Opening of Central Province Sports Complex.	Approval granted to expend an additional sum of Rs. 150 million.
06	31.03.2014	14/0487/552007	2011 Sugathadasa National Sports Complex Athority Annual Report.	Approval granted.
07	01.04.2014	14/0450/552/005	Ministry of Sports maintained the National Sports broadcast.	It has been decided not to take further action.
08	24.04.2014	14/0536/552/008	Singned a MOU between Afganistan and Sri Lanka for the development of sports	Approval granted.
09	20.05.2014	14/0626/552/009	Extention of term of office of Mrs. Susanthika Jayasinha, Sports Advisor.	Approval granted.
10	26.05.2014	14/0680/552/010	MOU signed between Sri Lanka and Bahrain for development of sports.	Covering approval granted.

11	24.06.2014	14/0843/552/011	Proclamation of National Sports Day.	Approval has been granted.
12	24.06.2014	14/0843/552/012	Submission of Regulations made by the Hon. Minister of Sports under Sec. 34 (1) of the Anti Doping Act No.33 of 2013, to the Parliament.	Approval granted.
13	02.07.2014	14/0878/552/013-1	Construction of Nuwaraeliya High Altitude Sports Complex.	Informed to start the project by using decentralized provision.
14	02.07.2014	14/0877/552/013/ TBR	Construction of Nuwaraeliya High Altitude sports complex.	Instructions have been issued to discuss the initial conditions of the project with the Department of External Resources.
15	18.07.2014	14/1006/552/014	Construction of North-Western Sports Complex.	Approval Granted to construct the sports complex on a land centric to North-Western Province.
16	19.07.2014	14/1098/552/015	Construction of National Sports Museum.	Approval granted.
17	14.08.2014	14/1145/552/016	Construction of Provincial Sports Complex.	Provision for additional work has been approved.
18	24.09.2014	1/1376/552/017	Signing of a MOU between Sri Lanka and Seyshells for development of sports.	Covering approval granted.
19	01.12.2014	14/1759/552/018	Construction of Sabaragamuwa Provincial Sports Complex.	Approval has been granted to construct the sports ground without exceeding the amended estimate of Rs. 249.16 million.

2. Foreign Training for National Sports Associations

During the year 2014, 1573 athletes and 624 officers were sent to foreign countries for training as well as to participate in events. Particulars are given below.

Association	Officers	Athletes	Total
Sri Lanka Archery Association	5	41	46
Sri Lanka Volleyball Federation	39	100	139
Sri Lanka Athletics Association	57	75	132
Sri Lanka Boxing Association	25	25	50
Sri Lanka Aquatic Sports Union	21	56	77
Sri Lanka Life Saving Association	13	12	25
Sri Lanka Netball Federation	35	64	99
Sri Lanka Badminton Association	34	95	129
Sri Lanka Weight Lifting Association	2	3	5
Sri Lanka Judo Association	25	61	86
Sri Lanka Gymnastic Association	17	18	35
Sri Lanka Bodybuilding Federation	4	27	31
Sri Lanka Carrom Association	13	45	58
Sri Lanka Wrestling Association	13	27	40
Sri Lanka Tennis Federation	10	29	39
Sri Lanka Yachting Association	0	2	2
Sri Lanka Wu Shu Federation	20	21	41
Sri Lanka Billiard & Snooker Association	7	12	19
Sri Lanka National Rifle Association	2	28	30
Sri Lanka Basketball Federation	20	36	56
Sri Lanka Soft ball Cricket Association	2	8	10
Sri Lanka Rugby Football Association	42	221	263
Sri Lanka Squash Federation	6	24	30
Sri Lanka Table Tennis Association	12	30	42
Sri Lanka Karate Do Federation	1	1	2
Sri Lanka Football Federation	66	200	266
National Federation of Sports for Disabled	46	114	160
Sri Lanka Shooting Federation	8	2	10
Sri Lanka Amateur Kabadi Federation	38	98	136
Sri Lanka Teakwondo Federation	16	36	52
Sri Lanka Fencing Association	8	13	21
Sri Lanka Golf Association	5	13	18
Amateur Baseball Association	5	18	23
Sri Lanka Cycle Federation	6	13	19
Sri Lanka Motor Cycle	1	5	6
TOTAL	624	1573	2197

3. Human Resources Management

3.1 Total recruitment to the Ministry of Sports in 2014

New Appointment	In 2013		
	Male	Female	Total
Permanent Service	02	02	04
Contract/Casual New Appointment	-	-	-
Total	02	02	04

3.2 Resignation and Transfers

Registration	In 2013		
	Male	Female	Total
No. of retirements	-	-	-
Completion of Service/Contract period (Employees on contract/Casual Basis)	-	-	-
No. of Resignation	-	-	-
Transfers (Net)	02	-	02
Suspension of Service	-	-	-
Other	03	-	03
Total Left	05	-	05

3.3 Human Resource Development

#	Name of Course	Institute	Participation		Expenditure Rs
			Time	No	
01	Certificate course in English Language	SLIDA	72 hrs.	01	15000/=
02	Programme on Capacity Development	SLIDA	05 weeks	01	Free
03	Contract and Procurement Management	ICTAD	30 days	02	55000/=
04	Computer hardware Diploma	VTC	06 mts.	02	47500/=
05	Transport Management	SDFL	02 days	02	9000/=
06	Salary Conversions	SDFL	02 days	01	Free
07	Salary Conversions	SLIDA	02 days	01	Free
08	Drafting Cabinet Papers	SLIDA	02 days	01	Free
09	Salary Conversions	SLIDA	02 days	01	Free
10	Pensions	SLIDA	02 days	01	Free
11	Transport Management	SDFL	02 days	01	5500/=
12	Bid evaluation	SDFL	02 days	01	8500/=
13	Civil pensions	SDFL	02 days	02	16000/=
14	Productivity measurement and analysis	National Productivity Secretariat	01 days	02	6000/=
15	Pensions	SLIDA	01 days	01	Free
16	Disciplinary procedure	SDFL	02 days	03	24000/=
17	Filing	SDFL	02 days	03	24000/=

18	Cabinet paper drafting	SLIDA	02 days	02	Free
19	Admission to the MHRM Degree –Kelaniya	University of Kelaniya	-	01	1 st instalment 105000/=
20	Parellel Thinking	SLIDA	02 days	03	Free
21	Procurement	SDFL	02 days	01	8000/=
22	Cash flow financial management	Foundation Institute	01 days	02	10000/=
23	Financial Reporting	Foundation Institute	01 days	02	10000/=
24	Computer hardware	Vocational Training Centre Dehiwala	06 mts.	01	23750/=
25	Fiscal Management	SLADA	02 days	02	Free
26	Personal Files	SDFL	02 days	02	17000/=
27	Books of Accounts Maintaining	SDFL	02 days	01	8500/=
27	Public Procurement	SDFL	02 days	01	8500/=
28	Role of leave clerks	SLIDA	02 days	01	Free
29	Establishment code procedures	SLIDA	02 days	05	Free
30	Effective Internal Auditing	SDFL	02 days	01	8500/=
31	Overview of the tax system	SDFL	01 days	01	5000/=
32	Leave & Personal File	SDFL	02 days	01	8500/=
33	Fiscal Management	SLIDA	02 days	02	Free
34	MA Degree Course - 2013	Kelaniya University	-	01	75000/=
35	Establishment Code Procedure	SLIDA	02 days	01	Free
36	Fiscal Management	SLIDA	02 days	01	Free
37	Public Payment procedure	SLIDA		02	Free
38	Establishment Code Proviton and Procedure	SLIDA	03 days	01	Free
39	Training on Law for Public Officers	SLIDA	01 days	01	Free

- ❖ A lecturer apporoved by the Department of Official Languages visits 02 days per week to train 20 members of staff including Development officers, in basic written Tamil language. Duration is 02 hrs. per day.

3.4 Particulars relating to approved cadre for 2014 - Ministry of Sports

#	Post	Category	Salary Group	No. of Post		
				Approved	Existing	Vacant
1	Secretary		SL 4	1	1	0
2	Additional Secretary	SLAS(Sp)	SL 3	1	1	0
3	Senior Assistant Secretary (Admin)	SLAS1	SL 1	1	0	1
4	Director (Planning)	Sri Lanka Planning Service 1	SL 1	1	1	0
5	Director(Development)	SLAS1	SL 1	1	1	0
6	Chief Accountant	Sri Lanka Accountancy Service-I	SL 1	1	1	0
7	Chief Internal Auditor	Sri Lanka Accountancy Service-I	SL 1	1	1	0
8	Accountant(Payment)	Sri Lanka Accountancy Service-II/III	SL 1	1	1	0
9	Deputy/ Assistant Director(Development)	SLAS II/III	SL 1	1	1	0
10	Deputy/ Assistant Director (Planning)	Sri Lanka Planning Service II/III	SL 1	1	1	0
11	Deputy/ Assistant Director (Sports)	SLASII/III	SL 1	1	1	0
12	Assistant Secretary (Admin)	SLASII/III	SL 1	1	1	0
13	Legal Officer	Departmental	SL 1	1	0	1
14	Administrative Officer	PMA(Sup.Class)	MN 7	1	1	0
15	Translator	Translator	MN 6	1	1 (Contractual)	0
16	IT Officer	Sri Lanka Information & Communication Technological Services II	MN 6	1	0	1
17	Legal Assistant	Associate Officer	MN 4	1	1	0
18	Information Officer	Casual	-	1	1	0
19	Planning Assistant	Associate Officer	MN 4	1	1	0
20	Development Officer	Development Officer	MN 4	25	20	5
21	Budget Assistant	Associate Officer	MN 4	1	0	1
22	Planning & Programme Assistant	Associate Officer	MN 4	1	0	1
23	Technical Officer	Sri Lanka Technical Service	MN 3	1	1	0
24	Public Management Assistant	PMA	MN 2	21	17	4
25	Receptionist	Departmental	MN 1	1	1	0
26	Still Photographer Casual	Casual	-	1	1	0
27	Cameraman	Casual	MT 1	1	1	0
28	Coordinating Secretary to the Secretary	Casual	-	1	1	0
29	Driver	Driver Service	PL 3	14	14	0
30	Camera Assistant	Casual	-	1	1	0
31	OES	KKS	PL 1	10	10	0
Total				98	82	16

4. Main Development Projects

4.1 Construction of National Sports Complexes

Among Development projects undertaken by the Ministry of Sports, Construction of National Sports Complexes has been the major ones. In the year 2011 the Cabinet of Ministers granted approval to construct a Provincial Sports Complex with international facilities for every District. Approval had also been obtained by submitting a Cabinet Memorandum in 2011 to Construct District Sports Complexes for the Districts not covered in doing so. Sports Complexes at Badulla and Anuradhapura which started in 2011 have been vested with the public. The Killinochchiya National Sports Complex and Digana Sports Complex at Kandy are due to be completed in 2015.

Name of Ground	Province	Amount Estimated (Rs.Milion)	Present Position
Badulla Vincent Dias Sports Complex	Uva Province	377.00	Vested with the Public
Anuradhapura Public Sports Ground	North Central Province	300.78	Vested with the Public
Digana Kundasale Sports ground	Central Province	392.00	Work Completed
Kilinochchi National Sports Complex	Northern Province	254.82	
Trincomalee Makeyzer Sports ground	Eastern Province	354.00	
Rathnapura Public Sports Ground	Sabaragamuwa Province	279.16	
North Western Province Sports Complex	North Western Province	-	
Suriyawawa Mahinda Rajapaksha Sports ground	Southern Province	-	Will be developed to coincide with the 2017 Youth Sports Festival
Diyagama Mahinda Rajapaksha Sports ground	Western Province	-	Will be developed to coincide with the 2017 Youth Sports Festival

4.2 Construction of District Sports Complex

For Districts which are not covered under the programme of construction of National Sports Complexes, fully fledged District Sports Complexes will be constructed.

Kalutara Bandaragama Sports Ground	212.29
Puttalama District Sports Ground	196.71

Polonnaruwa District Sports Ground	135.00
Matara-Kotugoda sports ground	237.43
Batticaloa Weber Sports Ground	198.17
Ampara Senarath Somarathne Sports Ground	187.76

Except for Ampara Senarath Somarathne Sports Ground, the other Sports grounds can be handed over to the people. The delay in the case of Ampara happened due to the delay caused in awarding the contract.

Sports ground in respect of which procurement procedure is being followed.

Matale District Sports Ground	} Arrangements have been made to award contracts in 2015 by following open procurement procedure.
Galle Dadalla Sports Ground	
Vaunia Public Sports Ground	
Mannar Public Sports Ground	
Gampaha District Sports Ground	
Mullativu District Sports Ground	

4.3 A model Sports Ground for District Sport Complex

A model for construction of a District Sports Complex has been built at Nawalapitiya Jayathilaka Sports Complex. Now it has become a venue of economical value in the city of Nawalapitiya, which is evident from the fact that it has been in big demand. A Sports Association in the area attends to the maintenance and administration thereof and income generated from it is sufficient to cover expenses. The cafeteria too generates an additional income while the people in the neighbourhood have found it an ideal opportunity to raise indirect sources of income at the times of national and international events.

4.4 Sports Schools Development Project

It is expected to implement this project encompassing all the Districts in the Island. Already 22 schools of sports have been selected and 17 of them are now in use, representing 19 National Schools and 03 Provincial Council schools. Another school for the Eastern province and 02 schools for Northern Province have been proposed. These sports schools have been established on the concept of Sports School Academy of foreign countries. Only 17 of these schools are now in operational level. Under this programme talented school children are given training and they are provided with specific nutritional foods, accommodation, medicine and teachers to attend to their skipped lessons in schools. Since 2007, development activities of 06 schools are being carried out. Necessary steps have been taken to launch a joint programme in future in collaboration with the Ministry of Education. Attention has now been focused on the following schools to implement various kinds of development projects.

- | | |
|--------------------------------------|-------------|
| 1. Dikwella Vijitha Maha Vidyalaya | - Matara |
| 2. Madampe Senanayake Vidyalaya | -Puttalama |
| 3. Ruhunu Vijayaba Maha Vidyalaya | -Hambantota |
| 4. Tolangamauwa Maha Vidyalaya | -Kegalle |
| 5. Piliyandala Maha Vidyalaya | -Colombo |
| 6. Tissa Maha Vidyalaya | - Kalutara |
| 7. Walala A.Ratnayaka Maha Vidyalaya | - Kandy |
| 8. Seewali Maha Vidyalaya | -Ratnapura. |

4.5 One 'model sports ground' for each Divisional Secretariat .

The main objective of this project is to endow every divisional secretariat with one sport ground in order to add a venue of commercial value for that area. The other objective is to produce at least one athlete with special aptitudes from each village in order to take sport to the village. For the purpose of achieving this goal a model sport ground is being built at Kurunduwatta area in Nawalapitiya. The envisaged investment is Rs.20 Million.

4.6 Reid Avenue Sports Complex

Under this project which was started in 2009 construction of synthetic Hockey Ground and Pavillion, sports hostel and grand stand sports ground were identified at a cost of Rs. 775 million. Proposals were received for construction through State Engineering Coparation but due to time delay Grand Stand Pavillion was redesigned by UDA of the Ministry of State Defence after which it was developed as a Rugger ground. Presently the venue is used for international level Rugger events and it has added economical value as well as beauty to the city of Colombo.

It provides accommodation for nearly 500 viewers and it is being maintained by the Department of Sports Development. The adjoining 3 storeyed hostel can accommodate 250 persons and both local and foreign athletes can enjoy the benefit of concessionary charges of the hostels. The Department of Sports Development handles administration and maintenance work. Although the construction work on new Netball ground is over, landscaping work would last till 2015.

4.7 Torringngton Sports Complex

This is a natural play ground situated in the heart of the Colombo Capital city where sportsmen and sportswomen in the National Pool engage in their training activities. It is envisaged to build a 200 metre synthetic running track and amount to be incurred therefor is expected to be around Rs.100-150 million. An office Complex meant for the 48 registered Sports Associations is expected to be built and office facilities for sports Associations are expected to be provided in 2015. Presently National School sports events as well as

International Sports events are held here nearly everyday. Department of Sports Development maintains and controls this place.

4.8 Sports Ministry Administrative Complex

The construction work of 5 storeyed building equipped with all facilities for the Ministry has been completed in keeping with the plan of the UDA implementing the “Township Program”. Construction work thereof was finalized in collaboration with Central Engineering Consultancy Bureau. Various institutions which have been functioning under the Ministry were brought under one roof in a bid to provide services to athletes. H.E. the President Mahinda Rajapakse declared open this building of which the total cost was Rs. 493 million.

5. Establishing a Sports Museum

It is expected to construct a National Sports Museum in order to protect historical value of the sports for the sake of future generation by erecting a venue for preserving its memorabilia.

5.1 Objective of the project

1. To raise awareness among the future generation about the history of sports, introducing scientific values of sports and emerge Sri Lankan symbol.
2. Conservation of sports related bibliography, trophies, cups and souvenirs of prominent athletes.
3. Elevate Sri Lankan talents to international level by establishing sports library, sports theatre, and an information centre with internet facilities through which sports persons can be provided with an opportunity to engage in self – studies on modern technological matters, sports laws & regulations, sports medical methodologies and on dangerous drugs.
4. It is also expected to develop the proposed National Sports Museum to the level of sports information centre in the South Asia in order to attract foreigners and provide them with hostel and sports facilities to engage in researches and educational activities on sports.
5. Establishment of a room with living size figures of those who excelled in the field of sports at international events.
6. Establishment of a sports data base with information in relation to the history of sports Associations, records established and other relevant data.

6. Progress review meeting

Progress of the Ministry and other affiliated bodies were reviewed under direction Hon. Minister of sports on monthly basis according to the 2014 Action Plan. The Secretary reviewed the progress fortnightly. Accordingly, a significant momentum could be observed in implementation of the development projects. At the end of every month, monthly progress reports of the Ministry of sports & other subsidiaries were prepared. The progress of the capital projects and the projects in excess of Rs. 50 million was submitted to the Ministry

of Finance via e-mail on quarterly basis. Moreover, a comprehensive report containing the financial & physical progress of all development projects were submitted to the Department of National Planning and the Department of Budget.

7. Board of Survey activities

This is being carried out by 4 Boards of survey consisting of 7 members in 2014. In 2014 new office equipment were provided to the Ministry of Sports and the Department of Sports Development. Accordingly inventory has been prepared.

8. Submission of Report

The Procurement Plan – 2014 of the Ministry was prepared and submitted to the Auditor General’s Department.

Action Plan for 2015 of the Ministry of sports was prepared and submitted to the Ministry of Finance & Planning

Performance Report 2014 of the Ministry of Sports was prepared and submitted for tabling in Parliament.

Submission of Audit Plan 2015 to the Auditor General’s Department.

9. Welfare Activities

The following programmes were implemented by the Employee Welfare and Sport Association of the Ministry of Sports during 2014.

9.1 Programme of good-governance & discipline

With a view to improve the good governance and attitudes of the employees of the Ministry of Sports a programme to raise awareness on good governance and discipline was conducted on 24th July 2014. The ex-senior superintendent of police, ex-director of investigation of the Bribery and Corruption Commission and the visiting lecturer of SLIDA Mr. Nevil Guruge participated as resource persons.

9.2 Identifying Spices with right quality

A programme to raise awareness on quality spices and correct way of production was conducted on 26.09.2014 by “Southern Fresh Food”

9.3 Development of attitudes and motivation

A program on development of attitude and motivation was conducted on 17.12.2014. Resource person was Prof. Sarath Wijesooriya. Provision required for the purpose was given by the Ministry of Child Development and Women’s Affairs.

9.4 Conducting a sermon

A sermon by Rev. Induragare Dhammarathana was delivered under the theme of let's start 2015 with virtuous thoughts on 31.12.2014.

9.5 Programmes on violence against women and combating abuse

A programme on violation on women and combating abuse was conducted to raise awareness among Diploma holders in National Institute of Sports Science on 01.02.2014 and another programme for the staff of the Sugathadasa National Sports Complex Authority on 23.12.2014 in-these programmes Police Inspector Mr. Manoj Samarasekara participated as the resource person and the provision required therefor was made available by the Ministry of Child development and Women's affairs.

9.6 Counducting programme to concide with International Woman's Day

A counseling programme was counducted on 12.03.2014 to concide with the International Woman's Day-2014 by Specialist Doctor Mrs. Shanthi Gunawardhane.

The cordination was carried out by the Institute of Sports Medicine. Another programme of similar nature was conducted under the person of Ministry of Child development and Women affairs on 10.03.2014 resours person was Mr. Gnanapala.

9.7 A programme on first Aid

Dr. Dhammika Senanayake of the Institute of Sports Medicine conducted apractical programme under the them of "Sports and First Aid" on 26.03.2014.

9.8 Non-Communicable diseases Clinic

Dr. Chamara Ilangasinghe and his staff conducted a Non-Communicable diseases Clinic for the sake of the staff of the Ministry of Sports and the staff of other affiliated institutes on 11.11.2014

9.9 Project to grant financial assistance to the members of the Employees Welfare Society and the Sports association of the institute of Sports to meet their urgent financial needs.

Under this project 34 members were glanted a total sum of Rs.340, 000.00 during the year.

9.10 provition of assistance to the members of the Employees Welfare Society of the Ministry of Sports.

During the year under review six members were granted a sum of Rs. 25,000.00 each on account of deaths and the society incurred a total sum of Rs. 22,500.00 for fuel for participating in such events.

10. Internal Audit activities

Final accounts for 2014 have been prepared and submitted to the Auditor General. 2013 final accounts have been reviewed and the Auditor General's Department has submitted the Audit Management Report to the Ministry of Sports wherein the following matters have been disclosed.

10.1 Total provision and expenditure

According to the net provision and investments during the year under review the value of net savings was Rs. 276,290,730/= reflecting 31%.

Imprests during the year have directly contributed to the savings and as a result, there had been a situation where it was not possible to pay even expenditure in hand couldnot be incurred. So, during 2014 capital expenditure had to be continued.

10.2 Transfers under F.R.66

Under F.R.66 provision had been transferred between vote heads and such transferred pvision too had not been expended in full. Provision had been transferred between vote heads with the aim of incurring essential expenditure from time to time. But funds could be incurred as imprests were not received. Agreed tasks were continued till 2014.

10.3 Saving of Provision

Although, there was provision left in the vote heads such money could not be expended as imprests were not received properly.

Tansfers of provision were saved due to the fact that there were no bills for rent, transport expenses were declined as officers were provided with official vehicles, low vehicle maintenance costs, economical use of stationery, vacancies in posts, a part of cost on security services and janitorial services were born by the institute of Sports Science and undue delay occurred in purchasing furnitures as the delay occurred in the construction of the New Ministry building.

10.4 Total expenditure shown in appropriation expenditure ledger does not tally with total expenditure shown in Treasury computer print-outs.

Although cheques were written after stating the expenditure in the expenditure ledger the expenditure ledger and the print outs do not tally during the relevant month, action will be taken at the end of the year to tally them.

10.5 Explanation about variations between net provision and actual expenditure.

There were variations between net provision and actual expenditure because bills were not submitted in time. Hereafter action will be taken to get vouchers for relevant period, in time.

10.6 Allocation of provision for approved cadre has resulted in the savings in provision.

It provision is not allocated for the approved cadre. Making payments could not be possible when filling vacancies. However action will be taken to fill as much vacancies as possible.

10.7 Shortcomings in the submission of accounts

Particulars prepared in Sinhala language are translated into English and Tamil. Therefore mistakes have taken place in the computerization. This situation will be sorted out through proof reading in the future.

10.8 Making payments to outside entities for practical training.

When sports courses are conducted by the Institute of Sports Science, sports grounds are required. Sometimes these grounds can not be used due to prior-bookings. At such instances assistance of some other private Sports Ground has to be sought by paying their charges. To avoid this instructions have been issued to set aside the sports ground ahead of programmes conducted for athletes of the pools.

10.9 Purchasing sports equipment

Although sports items were ordered, purchases could not be made due to priority cases and imprest problems. Action will be taken to make purchases in future after computing the requirement at the beginning of the year.

10.10 Setting question papers and paper marking

Since the subject of sport is a technical one question papers are prepared by specialized persons and final amendments thereto are made by a Board. Instructions have been issued to the effect that paper-marking and final checking shall be attended to by a Board Comprising of Director of the Institute of Sports Science.

10.11 performance

Courses could not be conducted as scheduled since the Ministry of Sports used our offices until the completion of the Ministry's office complex. Earlier it was not possible to conduct courses as planned due to lack of accommodation. Instructions were issued to conduct courses as scheduled, from 2014.

10.12 Stores-keeping

Although there wasn't a practice to maintain inventories of courses or registration of the Institute of Sports Science instructions were issued later to maintain inventories.

10.13 Course Lectures

Not taking action to recruit approved cadre for the Institute of Sports Science:

In this regard a new constitution has been prepared and submitted to Legal Draftsman's Department for approval. Paper advertisements were published. But it was not possible to recruit officers for approved salary scale.

10.14 Making use of the Sports School Building

Due to the fact that the Ministry of Sports was temporarily housed at the premises of the Institute of Sports Science, the files and stores were maintained in that building. In 2014 the Ministry of Sports shifted to the new building. Now the Institute of Sports Science can use that accommodation again. Instructions were issued to remove remaining items from that place.

10.15 Purchase of machines and equipment to the Institute of Sports Science.

Instructions were issued that Institute of Sports Science should decide specifications when purchasing medical equipment. Instructions were also issued to act according to the procurement guidelines.

10.16 Human resource Management

Since a great number of vacancies existed, actions were taken for recruitment by adhering to the recruitment procedure properly. Instructions were also issued to update files of the officers.

10.17 Accounting difficiencies of the Sri Lanka Cricket.

Instructions were issued to maintain a fixed Asset Register and to evaluate the depreciated fixed Assets. Instructions were also issued to bring to account the amount of loan to be setted to the Sugathadasa Indoor Sports Complex Authority.

10.18 Instructions were issued to Sports Association(who have not submitted their final accounts) to submit final accounts to the Auditor General.

Preparatory work for 2017 youth Games.

Since Sri Lanka has been given the opportunity to host the 2017 youth Games. Sports Associations are getting ready to prepare for the above sports festival to be held in Sri Lanka. An amount of Rs.200 million has been invested on account of the development of 72 sports grounds in each Province and a sum of Rs.93 million has been invested for the purpose of developing 569 rural sports grounds.

Province & District	No. of Schools	Allocation (Rs.Mn.)	Expenditure (Rs.Mn.)	No of Provincial Schools
01. Southern Province				
Galle District	30	3,100,000.00		106
Matara District	47	5,000,000.00		
Hambantota District	29	3,000,000.00		
02. North Central Province				
Anuradhapura District	37	7,400,000.00		49
Polonnaruwa District	12	2,400,000.00		
03. Eastern Province				
Trincomalee District	17	3,250,000.00		58
Ampara District	23	4,400,000.00		
Batticaloa District	18	3,450,000.00		
04. Sabaragomuwa Province				
Rathnapura District	45	7,460,000.00		67
Kegalle District	22	3,640,000.00		

05. North Western Province				
Kurunagala District	70	8,000,000.00		96
Puttalama District	26	3,000,000.00		
06. Northern Province				
Jaffna District	12	3,400,000.00		35
Kilinochchi District	3	600,000.00		
Mulativu District	6	1,200,000.00		
Vavniya District	7	1,400,000.00		
Mannar District	7	1,400,000.00		
07. Central Province				
Kandy District	11	2,200,000.00		55
Matale District	30	6,000,000.00		
Nuwara-Eliya District	14	2,800,000.00		
08. Western Province				
Gampaha District	13	5,850,000.00		23
Colombo District	5	1,950,000.00		
Kaluthara District	5	2,200,000.00		
09. Uva Province				
Badulla District	56	5,600,000.00		80
Monaragala District	24	4,400,000.00		
Total		569	93,100,000.00	569

Apart from the above, an institution named 'Future Sports' was established in order to coordinate all international sports events to be held in Sri Lanka. In addition to these activities estimates were also prepared and contracts were awarded to build Firing Ranges and Rowing piers at suitable places for proposed events at the youth games Festival. Not only that but also action was taken to donate Standard Sports gear to schools. Awareness meetings are held at provincial level for sports officers and follow –up actions are taken.

Sponsorship in International Events

Making use of favourable weather conditions and the Sports infrastructure facilities which have already been provided international events with the participation of foreign athletes were conducted in Sri Lanka, during which time opportunities were provided to the tourists to witness such events and for touring the country. As a result of this move income from tourists visiting Sri Lanka to witness the natural beauty increased and the direct and indirect income of Sri Lankans too improved. In fulfilling the above objectives mainly the following events were held in Sri Lanka.

Event	No.of Countries	Duration(days)
Yonex Sunrise Int.Badminton Tournament.	19	05
48 th Asian Body Building & Physical fitness Tournament.	25	04
10 th Asian Youth Volley ball Tournament.	15	10
Int.School Athletics Festival	12	05
Damso International Chess Tournament.	05	05
One-day Cricket Tournament between Srilanka & South Africa.	02	01
Pakistan Vs Srilanka 1 st Cricket Match	02	10
Asian Federation President Trophy Football Tournament.	06	05

Achievements at International events - 2014

	Event	Gold	Silver	Bronz
3 rd Lusaphonia Sport Festival Goa-India	400 metre female	1	0	0
	Triple jump	1	0	0
	100 metre relay	1	0	0
	400 metre relay	1	0	0
	High jump	0	1	0
	1500 Metre	0	1	0
	110 Meter hurdles	0	1	0
	100 Metre Relay (Female)	0	1	0
	400 Metre Relay (Female)	0	1	0
	400 Meter –hurdles (Male)	0	0	1
	100 Metre (Female)	0	0	1
	200 Metre (Female)	0	0	1
	400 Metre (Female)	0	0	1
	Under 21 Football	0	0	1
	Wushu	3	2	2
	Table Tennis- Female	0	1	0
	Table Tennis-Male	0	0	1
	Beach Volley Ball-(Male)	0	1	1
Beach Volley Ball-(Female)	0	1	0	
T 20 World Cup –Cricket Tournament-2014 April-Bangladesh	World Cup			
Agons Trophy Boxing Tournament-Malasia 8-14 March 2014	Fly -Weight	0	1	0
	Light fly -48kg	0	0	1

International Triathlon tournament-Indonesia, Binman May 2014	Triathlon	0	1	0
South Asia Basket ball championship	Basketball	0	1	0
48 th Asian body building Tournament	60 Kg weight lifting	1	0	0
	65 Kg weight lifting	1	0	0
	70 Kg weight lifting	1	0	0
	Heavy weight	1	0	0
	55 Kg weight lifting	0	1	0
	60 Kg weight lifting	0	1	0
100Kg weight lifting	0	1	0	
20 th commonwealth sports festival July 23-03 rd August Glassgow-Scotland	weight lifting 62 Kg	0	1	0
2 nd Youth Olympic Festival 2014 August China,Nanjine	Badminton-Single	0	0	1
Lions Trophy International Boxing Tournament Championship-10 countries	52Kg Fly weight -Male	1	0	0
	64 Kg light weight -Men	1	0	0
	45-51 Kg Fly weight - Women	1	0	0
	60Kg light weight-Men	1	0	0
	49 Kg light fly weight	1	0	0
	49Kg light fly weight	0	1	0
90 th Malasian Athletics Championship	110 Meter –hurdles men	1	0	0
	7.30Metre long jump Men	1	0	0
	400 Metre long jump Men	1	0	0
	2.15 Meter- High jump men	0	1	0
	200 Meter- High jump men	0	1	0
Karate World open junior competition Poonai-India	Karate	1	0	0
World Army cadet sports Tournament –IK vador	Shot-pult throw	0	1	0
World life saving Tournament-France	90X4 Beach relay race	0	0	1
England vs. Sri Lanka 5 th one day cricket match-Sri Lanka won by 4 wkts.	Criket			
9 th Asian Volleyball championship tournament	Volleyball	-	2 nd place	-
Asian Para Sports Festival – South Korea, Inchiyon		1	6	7
4 th Asian Beach Sports Festival-Thailand, Puket	Beach Kabadi - Women	0	0	1
	Beach Kabadi - Men	0	0	1
International School Karathe Championship- India, Goa	Katha & Kunithe - Men	1	0	0
	Katha & Kunithe - Men	0	1	0
Vetarans' Athletic Sports Festival	Shot-pult throw -Women	1	0	0
	Javelin Throw - Women	0	1	0
	Disk Throw - Women	0	1	0
68 th World Body building Champion – Brazil	65 Kg weight lifting	0	0	1

6 th World Traditional Wushu	Wushu	1	1	3
Tournament – China, Anhuine	Cricket - Male	1	0	0
	Cricke- Women	0	0	1
Asian Sports Festival- South	Under 11 years - Male	1	0	0
Korea,Inchiyon	Undr 13 Years	1	0	0
International Schools Chess				
Tournament- Brazil				
Asian Schools chess Tournament- Taiwan				
Total		27	31	26

New Sri Lankan Records

This year, the 40th National Sports Festival was held at the Anuradhapura Provincial Sports Complex which was built with the aim of upgrading talents of the athletes in villages to the international level by improving the infrastructure facilities.

In this occasion W.P. Manjula hailing from the Souther Province won the 1st place, in the High Jump event and R.M.C.S. Rasnayake from North-Western Province won the 1st place in the 400 metre event.

Records kept at the 40th National Sports Festival

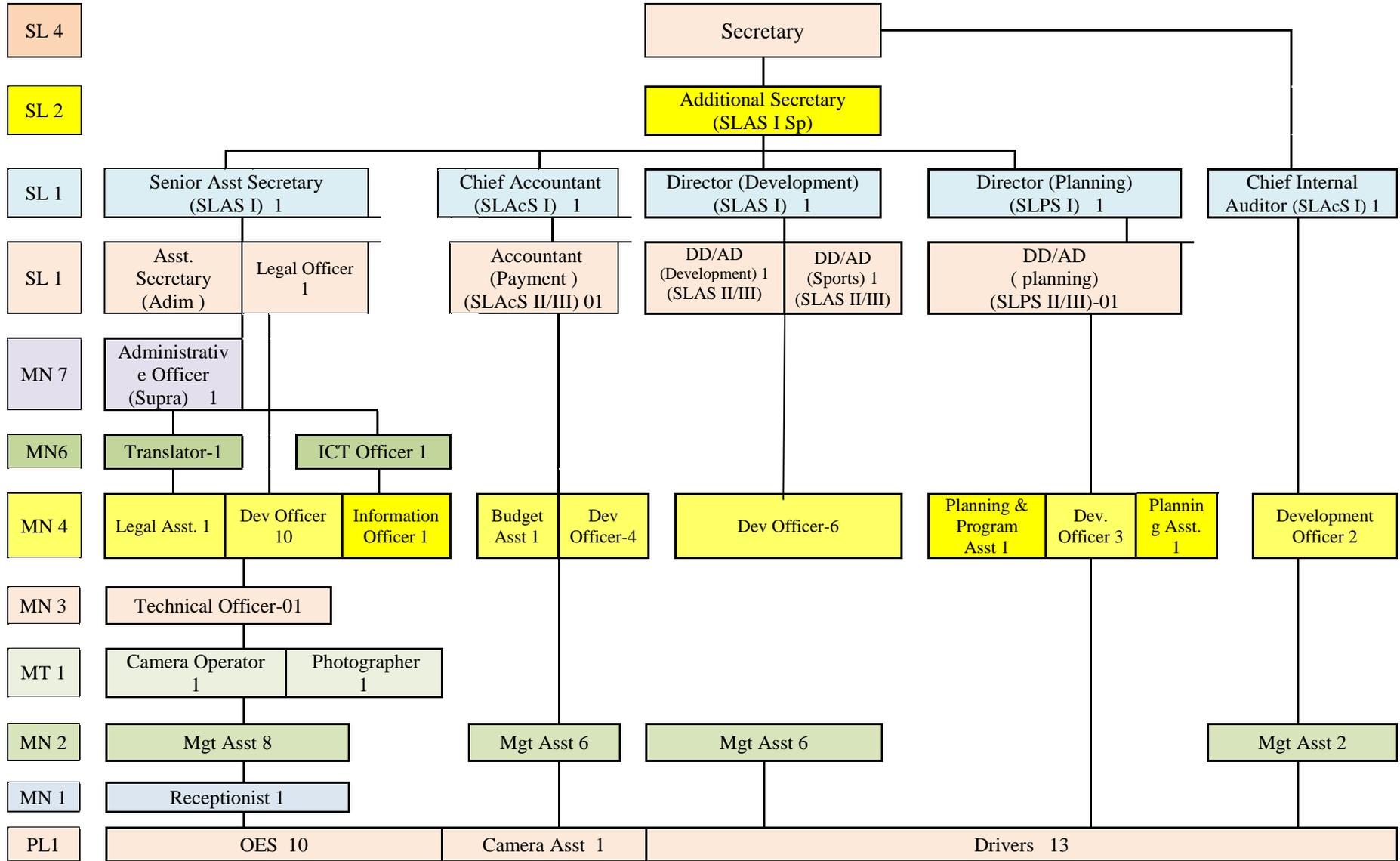
No	Sport	Event	Weight Class	Name of the Sportsman/woman	Province	Record	
						Sri Lanka	Events
01	Swimming (Male)	50m breast stroke	-	Kanitha Munasinghe	Western	-	31.40seconds
02		200m back stroke	-	Chandula Fernnando	Western	-	2.18.93 Minutes
03		200m free stroke	-	Dilanka Shihan	Western	-	2.00.45 Minutes
04		100m back stroke	-	Chandula Fernando	Western	-	1.01.38 Minutes
05		100m free stroke	-	K.P.S.B. De Silva	Central	-	53.50 seconds
09		50m breast stroke	-	W.K.Gihara Sachini Amarasinghe	Southern	-	37.29 seconds
10		100m free stroke	-	Amanda Jayasekara	Western	-	1.03.97 Minutes

11	Swimming (Female)	200m Medley Completion	-	D.Hirushi De Silva	Western	-	2.41.42 Minutes
12		800m free stroke	-	Ishani Senanayake	Western	-	10.21.90 Minutes

Distribution of medals for each province islandwide at the National Sports Festival

Province	Medal			
	Bold	Silver	Bronz	Total
Western	75	54	57	186
Central	37	38	39	114
Southern	23	32	34	89
North Western	24	21	38	83
North Central	16	19	37	72
Sabaragamuwa	14	23	27	64
Uva	6	3	16	25
Eastern	8	9	18	35
Northern	0	4	10	14
Total	203	203	276	682

Ministry of Sports - Organizational Structure



National Institute of Sports Science

Vision

To become the centre of excellence in sports education in Sri Lanka.

Mission

To contribute to sports sector policy formulation by providing sports education in order to improve talents, skills, competencies and knowledge of the sports sector personnel and to promote sports education in Sri Lanka through conducting researches.

Objectives

1. To identify timely requirements of the sports sector and to design, plan and implement programmes to fulfill those requirements.
2. To implement research projects for the development of the sports sector.
3. To formulate and maintain the expertise required for standardization of the development of sports.

This institute was commenced in the name of “Sports School” in 1979 and was established as the National Institute of Sports Science by a Special Parliament Act in 1998. It was under the Ministry of Youth Affairs and Sports, and it is now functioning under the Ministry of Sports.

While being the leading institute in the field of Sports Education, the National Institute of Sports Science contributes through their programmes and functions to uplift the human resource which is needed for various sectors of the sports to obtain a useful lifestyle for every citizen and to maintain the capacity of the productivity of the country in the maximum level. The objectives of the long term and short term strategies of the National Institute of Sports Science are aimed to develop the knowledge, attitudes and skills of the relevant personnel in the field of sports and to update and provide all the facilities needed for them.

Orientation programme for the students of Diploma in Sports 2014/2015

	Services	Target group
01	To conduct courses in sports science and other sports programmes	Sports personnel, Sports Officers, Coaches, Physical Training Instructors
02	To maintain a sports information centre	All groups of the sports sector
03	To promote infrastructure facilities required for sports	All groups of the sports sector
04	To conduct physical fitness programmes for the general public.	People who are interested in participating in physical fitness programmes.
05	To conduct examinations for promotions of officers in the sports sector.	Sports Officers and /coaches.
06	To identify Sports Coaches and register them.	All sports Coaches.

1. To conduct courses in Sports Science and other sports programmes

National Institutes of Sports Science conducts sports education courses and programmes for Sports Officers, Coaches, sports personnel, Physical Training Instructors, Officers of the defense services and voluntary Sports Officers.

The courses and programmes conducted during the year 2014 are given below.

	Course/Programme	Target group	No of participants
01	Diploma Course in Sports Science-2013/2014 Diploma Course in Sports Science-2014/2015	Sports personnel, Sports Officers, Coaches, Physical Training Instructors	65- 2013/2014 76- 2014/2015
02	Physical Fitness Instructor Training Course	Physical Fitness Instructors, Physical Training Teachers, General Publics	86 – 1 st Batch 72- 2 nd Batch
03	Certificate Course in Skill Development & Management in Sports	Coaches, Sports Officers, District Sports Coordinators	24
04	Training Programme for the Sri Lanka Navy Officers	Physical Training Instructors of the Sri Lanka Navy	25
05	Training Programme for provincial council Sports Officers and Coaches	Sports Officers and Coaches	122
The Courses conducted under the Sports Reengineering Project.			
01	Coaches Accreditation Programme (Athletics)	Athletics Coaches	87
02	Coaches Accreditation Programme (Badminton)	Badminton Coaches	43
03	Coaches Accreditation Programme (Judo)	Judo Coaches	64
04	Coaches Accreditation Programme (Netball)	Netball Coaches	69

05	Training Programme for the PTI	Sport Educational Teachers	Around one hundred teachers from each province
The Programmes conducted by the Physical Fitness Advisory Unit			
01	Conducting Physical Fitness Programme for the general public (practical) daily	General Public	117
02	Physical Fitness Programme for officers of the Ministry of Sports and public sector personnel	Officers under Ministry of Sports, Officers of the public sector	108
03	Physical Fitness Programme for the students of Diploma in Sports, NISS	Students of Diploma in Sports	76
04	Programme for the athletes of National Pool	Athletes of National Pool	25
05	Training Programme for the newly appointed officers of the Sri Lanka Administrative Service	Newly appointed officers for the Sri Lanka Administrative Service	60

1.1 Diploma in Sports Course



Orientation Programme for the Students of Diploma in Sports 2014/2015

The major academic programme of the National Institute of Sports Science is the Diploma in Sports course, which is being conducted annually. Sports personnel, Sports Officers, Coaches and Physical Training Instructors are enrolled for this Diploma course.

Objectives of the programme.

- To provide knowledge and training for the sports sector personnel i.e. Sports Officers, Coaches and Physical Training Instructors.
- To make a foundation for the talented sports personnel who have expectations to obtain job opportunities in the field of sports.
- To create Coaches for expanding sports in every part of Sri Lanka.

Seventy six (76) students are already enrolled in their academic activities for the academic year 2014/201

1.2 Physical Fitness Advisory Training Course

Physical Fitness Advisory Training Course has been introduced as a initiative step towards making healthy nation. This course has designed for those who seek knowledge for healthy life. Physical Fitness Instructors, Physical Education Teachers, Physical Training Instructors of universities and other interesting parties participated in this course. The first batch consisting of 86 students have successfully completed the course by now and the second batch is in progress.

1.3 Certificate Course in Skill Development and Management in Sports

This course has commenced with the intention of improving management skills and skills development in sports personnel. Altogether 24 officers including Sports Officers, District Sports Coordinating Officers and Coaches participated in this 10 days (72hrs) course.



Certificate Awarding Ceremony for the officers who have successfully completed the course

1.4 Training Programme for the Physical Training Instructors of the Sri Lanka Navy.

This programme was conducted for 25 Physical Training Instructors of the Sri Lanka Navy with the objective of updating their knowledge and improving the capacity of sports.



**Training Programme for the Physical Training Instructors of the Sri Lanka Navy
Concluding Ceremony**

1.5 Training Programme for provincial council Sports Officers and Coaches

This programme was designed in order to update the knowledge of Sports field Officers and Coaches in which all parts of the island were covered.



Training Programme for provincial council Sports Officers and Coaches

Sports Re-engineering Project

The Sports Reengineering Project is conducted by the NISS to make every citizen of Sri Lanka to become a sports person with the objectives of creating a sports culture and a Sports economy.

Specific Objectives of the project.

- To improve the physical fitness of the professionals in the state and the private sector.
- To develop participation of the school children in sports and physical exercise.
- To implement programmes in order to ascertain the trainings conducted by the Coaches are in accordance with the scientific methodology.
- To facilitate to conduct researches in the Sports Science.
- To prepare programmes for the upliftment of the professionals in the sports sector.

Coaches Advanced Courses have been implemented under the Sports Reengineering Project and the programmes for athletics (second batch), Badminton and Judo have already been conducted by now.

✓ Coaches Accreditation Programme

A new programme named 'Coaches Accreditation Programme' has been introduced by the Institute to develop the abilities, talents and skills of the Coaches in sports sector. Identification of Coaches in every field in Sri Lanka, registration and conducting courses for the Coaches with the minimum knowledge have been carried out under this programme. This programme has been implemented under the Sports Re-engineering Programme.

Objectives and goals of the programme.

- To identify and classify the qualified Coaches.
- To develop knowledge and skills of the Coaches.
- To promote the abilities of the Coaches so as to identify the talents and skills of the sports personnel.

- To provide necessary knowledge for the Coaches to train the sports personnel with minimizing the faults and damages.

Coaches Accreditation Programme conducted in the year 2014.

- | | |
|---|--------------|
| 1. Coaches Accreditation Programme (Athletics) second batch | – 87 Coaches |
| 2. Coaches Accreditation Programme (Badminton) | – 43 Coaches |
| 3. Coaches Accreditation Programme (Judo) | – 64 Coaches |
| 4. Coaches Accreditation Programme (Netball) | – 69 Coaches |



Practical Session - Coaches Accreditation Programme (Badminton)



Coaches Accreditation Programme (Judo) - Inauguration Ceremony



Coaches Accreditation Programme (Judo) – Practical Session

5. Training Programme for Sport education Teachers

The joint Programme conducted by the NISS with the Ministry Of Sports for the Sports educational Teachers in November 2014 to December 2014 was covered almost all the programme in the Island Around 100 Teachers from each Province were participated in this programme which was conducted as two days sports coaching camp to each province under the Sports re-engineering project.



Inauguration programme



Physical Fitness Programme

Training our Coaches to acquire modern knowledge and new techniques from foreign Coaches and training our sports personnel have been carried out by the Sports Re-engineering Project.

The foreign Coaches providing their services to Sri Lanka under this programme in 2014 are as follows:

- Cuban Athletic Coach – Luis Miranda Ramirez
- Malaysian Badminton Coach – Shanker Annamalei
- American Basketball Coach – Nelson Gillam
- Serbian Football Coach – Nikola Kavasovik
- Pakistan Hokey Coach – Nadeem Ahamed



Five day Training Camp conducted by the American Basketball Coach Nelson Gillam

2 To maintain a Sports Information Centre.

The sports library acts as the major supporting centre for supplying information in the field of sports in Sri Lanka. It has introduced several new facilities such as the service of e-book, CD, lending newspapers, information services for resource persons, CD copy writing, e library friends service, e newspaper etc.

It is expected to uplift the sports library as an e-library in future. The initiative steps towards introducing digital technology are already taken with the documents of historical value in sports. The activities to supply books for readers' service are expedited. Lending books are now become more user friendly. It has taken steps to get the technology of barcode system to the library with the intention of allocating a barcode for each book.

3 To provide infrastructure facilities required for sports.

National Institute of Sports Science provides its lecture halls, examination halls, indoor stadium and its auditorium for seminars, workshops and examinations conducted by sports federations and other organizations. By the end of 2014 it received Rs.0.57 million.

4 To conduct physical fitness programmes for the general public.

The following theoretical lectures and training activities were conducted in this year by the Physical Fitness Advisory Unit which was established by the Hon. Minister of Sports last year.

- a. Conducting physical training programme for the general public.
 - b. Conducting physical training programmes for officers under Ministry of Sports and officers of the public sector.
 - c. Physical Fitness Programme for the students of Diploma in Sports, NISS
 - d. Programmes for the athletes of National Pool
 - e. The Physical Fitness Programme conducted for the officers of the Sri Lanka Administrative Service class I and III on behalf of the Sri Lanka Institute of Development Administration (SLIDA)
 - f. Conducting tailor made physical fitness programme as requested by District Secretaries

4.1 Conducting physical training programme for the general public.

Conducting physical fitness programme for the general public from 7.15 am to 8.45 am and 4.15 pm to 5.30 pm daily by the Physical Fitness Advisory Unit since June, 2014. 80 members who attend daily for the training sessions out of the 117 members who were registered with this unit have improved their fitness level. They have been provided with scientific medical check-ups daily and the task has been highly appreciated.

Registration fee Rs. 1000/= and monthly membership fee Rs.1000/= were charged from each member who join the programme which was approved by the Secretary to the Ministry of Sports and more than Rs.450000/= was credited to the government Consolidated Fund by now.

4.2 Physical Fitness Programme for officers of the Ministry of Sports and public sector personnel

Around 130 officers of the Ministry of Sports and around 30 officers of the public sector participated in the programme conducted by this unit.

4.3 The Physical Fitness Programme for the students of the Diploma in Sports, NISS

68 students of the Diploma in Sports academic year 2013/2014 participated in this Programme and improved their physical fitness level to a higher standard and 76 Diploma students from the academic year 2014/2015 have already joined the programme and participated in the theoretical and practical session every day morning and improved their physical fitness level to a satisfactory level.

4.4 Programme for the athletes of National Pool

Sportsmen in the national pool of football and junior pool, Sportsmen of Badminton (Junior) Rugby, Wushu and Athletics have visited this unit in order to get physical fitness check - ups and could get instructions for Nutrition, Psychology and the physical fitness.

4.5 The Physical Fitness Programme conducted for the officers of the Sri Lanka Administrative Service class I and III on behalf of the Sri Lanka Institute of Development Administration (SLIDA)

About 60 newly recruited SLAS officers were oriented to our physical fitness training programme by SLIDA while 109 Class I and Class II SLAS officers were introduced to our institute in our physical fitness programme aiming at creation of sports culture. These officers who attended the above programme are getting our services personally.

4.6 Conducting tailor made physical fitness programme as requested by District Secretaries

Several outdoor programme were conducted by this unit in the current year for around 1300 public sector officers participated in this programme which included Nutrition, physiological counseling, theoretical and practical training programmes. Furthermore 750 general public also participated in these programmes during the exhibition occasions and were benefited by these services.

4.7 Proposed programme on request

District secretaries of Rathnapura and Matara have requested to conduct physical fitness programmes together with Nutrition, Psychological counseling from this unit. They will be provided with the relevant programmes on confirmation of the dates. Divisional Secretaries from several District Secretariats have already applied to conduct the programmes in their divisions.

5. Conducting necessary tests to grant promotions to Sports Officers.

NISS is responsible to conduct the Efficiency Bar examinations for Sports Officers and sports Coaches. Accordingly, those examinations are conducted annually, and arrangements are made to grant promotions to qualified officers.

Efficiency Bar examination conducted in 2014

Efficiency Bar examination for the Sports Officers – 40 Sports Officers

Efficiency Bar examination for the Coaches – 25 Coaches

6. Identification & Registration of Coaches

National Institute of Sports Science has launched a programme to identify and register all the Coaches of each game prevailing in Sri Lanka. Expert Coaches as well as those who have fulfilled the required qualification under Coaches Accreditation Programme conducted by the NISS are eligible to be registered under this programme. The process was a great success with the registration process of Athletics, Football, Volleyball, Swimming, Badminton, Judo and Netball Coaches.

Re-engineering of the National Institute of Sports Science.

A Cabinet Memorandum has been presented on 30/04/2013 to restructure NISS on behalf of the development and upliftment of sports. Cabinet approval has been granted on 07/06/2013 for a constitutional amendment in regard to re-engineering the National Institute of Sports Science as the Sri Lanka Institute of Sports Science. Accordingly, Legal Draftsman Department has received the approval on 19/06/2013 to prepare a new Act.

Approval of the Cabinet of Ministers has been granted to instruct the Legal Draftsman to prepare a new bill for the establishment of Sri Lanka Institute of Sports Science.

The final draft received from the Legal Draftsman was forwarded to the Attorney General on 16.01.2014 to examine the Constitution. The Attorney General's observations were received on 30.04.2014 and the proceedings are being carried out accordingly.

Discussions were initiated to affiliate with the University of Kelaniya to uplift and standardize the Diploma in Sports Course.

National Institute of Sports Science – Progress in the year 2014**1. Physical Resource**

- Modification of the NISS building and the development of sanitary facilities.
- Purchase of 04 new computers to the computer unit.
- Purchase of scanner machine for the office.

2. Financial Progress

The income credited to the government consolidated fund by the National Institute of Sports Science in 2014.

Subject	Year 2013 Rs. (Million)	Year 2014 Rs. Million
Course fees	2.045	3.534
Coaches Registration Programme	-	0.715
Lecture hall fees	0.314	0.571
Physical Fitness Advisory Programme – Membership Fee	-	0.450
Residential fees	0.171	0.401
Total	2.530	5.671

3. Development of the Human Resources

National Institute of Sports Science has provided opportunities for its staff members to follow training programmes. It is important for motivation and work efficiency of the staff members.

The opportunities provided during the year 2014 are given below:

#	Course/Programme	Number of Participant	Period of Time
01	Capacity Building Training Course for Office Assistant Service	01	3 Days
02	Training Programme on Customer Service and Public Relationship	04	2 Days
03	Training Programmes on Rules and Regulations relative to the officers of the Public service	01	1 Day
04	Training Programme on Rules and Regulations of the Establishment Codes	01	3 Days
05	Diploma in Computer Networking & Hardware	01	550 hrs

Proposed Plan for the Year 2015

1. Physical Resource Development

It is expected to complete following activities during the year 2015

- To Purchase instruments for the strength hall
- To expand the indoor stadium of the NISS and to develop its facilities.
- To expand hostel facilities of the NISS
- To purchase a bus for providing transport facilities for educational activities of the Diploma students and other activities of the institute
- To purchase computers for the activities of the institute

2. Expansion of the education program

A national sports academy will be set up by investing Rs. 500 million from the funds allocated by the government budget 2015. Initially, fifty students will be enrolled for grade 6 classes of this academy based on sports performance. They are provided with education as Per the subject curriculum of the Ministry of Education and facilities will be provided to train on six selected sports. Residential facilities will also be provided from the government funds. A committee has already been appointed for this purpose. Prof. Arjuna de Silva, Chairman of the Sri Lanka Anti Doping Agency and Mr. Sajith Jayalal, Director, National Institute of Sports Science are members of this committee.

3. Courses and Programmes

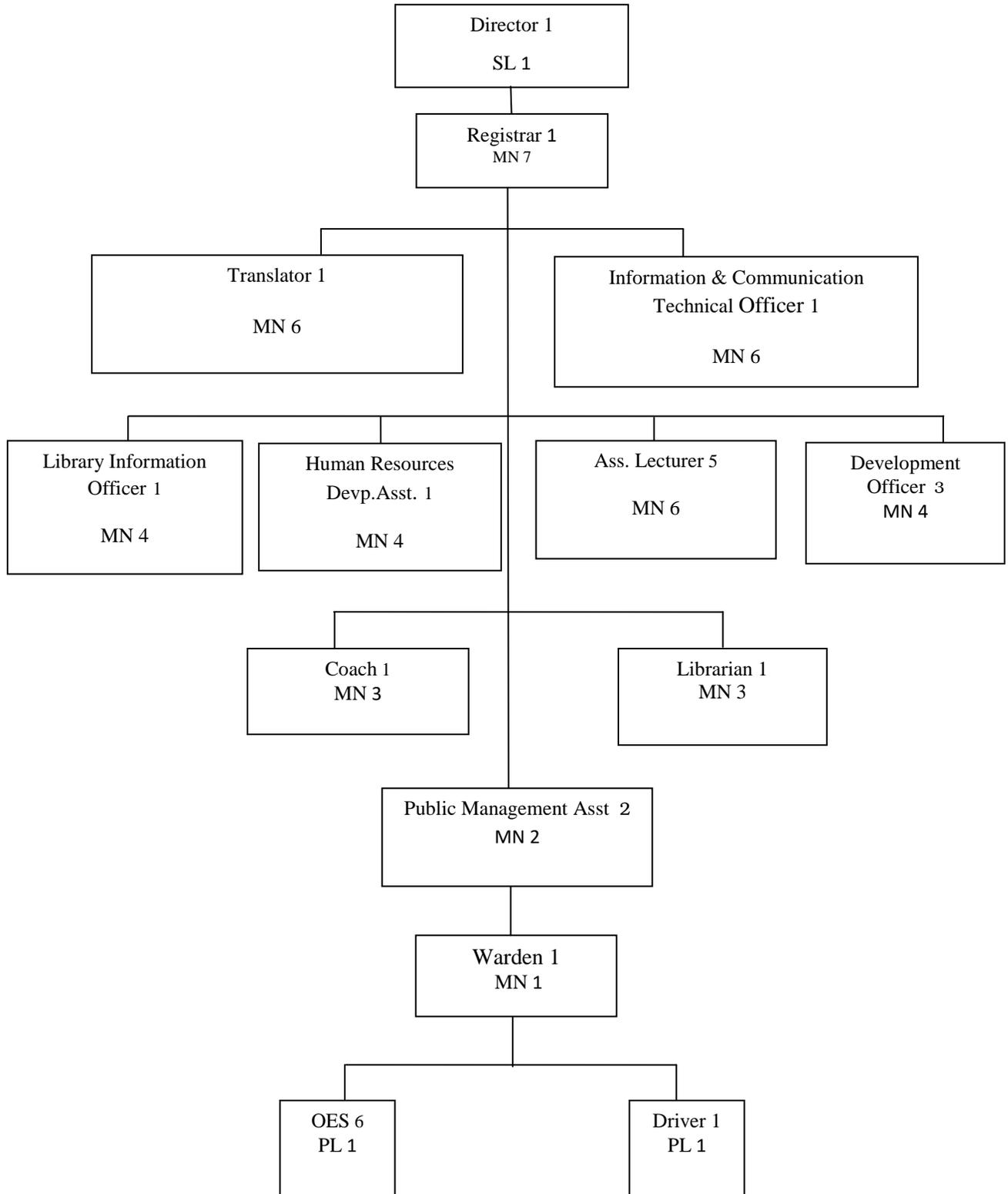
The programmes planned to conduct during the year 2015 are given below.

#	Course/Programme	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
1	Diploma Course in Sports	2014\$2015										2015\$2016	
2	Sports Management Course												
3	Coaches Accreditation Programme												
3.1	Karate												
3.2	Rugby												
3.3	Hockey												

3.4	Basketball												
3.5	Weightlifting												
3.6	Boxing												
4	Physical Fitness Instructor Training Course												
5	Physical Fitness & Wellness Management Course												
6	Coaches Advanced Course - Basketball												
7	Level Courses for Coaches												
7.1	Jumping												
7.2	Short Distance												
7.3	Wushue												
7.4	Foot ball												
7.5	Boxing												
7.6	Bádminton												
7.7	Weightlifting												
7.8	Basketball												
8	Sports Management Seminar for Provincial Sports Directors												
9	Seminar for Provincial Officers and Coaches												
10	Personality Development Course for Sports Officers												

National Institute of Sports Science

Organizational Structure



INSTITUTE OF SPORTS MEDICINE

This is the only Institute in Sri Lanka which is established to facilitate the physical and mental health of all Sri Lankan sports personnel and to prevent them from various kinds of diseases.

This was established in 1991 as a Sports Medicine Unit and it was renamed as Institute of Sports Medicine on 2006. Our Institute has dedicated to provide services to all Sri Lankan athletes starting from school level to reach national and international targets.

VISION

To be the hub of Sports Medicine in Sri Lanka to promote physical and mental wellbeing of athletes.

MISSION

Provision of medical facilities required for the upliftment of the sports talent of the Sri Lankan Sportsmen and women with view of bringing to an International Level through sports.

objectives

1. To improve the health and physical fitness of all sports persons to bring them to a level where they can become a strong sporting nation in Asia.
2. To help in the talent Identification process, especially using modern technology.

3. To make every effort to safeguard natural talents nurtured in to their full potential without being abused at the school level.
4. Conduct pre participation medical examinations on each and every athlete who has a potential career and early identification of problems and get remedial measures.
5. Maintain a database of all national level athletes.
6. Continuous monitoring of physical qualities of athlete by doing a physical test battery and take or guide to take appropriate measures.
7. Continuous monitoring of nutritional status of athletes and help them to maintain adequate nutrition.
8. Make awareness of importance of healthy mind in winning sports.
9. Continuous education throughout the country for all athletes, coaches parents and sports administrators in preventing injuries, importance of maintain sound nutritional and psychological status.
10. While being the hub for sports medicine with all the modern technology and expertise, takes steps to establish sports medicine departments in each every provincial and district hospital to better serve the sports person.
11. Conduct educational programs to coaches, sports trainers and medical assistants about best practices of sports first aid.
12. Provide sports first aid facilities to all National and International sporting events in keeping with international standards.
13. Encourage and facilitating everyone to take up sporting activities in every folk of life to make sports culture in Sri Lanka and their by fighting against growing non communicable diseases.
14. Doing research in the field of sports to make sure every sector in sports maintains best practices

Services

To fulfill our objectives, we have given the services through the followings on 2014.

1. Clinical Services

- Emergency Treatments
- Medicine
- Physical Therapy – Physiotherapy, Sports Massage therapy, Acupuncture
- Strength and Conditioning
- Sports Psychology
- Provision of Medical Facilities – National and International Tournaments
- Medical Clinics – for different specialties

2. Sport Science

- Nutrition
- Movement Science
- Physiology
- Sports Fitness
- Cardio Respiratory Fitness Tests
- Medical Evaluations
- Researches

3. Educational Services

- Athletes/Coaches
- Parents/Public
- Certificate Course in Masseur and Physical Therapy Assistant
- Training programs and workshops for the officials and staff members in the ISM

Registration of Athletes

All athletes who are coming to get the treatments should be registered in our Institute. Athletes, who are in the national pools, should have their “Sports Diary” and it is compulsory to bring it to the Institute when they are coming for the treatments. Athletes, who are not in the national pools, should provide their registration number to take his/her medical history from the record room.

Accordingly, registrations were done as follows on this year (From January- December 2014).

Month	Newly Registered	Earlier Registered		Total
		National Pool	Non-National Pool	
January	118	108	281	507
February	113	70	330	513
March	132	136	287	555
April	36	179	133	348
May	144	300	159	603
June	198	188	300	686
July	235	258	357	850
August	252	163	139	554

September	170	209	291	670
October	194	114	334	642
November	166	100	276	542
December	148	84	284	516
Total	1906	1909	3171	6986

Resource : ISM Daily Records

Medical Treatments and Emergency Care Unit

Medical facilities and Medical Consultation will be provided for national level and school level athletes, coaches and for the staff personnel in Ministry of Sports. Other than this we are providing the first aid and medical coverage for national and other sports festivals in all around Sri Lanka

Following are the statistics of Emergency Treatments and Medical Services given by the Institute of Sports Medicine on this year (From January- December 2014).

Specially Clinic	No. of Patients
Orthopedic	21
Cardiology	02
Psychology	05

Category of the Treatment	No. of Patients
Nebulization	17
Injections	74
Aspirations	02
Dressings	409
Emergency Treatments	357
Transfers	18
ECG	178
Medications	439
Suturing	21
Blood Testing	104
Medical Examinations	340

❖ **Statistics of the First- Aid Services provided for the 40th National Festival**

Cross Country Race	45
Cycling	05
Marathon	43
Swimming	12
Boxing	16
Taekwondo	46
Badminton	18
Wrestling	26
Volley Ball	59
During the Festival at Anuradhapura	96

❖ **Statistics of the First-Aid Services provided in Outdoor Medical Coverage**

Cricket	05
Badminton	23
Cycling	08
Rupavahini New Year Festiva	113
Medical Examinations	140
Injections (Vitamins)	40
10 th Asian Youth Volley Ball Championship	26
Relay Carnival 2014	18
LSR Marathon	64
Sir John Tarbett Senior Athletic Championship	54
National Open Taekwondo Championship	14

❖ **We received following medical equipment during this year.**

Portable Therapeutic Beds	02
First-Aid Bags	05
Ice Bags	05
BP Apparatus	05

Sports Physiotherapy and Rehabilitation

Institute of Sports Medicine, Physiotherapy Unit will give the treatments for national pool athletes, junior national pool athletes and school athletes.

The services given by the Physiotherapy Unit are as follows.

1. Investigate the disabilities and injuries of the athletes.
2. Giving treatments according to the injury
3. Introduction of essential exercises, which will be help to cure the injuries
4. Introducing exercises to keep the physical fitness according to the sports events.
5. Creation and introduction of long period exercise schedules for different athletes.
6. Emphasize the athletes to visit the rehabilitation unit again and again to check whether they have improved or not and to check their fitness and ability play again as previously.

Most of the sports personnel visited Rehabilitation Unit are playing athletics.

	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Total no. of Sessions (Male)	31	100	84	58	112	101	136	148	220	142	132	145	1409
Total no. of Sessions (Female)	08	40	52	75	64	50	57	49	111	63	40	40	649
Total no. of Sessions	39	140	136	133	176	151	294	197	331	330	255	185	2367
Total no. of Players	35	90	90	83	129	100	193	117	230	205	169	126	1567
Average no. of Sessions per day	08	09	08	07	09	09	15	09	15	16	13	08	126

Sport	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Athletic	11	17	38	35	35	21	33	10	49	41	42	20	352
Base Ball			01				11	04	3	07		02	28
Badminton	02	02	02	05	10	05	15	05	12	09	05	05	77
Basket Ball		01		02	03	02	05	01	06	09	03	02	34
Boxing	01	05	02	02	02	03	02	04	04		01	03	29
Beach Volley Ball								02					02
Cricket	02	03	03	01	11	15	20	14	20	21	17	19	146
Cycling								01					01
Foot Ball	01	03	01		04	08	13	08	21	24	25	04	112
Fencing		02	01	02	03	04	03	09	07		01	01	33
Gymnastic			02	03	02	05	04	01	04	02	01	02	26
Hockey					03			08	05	03	11	03	33
Javelin Throw						03	05	01	01	02	01	01	14
Judo	02	02		02	01		01	02	03				13
Karate	02	06	06	01	05		02	02	02	01	01	04	32
Martial Arts								01		01			02
Marathon						01		01	01	01		01	05
Net Ball	02	08	04	08	05	02	06	01	06	06	05	02	55
Race Walking	01	02				02	05	03		01			14
Rowing		02	01		05		01	01	02	02	01	02	17
Rugby	06	20	11	12	28	03	29	21	48	31	16	29	245
Shot Put						01	01	02					04
Shooting								01	01				02
Taekwondo			03			01	03	01	05	01	02	03	19
Table Tennis				01	02	03		01	03	03	02		15
Volley Ball			01	01	03	03	06	02	03	10	14	07	50
Weight Lifting				01			01	02	02	01		01	08
Wrestling					03	07	09	03	02		01	02	27
Wushu		07	04	02		02	06	03	03	03	05	01	36
Archery	01			01			01		02				05
Disc Throwing						01							01
Swimming		03	01		01	05	03			06	03	03	25
Tennis					01	02	02		04	01	01	01	12
Triple Jump						01							01
Throw Ball						01							01
Road Race							02						02
Water Rafting							01						01
Body Building		01	01		01					01			04

Kabaddi			01			02				01		02	06
Squash			01	02					02				05
Life Saving	01												01
Sepaktakraw				01	01				01	01			04
Elle		01											01
Soccer		01							01	01	01		04
Hand Ball									03	05	01	02	11
Pole Vaulting									01	01		01	03
													1527

Sports Nutrition and Consultation Unit

Our Institute is providing different kinds of services to maintain an optimum national status of all the athletes.

Accordingly, this unit will measure the nutritional status of all national level athletes. Under that we are giving a record to all athletes according to the sports event that they are playing. This record includes the necessary nutrients and meals the athlete should have to gain the optimum nutritional status. Other than this we emphasize them to visit the ISM and to collect the common diet plan, which is made by considering their training and daily food intake.

On this year from the month of January up to date, we have done several nutritional assessments like this and issued the diet plans. Other than this, we have done nutritional assessments for the athletes those who are not in the national pools on their requirement.

This unit will issue the separate diet plans for the athletes, when they are on foreign tournaments.

We will conduct workshops and seminars regarding sports nutrition for the national pools. Some of these workshops and seminars are sponsored by different companies. Other than this, we are conducting these kinds of workshops in schools also, to gain an optimum nutritional status in school athletes.

- Nutritional Assessments
 - On April 2014 – National Fencing Team and 5 super pool athletes
 - On July 2014 – Shooting Team and Fencing Team
 - On 13/08/2014 – Basket Ball
 - On 14/08/2014 – Foot Ball (Women)
 - On 26/08/2014 – Life Saving
 - On October 2014 – Junior (Under 19) Foot Ball Team

- Issuing diet plans (Individual and Common Diet Plans)
- Lectures, Workshops and Seminars
 - 3rd January 2014 – For the Blind Cricket Team
 - January 2014 – For the undergraduates in University of Wayamba
 - 13th February 2014 – For the Taekwondo coaches
 - 12th March 2014 – For the National Fencing Team
 - 24th March 2014 – For the staff personnel in Badulla Hospital
 - 12th May – Individual nutritional consultation for the staff personnel in the Department of Irrigation
 - 9th July – for the National Shooting Team
 - 14th August 2014 – For State Service Net Ball Team at Railway Grounds
 - 28th August 2014 – For State Service Net Ball Judges at Youth Centre, Maharagama
 - 5th September 2014 - National Life Saving pool

Ten weeks training program was started for 2 undergraduates, who followed Nutrition Degree at University of Wayamba.

Sports Fitness Assessments

- Number of Cardio Respiratory Fitness Tests (VO₂ Max Tests) done

Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
07	05	27	08	03	01	01	01	-	-	03	-	56

- Physical Fitness Test

Month	Sport /Pool	No. of Players
January	Net Ball Tennis	14 04
February	Hockey (Male)	25
March	Cycling	09
April	Fencing Net Ball	18 45

	Judo	14
	Rugby School Team	27
May	Cricket – Development Team	09
	Volley Ball (Female)	17
June	Cricket- Development Team	05
	Hockey (Female)	22
July	Cricket Development Team	07
	National Golf Team	04
	Cricket Development Team	11
	National Shooting Team	10
	School Children, Age Group 16	52
	School Children, Age Group 19	36
August	Life Saving	13
	Foot Ball (Under 19)	27
	Foot Ball (Under 15)	30
	Junior Volley Ball(Male)	14
September	-	-
November	Junior Hockey Team	19
December	-	-
TOTAL		432

Supply of Nutritional Supplements and Vitamins

Institute of Sport Medicine will issue various kinds of vitamins, drugs and nutrients to the athletes.

Following table shows the details and number of some drugs issued only for athletes.

Month	Calcivita (Cap)	Vitamin E (Cap)	Forceval	Guardian	Creatine (g)	Gatorade
January	3232	2504	150		400	03
February	3705	3675		4135	4000	11
March	4500	5300		7249	3225	
April	3225	2595		680	650	
May	6660	4892		6645	10500	02
June	3960	2815		3600		
July	5079	4297		5456	7520	81
August	5580	4599		5835	2420	19

September	4554	3746		4698	3412.5	15
October	4270	3679		4580	2900	16
November	2400	1835		2722		08
December	1660	1125		1940	1575	

Sports Massage Therapy

This unit gives the service to all the athletes, those who are in national level, district level, sports associations, clubs and schools. Accordingly, our staff members will give the massaging treatments for all kinds of sports personnel after prescribed by the doctor.

Sport	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Athletic	71	70	99	109	114	174	165	136	74	70	46	48	1176
Rugby	6	7	4	10	15	4	27	39	36	04	17	23	192
Cricket	5	4	7	8	8	10	7	15	17	07	12	21	121
Badminton	3	3	11	9	15	21	13	25	21	21	09	18	169
Foot Ball	3	3		5	4		1	01	17	06	17	08	65
Karate	2	2	2		6	1	5	09	16		07	09	59
Archery	32	3	5				1	11	07	01	03	03	66
Swimming	1	2	9		8	2		02	13	03	05	08	53
Taekwondo	2	1	1			1							5
Net Ball	1	2	6	6	16	8	15	03	07	01	07	12	84
Body Building	1	1	1		1	1							5
Soccer	1												1
Table Tennis	1					2			03				6
Motor Racing			1										1
Fencing			8		3	3	9	02	07		05	03	40
Volley Ball			2	11	5	1	1	07	12	06	11	06	62
Tennis			5		1	6	8	06	06	01	07	06	46
Hockey			1	1					17		08	11	38
Boxing			1	1									2
Weight Lifting			2			2			07	01			12
Gymnastic			2	5		2	1	02	15		03	07	37
Basket Ball				3	4		1	04	09		02	06	29
Water Polo				6			1	02	07		06	08	30
Rowing					2			01	04		01	12	20

Wrestling					2		3	01	04		04	02	16
Shooting						1				01			2
Sepaktakraw						1	2	02					5
Judo							1	03	05		02	02	13
Base Ball							11	01	05		01	02	20
Wushu									11	01			12
Squash										01			1
Hand Ball											05	06	11
	129	98	167	174	204	240	272	272	320	124	178	221	2399

Sports Events Coverage

Some of the Medical Coverage provided by ISM for National Events/ Tournaments from January – December 2014

- ✚ 40th National Festival
- ✚ Davis Cup by Paribas Asia/Oceania Zone Group II Event – Tennis Association
- ✚ 26th Youth Festival
- ✚ “DayataKirula” Exhibition 2014
- ✚ Tour De Sri Lanka Cycling Tournament 2014 – National Youth Services Council
- ✚ Kreedashakthi Program
- ✚ NCD Prevention Program at General Hospital, Badulla
- ✚ National Junior Athletic Championship
- ✚ Singha Road Race 2014 – Lions Club of Wadduwa
- ✚ England Tour of Sri Lanka (Cricket Under 17 Team)
- ✚ Under 19 (Men) School Foot Ball Tournament 2014
- ✚ Net Ball Tournament – Ceylon Electricity Board
- ✚ 48th Asian Body Building Tournament 2014
- ✚ Carlton Super 7 Sri Lanka 2014
- ✚ Sri Lanka International badminton Challenge 2014
- ✚ South Africa Tour of Sri Lanka (Cricket)
- ✚ 99th Colombo Championship 2014 – Sri Lanka Tennis Association
- ✚ Relay Carnival 2014
- ✚ 10th Asian Youth Volley Ball Championship 2014
- ✚ 62nd National Badminton Championship, Nawalapitiya
- ✚ Sir John Tarbett Senior Athletic Championship 2014
- ✚ Inter School Karate Do Championship 2014

- ✚ LSR Marathon 2014
- ✚ ITF Junior Circuit Week 1&2 (Tennis Tournament)
- ✚ 14th National Wushu Championship
- ✚ 9th ShitoryuShukokai Karate Do Championship
- ✚ National Open Taekwondo Championship 2014

Medical Coverage provided by ISM for National Events/ Tournaments from January – December 2014

	Tournament & the Country	Month	Officers Attended
1	3 rd Lusifonia Games – Goa, India	January	Dr. Sulochana Kariyawasam Mr. Charith Rukmal Withanage Mr. Ruwan Wanigasena
2	Tri-Nations Series – Net Ball Tournament – Hong Kong	February	Dr. Daminda Attanayake
3	17 th Asian Junior Women’s Volley Ball Championship – Chinese/Taipei	June	Dr. Dhammika Senanayake
4	South Asian Cadet Junior & Senior Karate Championship – Delhi, India	June	Dr. K.A.P. Kiriella
5	20 th Common Wealth Games 2014, Glasgow, Scotland	July	Dr. Lal Ekanayake Mr. Charith Rukmal Withanage Mr. Manjula Pradeep
6	Women’s Asian Seven Series Tournaments, Hong Kong	August	Ms. Niroshini Nadeeshika
7	Asian Games, Incheon, South Korea	September	Dr. Dammika Senanayake Mr. Charith Rukmal Withanage Mr. Nimal Jayaerathne
8	Women’s Asian Seven Series Rugby Tournament, Shang Hai, China	October	Ms. Thilini Jayawardhene
9	Asian Beach Games 2014, Phuket, Thailand	November	Mr. Charith Ruckmal Withanage Mr. Kapila Ruwan
10	South Asian Foot Ball(women) Tournament, Pakistan	November	Ms. Iresha Nanayakkara

Other than this ISM provided Medical Coverage for training sessions and selection tests of National Pool athletes.



3rd Lusofonia Games – Goa, India



3rd Lusofonia Games – Goa, India



Women's Asian Seven Series Tournaments, Hong Kong



3rd Lusofonia Games – Goa, India



Asian Games, Incheon, South Korea



Asian Games, Incheon, South Korea



South Asian Football (women) Tournament, Pakistan



Researches and Publications

- Ceylon College of Physicians Annual Session submitted a research preliminary finding in Cardio Vascular Adaptation in long distance runners.
- Conducting a Research regarding Cardiovascular Adaptation in long distance runners
- Currently writing a Research Proposal for Foot Ball and Rugby players
- Assessing standard physical fitness of Sri Lankan sport personnel through creating a scientific data base on physiological, physical and nutritional characteristics.
- “Macronutrients adequacy of elite Sri Lankan swimmers” – Research paper presented in the International Conference on Multidisciplinary Approaches in the University of Sri Jayewardenepura on 13th and 14th August 2014.
- Research on “Assessment of body composition, nutritional profile, knowledge, attitude and practice of National Level Athletes in Sri Lanka” (With the University of Wayamba – Started on Oct. 2013 and Completed on 2014)
- Effects of exercise induced hypo hydration on skill related fitness performance among elite Badminton athletes’ exercises in hot and humid conditions. (Pending for the Ethical Clearance)
- Studied the problems (before and after the race) of the athletes, who were participated for the Marathon Race in 40th National Festival.
- Studied the problems (before and after the race) of the athletes, who were participated for the Sri Lanka Army Inter Regiment Marathon Race 2014.
- The relationship of finger-hand-wrist dimension and Anthropometry on wrist joint active range of motion among spin and fast bowlers
- Anthropometric and physiological characteristics of Sri Lankan national level cricketers recognizing role specific physical and fitness profile
- Collected data from the jumpers (Triple Jump, Long Jump, High Jump) those who were participated for the 40th National Festival in Anuradhapura for the Research on “What are the reasons for jumpers coming from Coastal areas?”
- Comparison of Anthropometric physiological characteristics of Sri Lankan junior and senior female Foot Ball players
- Physical and fitness profile of combat sports athletes : Karate and Taekwondo
- Acute injuries among national Taekwondo athletes

This Year we purchased 2 Ambulances and following equipment, which were helped to increase the efficiency and effectiveness of the Institute.

- 01 Ultrasound Machine – For the Physiotherapy Unit
- 05 Desktop Computers
- 01 Lap Top
- 03 Portable Hard Discs
- 05 Computer Chairs
- 05 Executive Chairs
- 05 Wooden Racks
- 06 A/C Machines
- 01 Fax Machine
- 01 Monochrome Laser Multifunction Unit
- 01 Hemoglobin Meter
- 01 Glucometer
- 01 Lactic Meter



Following changes of the staff personnel has been done to the Institute of Sports Medicine during this year.

Job Title	Transfers from the ISM	Recruitments / Transfers to the ISM	Resignations
Medical Officers	04	-	-
Lab Assistants	-	03	-
Attendants	-	04	-
Office Assistants	02	02	-
Sports Masseurs	-	-	01
Drivers	-	02	-

Future Plans

ISM is seeking to extend following Medical Services in year 2015.

- 1) Weight Management
- 2) Exercise Prescription for NCDs
- 3) Sports Orthopedic Surgeries
- 4) Sports Podiatric Service
- 5) Sports Biomechanics – Video Gait Analysis Lactate Threshold
- 6) Advance Diagnostic Method – Ultrasound
- 7) Sports Orthopedic Services / Surgery
- 8) Sports Physiotherapy – Ultrasound Shock Therapy
- 9) Talent Identification – Gene Testing
- 10) Health Education - Nutrition for the sports

Infrastructure

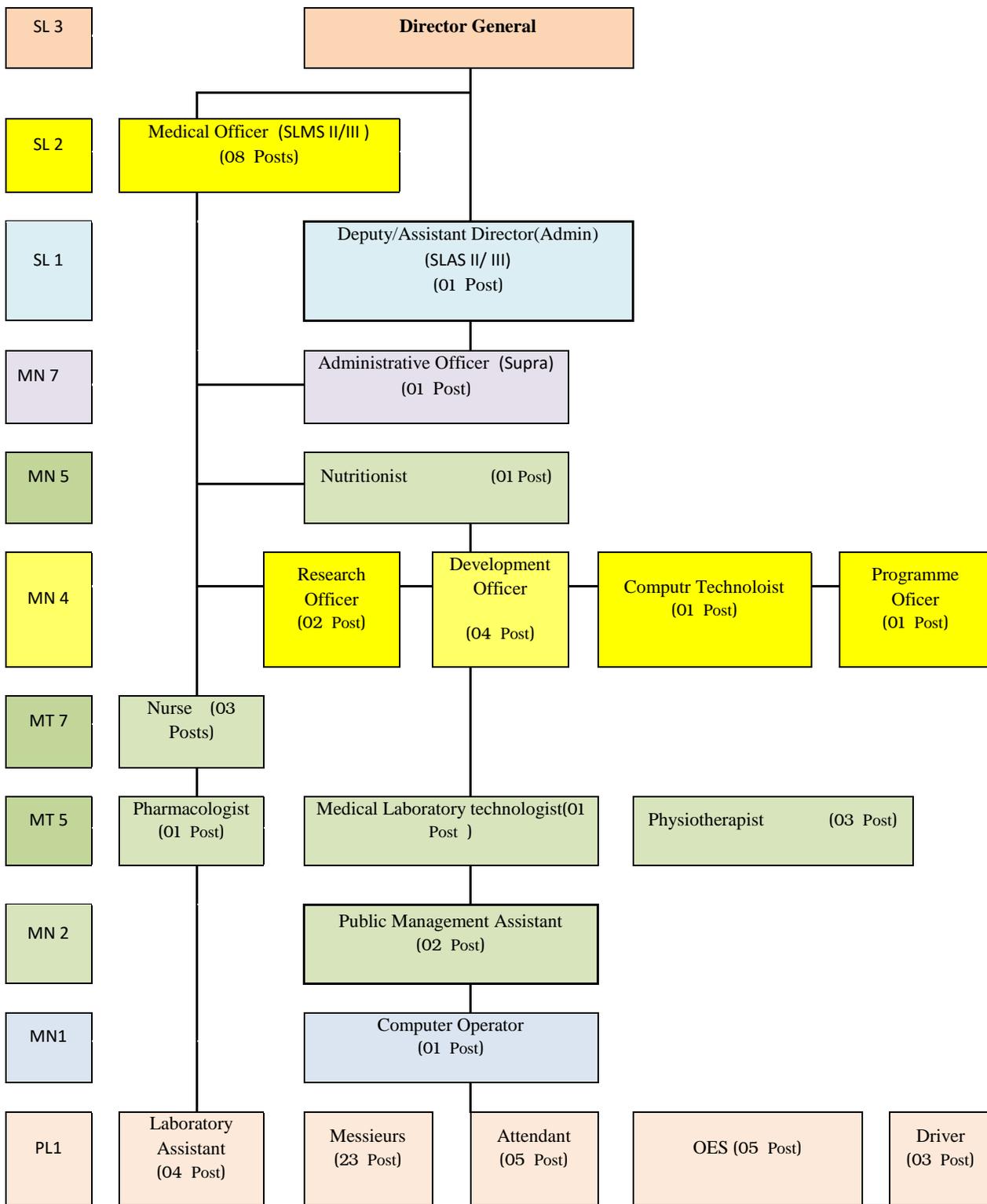
New Implements:

Pending: Plans to build a new four storied building adjacent to the present building

To improve the facilities for the research unit at the institute .We have ordered and awaits for the

- New equipment to the Physiotherapy unit
- New equipment to the Medical unit (ETU)
- New equipment to conduct physical fitness assessments

Institute of Sports Medicine



Expenditure Discription

Ministers Office's

1											
Object Code	Category / Object Title	provision	virman no	virman 66 +	virman 66 -	FR. 66	Additional allocatins	Net Provision	Actual expenditure	Balance-2014-12-31	%
	Personal Emoluments										
1001	Salaries and Wages	6,000,000		500,000	600,000	-100,000		5,900,000	5,900,000.00	0.00	0.0
1002	Overtime and Holiday Pay	1,600,000	509	250,000		250,000		1,850,000	1,850,000.00	0.00	0.0
1003	Other Allowances	3,000,000	579	300,000	120,000	180,000		3,180,000	3,180,000.00	0.00	0.0
		10,600,000		1,050,000	720,000	330,000	0	10,930,000	10,930,000.00	0.00	
	Traveling Expenses										
1101	Domestic	1,000,000				0		1,000,000	737,573.50	262,426.50	26.2
1102	Foreign	2,000,000	157	1,600,000		1,600,000		3,600,000	3,396,060.48	203,939.52	5.7
		3,000,000		1,600,000	0	1,600,000	0	4,600,000	4,133,633.98	466,366.02	
	Supplies										
1201	Stationery and Office Requisites	800,000		600,000		600,000		1,400,000	1,239,965.20	160,034.80	11.4
1202	Fuel	7,000,000				0		7,000,000	6,617,828.82	382,171.18	5.5
1203	Diets and Uniforms	0				0		0	-	0.00	
		7,800,000		600,000	0	600,000	0	8,400,000	7,857,794.02	542,205.98	
	Maintenance Expenditure										
1301	Vehicles	8,500,000	582	120,000		120,000		8,620,000	8,613,699.39	6,300.61	0.1
1302	Plant, Machinery and	200,000				0		200,000		123,070.00	61.5

	Equipment								76,930.00		
1303	Buildings and Structures	50,000				0		50,000	-	50,000.00	0.0
		8,750,000		120,000	0	120,000	0	8,870,000	8,690,629.39	179,370.61	
	Contractual Services										
1401	Transport	900,000	579	120,000		120,000		1,020,000	1,017,616.00	2,384.00	0.2
1402	Postal And Communication	1,400,000				0		1,400,000	1,399,767.00	233.00	0.0
1403	Electricity & Water	500,000	582		120,000	-120,000		380,000	180,441.65	199,558.35	52.5
1404	Rents And Local Taxes	0				0		0	-	0.00	
1405	Other	4,000,000				0		4,000,000	3,667,355.92	332,644.08	8.3
		6,800,000		120,000	120,000	0	0	6,800,000	6,265,180.57	534,819.43	
	Personal Emoluments	10,600,000		1,050,000	720,000	330,000	0	10,930,000	10,930,000.00	0.00	0.0
	Other Recurrent Expenditure	26,350,000		2,440,000	120,000	2,320,000	0	28,670,000	26,947,237.96	1,722,762.04	6.0
	RECURRENT EXPENDITURE	36,950,000		3,490,000	840,000	2,650,000	0	39,600,000	37,877,237.96	1,722,762.04	4.4
	Rehabilitation and Improvement of Capital Assets					0					
2001	Buildings Structures	125,000				0		125,000.00	0	125,000.00	100.0
2002	Plant , Machinery and Equipment	200,000				0		200,000.00	14,000	186,000.00	93.0
2003	Vehicles	1,500,000				0		1,500,000.00	1,477,548	22,451.89	1.5
		1,825,000			0	0	0	1,825,000.00	1,491,548	333,451.89	

	Acquisition of Capital Assets					0			2,702,548	1,297,451.90	
2101	Vehicles	0		11,465		11,465		11,464.60	11,465	-	0.0
2102	Furniture and Office Equipment	2,000,000			11,465	-11,465		1,988,535.40	748,650	1,239,885.40	62.4
2103	Plant , Machinery and Equipment	2,000,000				0		2,000,000.00	1,942,434	57,566.50	2.9
		4,000,000		11,465	11,465	0	0	4,000,000.00	1,491,548	333,451.89	
	CAPITAL EXPENDITURE	5,825,000		11,465	11,465	0	0	5,825,000.00	4,194,096	1,630,903.79	28.0

02 - Administration and
Establishment Services

Object Code	Category / Object Title	provision	virman no	virman 66 +	virman 66 -		Addition al allocatin s	Net Provision	Actual expenditure	Balance-2011- 11-30	%
	Personal Emoluments										
1001	Salaries and Wages	19,600,000.00	1,508	1,566,200.00	1,375,000.00	191,200.00		19,791,200.00	19,791,115.84	84.16	0.0
1002	Overtime and Holiday Pay	1,150,000.00	509	500,000.00		500,000.00		1,650,000.00	1,488,829.50	161,170.50	9.8
1003	Other Allowances	8,500,000.00	580	669,700.00		669,700.00		9,169,700.00	9,169,601.86	98.14	0.0
		29,250,000.00		2,735,900.00	1,375,000.00	1,360,900.00	-	30,610,900.00	30,449,547.20	161,352.80	
	Traveling Expenses										
1101	Domestic	500,000.00				-		500,000.00	439,496.00	60,504.00	12.1
1102	Foreign	1,000,000.00	157	600,000		600,000		1,600,000.00	1,549,980.13	50,019.87	
		1,500,000.00		600,000.00	-	600,000.00	-	2,100,000.00	1,989,476.13	110,523.87	
	Supplies										
1201	Stationery and Office Requisites	3,000,000.00	145	50,000.00		50,000.00		3,050,000.00	3,038,270.34	11,729.66	0.4
1202	Fuel	4,100,000.00				-		4,100,000.00	4,100,000.00	-	0.0
1203	Diets and Uniforms	100,000.00				-		100,000.00	100,000.00	-	0.0
		7,200,000.00		50,000.00	-	50,000.00	-	7,250,000.00	7,238,270.34	11,729.66	
	Maintenance Expenditure										

1301	Vehicles	4,400,000.00				-		4,400,000.00	4,071,285.76	328,714.24	7.5
1302	Plant, Machinery and Equipment	400,000.00				-		400,000.00	154,767.28	245,232.72	61.3
1303	Buildings and Structures	500,000.00				-		500,000.00	205,431.60	294,568.40	58.9
		5,300,000.00		-	-	-	-	5,300,000.00	4,431,484.64	868,515.36	
	Contractual Services										
1401	Transport	1,250,000.00				-		1,250,000.00	1,100,000.00	150,000.00	12.0
1402	Postal And Communication	1,200,000.00	145	262,000.00		262,000.00		1,462,000.00	1,420,118.31	41,881.69	2.9
1403	Electricity & Water	6,700,000.00				-		6,700,000.00	6,577,854.19	122,145.81	1.8
1404	Rents And Local Taxes	100,000.00				-		100,000.00	81,595.05	18,404.95	0.0
1405	Other	84,200,000.00		4,895,000.00	7,305,900.00	(2,410,900.00)		81,789,100.00	80,114,677.91	1,674,422.09	2.0
3	Custom duty	2,860,000.00	509		2,224,000.00	(2,224,000.00)		636,000.00		636,000.00	
4	Publications	2,850,000.00				-		2,850,000.00		2,850,000.00	
5	International Games NOC	69,790,000.00	509		3,785,900.00	(3,785,900.00)		66,004,100.00		66,004,100.00	
6	Conference	1,600,000.00			705,000.00	(705,000.00)		895,000.00		895,000.00	
7	Staff Training	600,000.00	580		591,000.00	(591,000.00)		9,000.00		9,000.00	
8	Other	6,500,000.00	580	4,895,000.00		4,895,000.00		11,395,000.00		11,395,000.00	
		93,450,000.00		5,157,000.00	7,305,900.00	(2,148,900.00)	-	91,301,100.00	89,294,245.46	2,006,854.54	
1503	Transfers to Public Institution	30,000,000.00				-		30,000,000.00	30,000,000.00	-	
1506	Property Loan Interest	600,000.00				-		600,000.00	543,511.96	56,488.04	9.4
						-					

		30,600,000.00		-	-		-	30,600,000.00	30,543,511.96	56,488.04	
	Personal Emoluments	29,250,000.00		2,735,900.00	1,375,000.00	1,360,900.00	-	30,610,900.00	30,449,547.20	161,352.80	0.5
	Outher Recurrent Expenditure	138,050,000.00		5,807,000.00	7,305,900.00	(1,498,900.00)	-	136,551,100.00	133,496,988.53	3,054,111.47	2.2
	RECURRENT EXPENDITURE	167,300,000.00		8,542,900.00	8,680,900.00	(138,000.00)	-	167,162,000.00	163,946,535.73	3,215,464.27	1.9

	Rehabilitation and Improvement of Capital Assets	42,300,000.00		200,100.00	200,100.00	-	-	42,300,000.00	41,987,007.17	312,992.83	
2001	Buildings Structures	42,000,000.00			200,100.00	(200,100.00)		41,799,900.00	41,558,905.17	240,994.83	0.6
2002	Plant , Machinery and Equipment	100,000.00				-		100,000.00	28,054.00	71,946.00	71.9
2003	Vehicles	200,000.00		200,100.00		200,100.00		400,100.00	400,048.00	52.00	0.0
	Acquisition of Capital Assets	516,390,000.00		1,000,000.00	1,000,000.00	-	-	516,390,000.00	231,632,290.87	284,757,709.13	
2101	Vehicles	-				-		-	-	-	#DIV/0!
2102	Furniture and Office Equipment	10,000,000.00	674	1,000,000.00		1,000,000.00		11,000,000.00	10,000,000.00	1,000,000.00	9.1
2103	Plant , Machinery and Equipment	2,000,000.00				-		2,000,000.00	1,709,810.00	290,190.00	14.5
2104	Buildings And Structures	290,000.00				-		290,000.00	-	290,000.00	100.0
2201	CapitalTransfers to Public Institution					-		-	-	-	
2301	Acquisition of Financial Assets					-		-	-	-	
2401	Staff Training	1,100,000.00				-		1,100,000.00	1,097,670.70	2,329.30	0.2
	Asian Youth										

	Games-2017					-		-		-	
2502	Investment	503,000,000.00			1,000,000.00	(1,000,000.00)		502,000,000.00	218,824,810.17	283,175,189.83	56.4
	CAPITAL EXPENDITURE	558,690,000.00	-	1,200,100.00	1,200,100.00	-	-	558,690,000.00	273,619,298.04	285,070,701.96	
	Total Expenditure	725,990,000.00		9,743,000.00	9,881,000.00	-	-	725,852,000.00	437,565,833.77	288,286,166.23	

03 - Sports Development

Object Code	Category / Object Title	provision		virman 66 +	virman 66 -		Additional allocatins	Net Provision	Actual expenditure	Balance-2014-12-31	%
	Tranfers										
1,503	Public Institutions	110,000,000						110,000,000	100,980,000	9,020,000	8.2
	Sri lanka anti-doping Agency							-		-	
1,503	Public Institutions	20,000,000						20,000,000	15,982,041.46	4,017,959	20.1
	Capital Expenditure										
2,201	Public Institutions	175,000,000						175,000,000	175,000,000	-	0.0
	Sri lanka anti-doping Agency							-		-	
2,201	Public Institutions	5,000,000						5,000,000	1,200,000	3,800,000	76.0
	Total Expenditure	305,000,000					-	305,000,000	291,962,041	13,037,959	
	Personal Emoluments	-		-	-	-	-	-	-	-	
	Outher Recurrent Expenditure	130,000,000.00		-	-	-	-	130,000,000.00	116,962,041.46	13,037,958.54	10.0
	RECURRENT EXPENDITURE	130,000,000.00		-	-	-	-	130,000,000.00	116,962,041.46	13,037,958.54	10.0

04 - National Institution of Sports Science

Object Code	Category / Object Title	provision	virman no	virman 66 +	virman 66 -		Additional allocatins	Net Provision	Actual expenditure	Balance-2011-11-30	%
	Personal Emoluments										
1001	Salaries and Wages	4,650,000.00	581	150,000.00		150,000.00		4,800,000.00	4,789,559.02	10,440.98	0.2
1002	Overtime and Holiday pay	280,000.00	508	100,000.00		100,000.00		380,000.00	345,948.00	34,052.00	9.0
1003	Other Allowances	2,300,000.00	581	240,000.00		240,000.00		2,540,000.00	2,530,100.21	9,899.79	0.4
		7,230,000.00		490,000.00	-	490,000.00	-	7,720,000.00	7,665,607.23	54,392.77	
	Traveling Expenses										
1101	Domestic	50,000.00				-		50,000.00	27,190.00	22,810.00	45.6
1102	Foreign	1,000,000.00				-		1,000,000.00	947,124.23	52,875.77	5.3
		1,050,000.00		-	-	-	-	1,050,000.00	974,314.23	75,685.77	
	Supplies										
1201	Stationery and Office Requisites	450,000.00				-		450,000.00	413,562.40	36,437.60	8.1
1202	Fuel	600,000.00	508		100,000.00	(100,000.00)		500,000.00	231,364.50	268,635.50	53.7
1203	Diets and Uniforms	50,000.00				-		50,000.00	12,000.00	38,000.00	76.0
1205	Other	50,000.00				-		50,000.00	-	50,000.00	100.0
		1,150,000.00		-	100,000.00	(100,000.00)	-	1,050,000.00	656,926.90	393,073.10	
	Maintenance Expenditure										
1301	Vehicles										36.3

		600,000.00				-		600,000.00	382,049.39	217,950.61	
1302	Plant, Machinery and Equipment	600,000.00				-		600,000.00	600,000.00	-	0.0
1303	Buildings and Structures	100,000.00				-		100,000.00	64,484.07	35,515.93	35.5
		1,300,000.00		-	-	-	-	1,300,000.00	1,046,533.46	253,466.54	
	Contractual Services										
1401	Transport	250,000.00				-		250,000.00	57,500.00	192,500.00	77.0
1402	Postal And Communication	800,000.00				-		800,000.00	800,000.00	-	0.0
1403	Electricity & Water	4,000,000.00				-		4,000,000.00	4,000,000.00	-	0.0
1404	Rents And Local Taxes	1,000,000.00				-		1,000,000.00	464,799.60	535,200.40	53.5
1405	Other	5,020,000.00	673	350,000.00		350,000.00		5,370,000.00	5,370,000.00	-	0.0
		11,070,000.00		350,000.00	-	350,000.00	-	11,420,000.00	10,692,299.60	727,700.40	
	Personal Emoluments	7,230,000.00		490,000.00	-	490,000.00	-	7,720,000.00	7,665,607.23	54,392.77	0.7
	Other Recurrent Expenditure	14,570,000.00		350,000.00	100,000.00	250,000.00	-	14,820,000.00	13,370,074.19	1,449,925.81	9.8
	RECURRENT EXPENDITURE	21,800,000.00		840,000.00	100,000.00	740,000.00		22,540,000.00	21,035,681.42	1,504,318.58	6.7

	Rehabilitation and Improvement of Capital Assets	4,880,000.00				-		4,880,000.00	3,968,067.68	911,932.32	
						-					
2001	Buildings Structures										16.1

		4,620,000.00				-		4,620,000.00	3,875,675.62	744,324.38	
2002	Plant , Machinery and Equipment	130,000.00				-		130,000.00	2,817.06	127,182.94	97.8
2003	Vehicles	130,000.00				-		130,000.00	89,575.00	40,425.00	31.1
	Acquisition of Capital Assets	31,500,000.00				-		31,500,000.00	20,637,188.58	10,862,811.42	
2101	Vehicles	-				-		-		-	
2102	Furniture and Office Equipment	2,000,000.00				-		2,000,000.00	400,450.00	1,599,550.00	80.0
2103	Plant , Machinery and Equipment	3,000,000.00				-		3,000,000.00	2,934,335.00	65,665.00	2.2
2104	Buildings And Structures	2,500,000.00				-		2,500,000.00	-	2,500,000.00	100.0
2401	staff Training	4,000,000.00				-		4,000,000.00	3,995,657.43	4,342.57	0.1
2401	staff Training	20,000,000.00				-		20,000,000.00	13,306,746.15	6,693,253.85	33.47
	CAPITAL EXPENDITURE	36,380,000.00						36,380,000.00	24,605,256.26	11,774,743.74	32.4
	Total Expenditure	58,180,000.00		840,000.00	100,000.00	740,000.00		58,920,000.00	45,640,937.68	13,279,062.32	22.5

	05 - Institute of Sports Medicine										
Object Code	Category / Object Title	provision		virman 66 +	virman 66 -		Additional allocatins	Net Provision	Actual expenditure	Balance-2014-12-31	%
	Personal Emoluments										
1001	Salaries and Wages	11,500,000.00	592	200,000.00		200,000.00		11,700,000.00	11,685,348.98	14,651.02	0.1
1002	Overtime and Holiday Pay	750,000.00	508	200,000.00		200,000.00		950,000.00	854,054.00	95,946.00	10.1

1003	Other Allowances	5,650,000.00	592	560,000.00		560,000.00		6,210,000.00	6,205,436.70	4,563.30	0.1
		17,900,000.00		960,000.00				18,860,000.00	18,744,839.68	115,160.32	
	Traveling Expenses										
1101	Domestic	100,000.00				-		100,000.00	39,275.00	60,725.00	60.7
1102	Foreign	1,500,000.00	591	325,000.00		325,000.00		1,825,000.00	1,764,699.42	60,300.58	3.3
		1,600,000.00		325,000.00	-		-	1,925,000.00	1,803,974.42	121,025.58	
	Supplies										
1201	Stationery and Office Requisites	250,000.00	618	1,000,000.00		1,000,000.00		1,250,000.00	804,436.40	445,563.60	35.6
1202	Fuel	1,000,000.00				-		1,000,000.00	720,784.02	279,215.98	27.9
1203	Diets and Uniforms	75,000.00			-	-		75,000.00	68,200.00	6,800.00	9.1
1204	Medical Supplies	15,000,000.00	618		3,200,000.00	(3,200,000.00)		11,800,000.00	11,327,747.20	472,252.80	4.0
		16,325,000.00		1,000,000.00	3,200,000.00	(2,200,000.00)	-	14,125,000.00	12,921,167.62	1,203,832.38	
	Maintenance Expenditure										
1301	Vehicles	1,200,000.00				-		1,200,000.00	960,598.56	239,401.44	20.0
1302	Plant, Machinery and Equipment	500,000.00				-		500,000.00	201,409.41	298,590.59	59.7
1303	Buildings and Structures	1,000,000.00	508,581		590,000.00	(590,000.00)		410,000.00	231,000.00	179,000.00	43.7
		2,700,000.00		-	590,000.00	(590,000.00)	-	2,110,000.00	1,393,007.97	716,992.03	
	Contractual Services					-					
1401	Transport	1,300,000.00	618	100,000.00		100,000.00		1,400,000.00	1,378,775.00	21,225.00	1.5
1402	Postal And Communication	500,000.00				-		500,000.00	500,000.00	-	0.0

1403	Electricity & Water	3,800,000.00	592,673		1,747,000.00	(1,747,000.00)		2,053,000.00	870,180.86	1,182,819.14	57.6
1404	Rents And Local Taxes	150,000.00	618		100,000.00	(100,000.00)		50,000.00	-	50,000.00	
1405	Other	3,000,000.00				-		3,000,000.00	2,642,230.55	357,769.45	11.9
		8,750,000.00		100,000.00	1,847,000.00			7,003,000.00	5,391,186.41	1,611,813.59	
	Sri Lanka Antidoping Agency	-									
											#DIV/0!
	Personal Emoluments	17,900,000.00		960,000.00	-	960,000.00	-	18,860,000.00	18,744,839.68	115,160.32	0.6
	Other Recurrent Expenditure	29,375,000.00		1,425,000.00	5,637,000.00	(4,212,000.00)	-	25,163,000.00	21,509,336.42	3,653,663.58	14.5
	RECURRENT EXPENDITURE	47,275,000.00		2,385,000.00	5,637,000.00	(3,252,000.00)	-	44,023,000.00	40,254,176.10	3,768,823.90	8.6

	CAPITAL EXPENDITURE										
	Rehabilitation and Improvement of Capital Assets	800,000.00						800,000.00	443,810.48	356,189.52	
2001	Buildings Structures	300,000.00				-		300,000.00	147,060.48	152,939.52	51.0
2002	Plant , Machinery and Equipment	200,000.00				-		200,000.00	-	200,000.00	100.0
2003	Vehicles	300,000.00				-		300,000.00	296,750.00	3,250.00	1.1
	Acquisition of Capital Assets	25,300,000.00						25,300,000.00	19,045,774.49	6,254,225.51	
2101	Vehicles	15,600,000.00	593	500,000.00				16,100,000.00	16,007,214.49	92,785.51	
2102	Furniture and Office Equipment	1,200,000.00				-		1,200,000.00	185,000.00	1,015,000.00	84.6

2103	Plant , Machinery and Equipment	6,000,000.00				-		6,000,000.00	2,507,680.00	3,492,320.00	58.2
2104	Buildings And Structures	-				-	-	-		-	
2105	Land and land improvements					-		-	-		
	Human Resorce Development	2,500,000.00									
2401	Training and Capacity Building	2,500,000.00		500,000.00	(500,000.00)			2,000,000.00	345,880.00	1,654,120.00	82.7
	Sri Lanka Antidoping Agency	-								-	
											#DIV/0!
	CAPITAL EXPENDITURE	26,100,000.00		500,000.00				26,100,000.00	19,489,584.97	6,610,415.03	25.3
	Total Expenditure	73,375,000.00		2,885,000.00	5,637,000.00	(3,252,000.00)	-	70,123,000.00	59,743,761.07	10,379,238.93	14.8

Appropriation Account - 2014

Expenditure Head No: 136

Ministry of Sports

Programme Number given in Annual Estimates	Title of the Programme given in Budget Estimates	(1)	(2)	(3)	(4)	(5)	(6)	Page No. (Reference to relevant DGSA 2 format)
		Provision in Budget Estimates	Supplimentary Provision and Supplimentary Estimate Allocation	Transfers in terms of F.R. 66 and 69	Total Net Provision (1+2+3)	Total Expenditure	Net Effect Saving/(Excesses) (4-5)	
		Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	
	<u>Recurrent</u>							
1	Operational Activities	204,250,000	-	2,512,000	206,762,000	201,823,774	4,938,226	Page 2
2	Development Activities	199,075,000	-	(2,512,000)	196,563,000	178,251,899	18,311,101	Page 3
	Sub Total (Recurrent)	403,325,000	-	-	403,325,000	380,075,673	23,249,327	
	<u>Capital</u>							
	-							
1	Operational Activities	564,515,000	-	-	564,515,000	277,813,394	286,701,606	Page 2
2	Development Activities	242,480,000	-	-	242,480,000	220,294,841	22,185,159	Page 3
	Sub Total (Capital)	806,995,000	-	-	806,995,000	498,108,235	308,886,765	
	Grand Total	1,210,320,000	-	-	1,210,320,000	878,183,908	332,136,092	

Appropriation Account by Programme - 2014

DGSA 2

Expenditure Head No

: 136

Ministry of Sports

Programme No. & Title : 01 - Operational Activities

Summary of Recurrent and Capital Expenditure

Nature of Expenditure with DGSA format Reference	(1)	(2)	(3)	(4)	(5)	(6)	Page No. (Reference to relevant DGSA format)
	Provision in Budget Estimates	Supplimentary Provision and Supplimentary Estimate Allocation	Transfers in terms of the F.R. 66 and 69	Total Net Provision (1+2+3)	Total Expenditure	Net Effect Saving/(Excesses) (4-5)	
	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	
(a) Recurrent (DGSA 3)	204,250,000	0	2,512,000	206,762,000	201,823,774	4,938,226	P.4
(b) Capital (DGSA 4)	564,515,000	0	0	564,515,000	277,813,394	286,701,606	P.7
Total	768,765,000	0	2,512,000	771,277,000	479,637,169	291,639,832	

Appropriation Account by Programme - 2014

DGSA 2

Expenditure Head No

: 136

Ministry of Sports

Programme No. & Title : 02 - Development Activities

Summary of Recurrent and Capital Expenditure

Nature of Expenditure with DGSA format Reference	(1)	(2)	(3)	(4)	(5)	(6)	Page No. (Reference to relevant DGSA format)
	Provision in Budget Estimates	Supplimentary Provision and Supplimentary Estimate Allocation	Transfers in terms of the F.R. 66 and 69	Total Net Provision (1+2+3)	Total Expenditure	Net Effect Saving/(Excess) (4-5)	
	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	
(a) Recurrent (DGSA 3)	199,075,000	0	-2,512,000	196,563,000	178,251,899	18,311,101	P.5
(b) Capital (DGSA 4)	242,480,000		-	242,480,000	220,294,841	22,185,159	P.10
Total	441,555,000	0	-2,512,000	439,043,000	398,546,740	40,496,261	