

Ministry of Sports

Annual Performance Report - 2015



09, Philip Gunawardena Mawatha, Colombo 07

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Message from the Hon. Minister of Sports

The foremost responsibility of building a law-abiding and disciplined society and creating a physically sound nation through sports rests upon the Ministry of Sports. In this regard it is imperative to integrate sports into the society and expand and establish sports in every nook and corner. Our objective is to empower and implement sports for all in a practical way and thereby ushering in a country filled with happiness through achievements in sports.

At the first stage, initiating sports grounds, developing them, completing work thereof and provision of infrastructure are undertaken. Moreover, a programme aimed at identifying sport aptitudes of nearly 4300,000 students has been launched. In this drive it is expected to seek the assistance of the Ministries such as Health and Education. Moreover Sports courses have been commenced by expanding the capacity of the Institute of Sports Science with the aim of creating sports officers with state - of - the Art know how and while upgrading the capacity thereof.

Not only that the other objective is to motivate each and every citizen towards sports in order to make them concerned about the subject of sport. As an initial step, walking paths and gymnastic parks will be erected. As a matter of fact, I feel this as a blessing we have had to contribute to the country's development by way of bringing about a nation healthy and efficient.

Through all these endeavours we hope to glorify our motherland by establishing sports within the community. The services of the Secretary, the Director General of Sports along with all the staff including Heads of Institutions who dedicated to achieve these tasks are greatly appreciated and I wish to extend my sincere gratitude towards them.

Dayasiri Jayasekara

Minister of Sports



Message from the Hon. Deputy Minister of Sports

Sports is a powerful Media performance that helps to build a mighty International image of any country, if the responsibilities were maintained in a superfluous manner. In sculpturing their resemblance, sports enable to enliven a new culture in a society.

Infrastructural facilities, specific knowledge relevant to controversial issues and opportunities for Co-existence are the positive sources required, in achieving successful progress in sports. Sri Lanka has already attained the development skills in this regard and I hope all the necessary contiguous distinction would be accomplished in the near future.

When accommodating the sports arena with consolidated and specific guidance, it would desirously and undoubtedly facilitate to achieve productivity in every field of sports, gaining accessibility through National Policies, which will most probably be the ultimate goal.

In the wake of attaining this immaculate goal, we can dream of an indoctrinated and a ceremonious society full of strenuous and dynamic citizens, moving steadfast towards prosperity, in every aspect of substantial segments of life. Subsequently, an ultra modern and fashionable global sports culture will dawn, transforming the entire atmosphere into a peaceful and harmonious place to dwell. In view of this the objectives of these aspirations should inherit the global villages, with a delighted and healthy resource of human race.

Evil characteristics among arrogant and conceited ill nature will disappear and instead, profound as well as enthusiastic aspirations would effectively be accomplished, through the accelerated sports culture.

In comparing the mode of sports in the past and present, we can at a glance comprehend an extensively commendable development in the current sports arena. These developments can be experienced by studying and approaching the disciplines of sports, in time to time.

I shall hereby attach my sincere and wholehearted congratulations to those who are attentively involved in structuring the entire performances of the Ministry of sports, in collaboration with the rest of the accredited institutions under the Ministry of sports.

H.M.M. Harees MP

Deputy Minister of Sports



Message from the Secretary of the Ministry of Sports

Nowadays sports has become a subject which every body takes interest, no matter whether it be regional or global. Popularizing and standardizing of sports in Sri Lanka and empowering the athletes to reach their heights in an optimum way in the matter of sports has become the responsibility of the Ministry of Sports.

Sports is a science of sensitivity which goes hand in hand with human activities. It can be manoeuvred irrespective of age young or old and brings about good health when guided in a proper way.

Moreover, sports is a subject which assumes a commercial value. With regard to Sri Lanka avenues can be opened for earning much needed foreign exchange by providing opportunities to hold various international sports events in Sri Lanka creating job opportunities by developing sports as an industry by making sports one of the salient foreign exchange earners, providing necessary know-how and opportunities, building an international image that Sri Lankan athletes are always not short of their talents by giving assistance to elevate them to the international level. In my opinion I feel that it is our duty to provide opportunities and facilities towards that end as sports administrators.

Accordingly, the foremost objectives of the Ministry of Sports which are to be achieved in the days to come include construction of an international level high altitude sports complex at Nuwaraeliya (where training can be given at 3000 feet above sea level), implementing a programme to identify talents from among 375000 students of schools islandwide with the assistance of the Ministry of Education aiming at 2024 Olympics, creating sports development pools throughout the country in order to absorb the school - leavers who are good at sports, taking measures to look after them by creating District pools and provincial pools, creating walking tracks to improve the health of the people, building a fully fledged hospital and developing a proper network under the theme of "sports for all" from grass - root level sports club to international Sports Federations. On the other hand, the other responsibility of the Ministry of Sports is creating a healthy community within the country bearing in mind that "Sports" is not only for the sake of sports by itself, but it should serve as a component of building personality building a disciplined society with self-confidence, consolidating National and international cooperation and coexistence through sports and sports culture of ours. Finally I wish to add my facilitations towards that worthy cause.

Dr. D.M.R.B. Dissanayake

Secretary

Ministry of Sports

Ministry of Sports

Introduction

Sport had been a matter of special importance since the beginning of the mankind. Activities synonymous with sports as hunting, archery, Aquatic sports, testing of bodily strength and conducting competitions by using beasts of burden and other animals took place in the past. Sports competitions in ancient times included various forms of sports which were similar to that of animals. Later on the subject of sport was given a social value based on sophisticated techniques, social trends, attitude development and technological orientation. Accordingly people in various parts of the world created the ways of sports endemic to them selves in keeping with their livelihood and norms that brought about health, physical balance, social discipline, ability to form as a group, power of endurance and heading towards and aim to command a social recognition as outlined by Maslow in his series of “foremost human needs.” Due to the facts that Sport is an integral part of human behavior, it has become an important subject of the world.

“Sport” as the subject of the Ministry of Peoples Services, for the first time, came in to being in the history by gaining a value in 1996 whereupon Mr.V.A.Sugathasada was appoint as the first Minister of Sports. Subsequently the Ministry of Sports and Parliamentary Affairs was established in 1970. Through such initiative the subject of “sport” was brought closer to the public. The first Minister of Sports, Mr.V.A. Sugathadasa was appointed in 1967 and subsequently in 1970, the Ministry of Sports & Parliamentary Affairs was established. During the course of this period the subject of sports came in to effect through various fields having more access towards people. In 1989 as the Ministry of Youth Affairs & Sports, in 2000 as the Ministry of Tourism & Sports, in 2003 as the Ministry of Youth Affairs & Sports, in 2004 as the Ministry of Sports & Youth Affairs, in 2007 as the Ministry of Sports & Public Recreations, in 2010 as the Ministry of Sports, this entity came in to being. Again it was named as the Ministry of Tourism & Sports under the 100 Days Program of the Government that came in to power after the General Election held in 2015.

The Role of the Ministry of Sports

In terms of the Gazette (Extraordinary) dated 21.09.2015 published by the Democratic Socialist Republic of Sri Lanka the tasks and activities to be performed by the Ministry are as follows:

1. Formulation of policies, relevant subjects of Departments and statutory institutions in relation to the subject of sport.
2. Taking necessary action to encourage sports activities and provision of necessary infrastructure facilities in order to achieve desired tasks
3. Promotion of sports education
4. Work out new methodologies and programmes in order to make use of the sport to build Sri Lanka's image internationally.
5. Promotion of necessary facilities and coordination which is imperative for physical fitness of the general public.
6. All other activities relevant to the subjects assigned to the associate Departments, statutory bodies and public corporations affiliated to the Ministry of Sports.
7. Supervision of associated departments, statutory bodies and public corporations affiliated to the Ministry of Sports.

To carry out the above tasks the following institutions have been established under the Ministry of Sports.

- 1 Sports Development Department
- 2 Sugathadasa National Sports Complex Authority
- 3 National Institute of Sports Science
- 4 Institute of Sports Medicine
- 5 Sri Lanka Anti-Doping Agency

Laws to be enforced

- Sports Law (No.25 of 1973)
- Sugathadasa National sports Complex Authority
- Convention against antidoping in sports Act (No.33 of 2013)
- The above activities which have not been assigned to any other Minister and any other statutes of the above entities.

The Vision, Mission and the objectives of the Ministry of Sports

Vision

To be the leader in sports in Asia

Mission

To build a consolidated and prosperous land by grooming every citizen to be an energetic, healthy, disciplined and dignified person through formulation of National policies and implementing them.

Objectives

01. To make “Sports” an essential integral part of Sri Lankan culture and society.
02. To make use of the sport to improve physical health of every Sri Lankan in order to improve their living conditions.
03. To provide requisite knowledge and opportunity so that everybody can engage in sports.
04. To make necessary resources and infrastructure facilities available to improve sports as a whole.
05. To improve Sri Lanka’s international image as a country full of talents in sports.
06. Creating job opportunities and promoting the economy by taking measures to improve the sports industry.
07. To use the field of sports as a main source of foreign exchange earning.
08. Making use of sports as a means of peace and integration among ethnicities.

Objective and performance indicators

#	Objective	Performance Indicator
01	Provision of infrasticture facilities for development of sports	Erection of provincial Sports complexes in the nine provinces by 2020.
02	Building a positive international Image about Sri Lanka in Sports.	Winning 50 Medals annually at international level.
03	Developing a Sports culture in Sri Lanka.	To make a contribution of USD 500 million to GDP by 2020.
04	Creating physicaly & Mentally healthy citizens through a sports culture.	Reducing non-communicable diseases by 1% by 2020.
05	Development of human resources through the use of sports science.	Increase the international participation in Human Resources in sports by 10%.
06	Establishing peace & reconciliation through sports.	To increase the rate of those engaged in sports outside Colombo by 10%.

Since the activities pertaining to administration and Finance of the Institute of Sports Science, Institute of Sports Medicine and SLADA are carried out under the Ministry of Sports. The progress of the two entities are submitted herewith. The progress of the Department of Sports, Development and the Sugathadasa National Sports Complex Authourity is not submitted with this report because those two institutes are to prepare Annual reports independantly by themselves. Moreover, the tasks and responsibilities of the Ministry have been decentralized under several divisions for good governance and smooth functioning.

Development Division

Formulation of policies in relation to the subjects and functions of the Ministry, implementing them and reviewing the progress are the main functions of this Division. In addition to that mainly the subjects of sports development, coordination and implementation are attended to by this Division. Moreover, it deals with all sorts of legal activities coming under the Development Division and implementation of local & foreign Agreements in relation to sports as well.

Planning Division

The main role of the Ministry includes the formulation of annual plans, evaluating the progress achieved and preparation of progress reports. Planning Division extends its assistance to policy makers and those who take decisions and top management by providing necessary and correct information and guidance.

Administrative Division

The main functions of the division include management, direction, evaluation and provision of requisite training, internal control and physical resources control. etc., In addition to these tasks, the Administration Division engages in identifying human resource need of the officers attached to the Department under the Ministry, disciplinary control over employees, direction of relevant services, coordination activities and attending to legal matters.

Financial Division

The main tasks of Accounts and Financial Division are to management of finance by utilizing annually budgeted provision set aside for intended purposes and maintaining documents of financial control. Moreover it deals with supervision, coordination work of institutions coming under the Ministry and preparation of final reports of such entities and financial management of the Sport Development Fund is too performed by the Ministerial Financial Division.

Sports Division

The main functions of this division include utilizing and managing the National Sports Fund for the Development of the Sports field, progress review, providing Government assistance and facilities to the athletes taking part in foreign training and also it engages in the coordination of sports Associations/Federations as well.

Internal Audit Division

The responsibility of the Internal Audit Division is to see whether the internal administration and financial activities are carried out according to the Financial Regulations and the relevant circular instructions and looking into such matters in an unbiased manner by providing guidance and issuing instructions and furnishing reports directly to the Secretary of the Ministry when and where necessary.

Media Unit

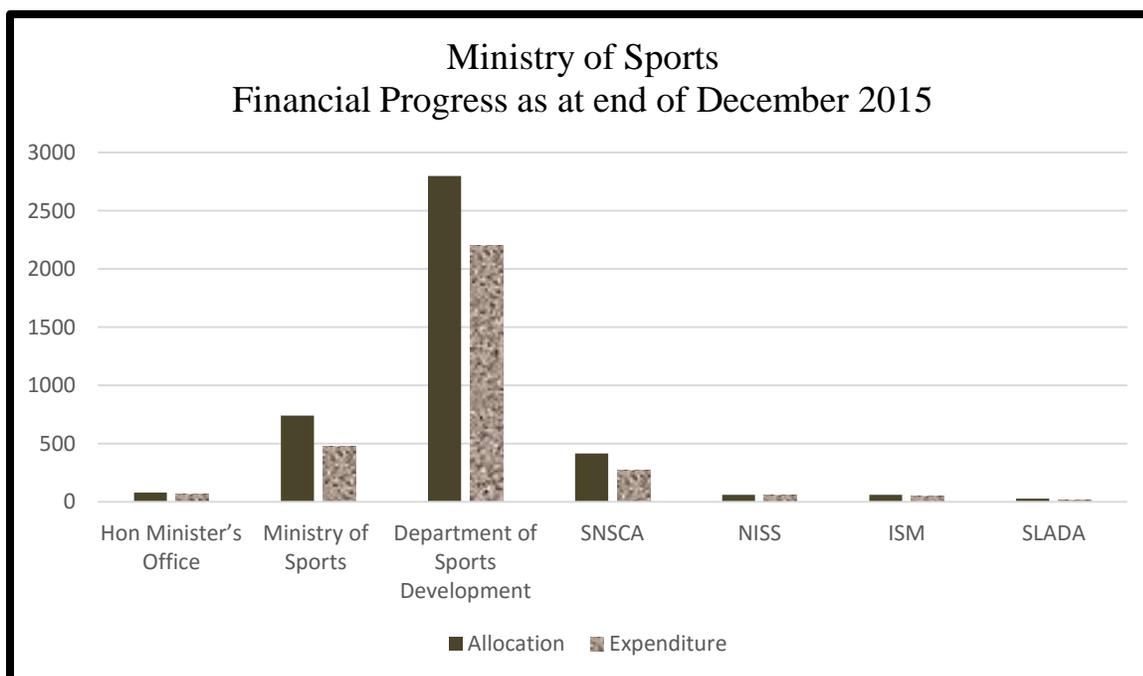
The role performed by the Media Unit in the matter of creating a sports culture is not a small one. So, the incidence of media is much more important to attract the young as well as the old and senior citizens towards sports irrespective of age in all social strata. To keep individuals and social groups aware of facts and figures through media, provides for a healthy environment for a sports culture. The main functions of the Media Unit are broadcasting sports programmes, using correct media to develop sport, conducting quiz programmes and media conferences, appreciation of sports mediamen and gathering data & information about sports.

Procurement Division

The Procurement Division was established as a separate sector in the Ministry of sports since March 2015. The procurement Division deals in purchases of all sorts of the Ministry of Sports and associate entities with proper coordination. Moreover, appointing procurement committees and Technical committees annually is done by the Ministry of Sports. Hereby qualified suppliers are registered, annual procurement plan of Ministry and the affiliated institutions are prepared and implemented while progress review is also carried out. Procurement plan meant for the year 2015 is formulated implemented while progress review is also done. During the year 2015 the procurement Division has purchased items to the value of about Rs. 12.28 million. For the purpose of providing services it has expended an amount of Rs. 2.35 million.

Ministry of Sports
Financial Progress as at the end of December 2015

#	Institute	Allocation (Rs. mn)			Progress as at 31.12.2013 (Rs. Mn)			
		Capital	Recurrent	Total	Capital	Recurrent	Total	%
1	Hon Minister's Office	17.03	63.82	80.85	14.82	54.55	69.37	85.80
2	Ministry of Sports	461.85	278.05	739.90	327.35	151.93	479.28	64.78
3	Department of Sports Development	2,213.30	584.02	2,797.32	1669.02	530.07	2,199.09	78.61
4	Sugathadasa National Sports Complex Authority	285.00	131.75	416.75	137.30	131.75	269.05	64.56
5	National Institute of Sports Science	35.70	24.30	60.00	30.41	23.87	54.28	90.47
6	Institute of Sports Medicine	12.40	48.63	61.03	10.34	42.30	52.64	86.25
7	Sri Lanka Anti-Doping Agency	8.00	20.00	28.00	1.48	16.78	18.26	65.21
	Total	3,033.28	1,150.57	4,183.85	2,190.72	951.25	3,141.97	75.10



Tasks Implemented in 2015
1. Implementation of decisions in relation to Cabinet Memoranda.

#	Date	No	Description of the Memorandum	Decision
01	03.02.2015	15/0048/623/001	Giving bonus to the Sri Lankan Cricket Team participated in 2015 ICC World Cricket Cup	Approval has been given to pay bonus by raising funds from sponsors and well-wishers but not seeking provision from Consolidated Fund.
02	06.02.2015	15/0075/623/003	Extension of Service of Director General of the Institute of Sports Medicine.	Approval granted
03	06.02.2015	15/0074/623/002	Making an appointment to the post of Director General in the Sports Development Department	<ol style="list-style-type: none"> 1. Transferring Mrs. M.D. Ranjane Jayakody to Ministry of Public Administration 2. Appointing a suitable officer to act until such time a suitable officer is appointed. 3. Nominating a Suitable Officer
04	24.02.2015	15/0161/623/005	Appointing advisors to the Ministry of Tourism and Sports	Appointing Mr. Janaprit Salinda Fernandu to the post of

			<ol style="list-style-type: none"> 1. Mr.Rohan Pethiyagoda, Bio Diversity Scientist 2. Mr. Janaprit Salinda Fernandu - Attorney at Law 	advisor for a term of one year on the basis of an allowance of of Rs. 60,000/- per month and granting him a fuel allowance & other allowances entitled to a senior Assistant Secretary.
05	26.02.2015	15/162/623/006	Signing an MOU with Pakistan and Sri Lanka for development of sports.	Approval granted
06	26.02.2015	15/0160/623/002-1	Appointment to the post of Director General in the Sports Development Department	Approval granted
07	17.03.2015	15/0269/623/003-1	Appointing a Director General to the Institute of Sports Medicine Dr. A.A.A.A. Shivanka Wijegunawardene	Appointed not granted
08	18.03.2015	15/0279/623/007	Signing a MOU between Qatar and Sri Lanka for development of Sports.	Approval granted
09	22.04.2015	15/0482/623/001	Payment of relevant fees to the Environmental and Management Lanka (Pvt) Institute for provision of consultancy services as per the Agreement.	Approval granted
10	22.04.2015	15/0482/623/010	Establishment of a Breeding centre of miniature mammals and a bio-garden	Approval granted
11	29.04.2015	15/0513/623/012	Regularizing registration of tamed elephants	Approval granted

12	05.05.2015	15/0598/623/013	Finalizing the construction work of Kothmale Mahaweli Maha Seya.	Approval granted
13	29.05.2015	15/0800/623/015	Botanical Garden Fund-Annual Report	Approval granted
14	12.06.2015	15/0873/623/017	Upgrang of National Zoological Department creation of a post of Director General and 03 posts of Director.	<ol style="list-style-type: none"> 1. Upgrading of the Department so that a special Gr. Officer in scientific service could be appointed 2. Instructions have been issued after consulting the Management services Department to create necessary posts.
15	09.06.2015	15/0799/623/014	National Sports Festival 2016	approval Granted
16	11.06.2015	15/0834/623/016	Construction of a building for Sri Lanka Anti-doping Agency	Informed to submit a detailed project proposal to the Department of National Planning for evaluation
17	23.06.2015	15/0799/623/018	MOU between Sri Lanka and Iran for Co-operation in the field of Tourism	Approval granted
18	26.06.2015	15/0982/623/019	Placing Sports Officers on a suitable salary step	Having discussions with relevant officers about the

				recommendations of the National salaries commission. Asked them to keep the Cabinet informed if such recommendations are to be changed.
19	06.07.2015	15/1070/623/020	Preparing a National cross sectoral policy and an Integrated Master plan for the Tourism Industry in collaboration with all the relevant public Institutions (2015-2020)	Postponed
20	06.07.2015	15/1071/623/021	Developing Kalpitiya as a tourist Zone.	Postponed
21	28.07.2015	15/1197/623/023	Allocation of elephants in the National Zoological Department to religious centres of other places.	Observation of the Ministry of Finance is awaited
22	21.09.2015	15/1295/747/001	Common Wealth Youth Sports festival-2017	No
23	23.09.2015	15/1325/747/002	Construction of a building for SLADA	Approval granted
24	30.09.2015	15/1359/747/003	Appointing an Advisor to the Ministry of Sports- Mr. Deepthi Lamahewa	Approval granted
25	30.09.2015	15/1423/747/004	Ensuring access to Sports Talents Project	A cabinet sub committee has been appointed
26	30.09.2015	15/1621/747/005	Appointing a Director General to the Institute of Sports Medicine Mr. A.A.A.A.	Approval granted

			Shiwanka Wijegunawardene	
27	11.11.2015	15/1720/747/006	Prevention of Match Fixing Act.	Approval has been granted to issue instructions to legal Draftman for drafting a constitution
28	11.11.2015	15/1720/747/007	South Asian Sports Festival 2016 India	Due to discuss with the Minister of Finance and inform the Cabinet accordingly
29	11.11.2015	15/1722/747/008	Appointing a director to the Institute of sports science	Due to work in consultation with the Public Service Commission since the post is a Public Service Commission appointment.
30	23.11.2015	15/1835/747/009	Submission of orders to rent with section 31 of the sports Act No.25 of 1973 to the parliament	Approval granted for submission to the parliament.

2. Internal Audit activities

Financial Accounts 2015 prepared have been submitted to the Auditor General. The Auditor General Department after studying the financial accounts has returned the report of Management Accounts to the Ministry of Sports on 09th September 2015. It reveals the following matters.

2.1 Books have not been maintained.

- (a) A schedule of computer and computer accessories is maintained , according to the treasury circular No. IAT/2002/02 dated 28th November 2002.
- (b) Schedule of personal emoluments has been updated
- (c) Action has been taken to maintain a register of cheques.
- (d) A register of damages is maintained. There was no need to update it since no damage was reported during 2014.

(e) Shedule of liabilities has been maintained.

2..2 Accounts

2.2.1 Appropriation Accounts

- (a) Total provision and expenditure. Action will be taken in future to prepare estimates avoiding excessive provision.
- (b) Budget fluctuation

Since imprest were not received as requested for respective months and due to the fact that provision for some items of expenditure were over estimated provision could not be utilized during the year.

2.2.2 Public Officers' Advance "B" Account.

The relevant Officers have been instructed to take action to settle the Advance as soon as the task is completed.

2.3 Internal Audit

This situation arose due to inadequate staff. Action will be taken to provide adequate staff in future.

2.4 Assets Management

There were liabilities on account of expenditure to be incurred for essential expenditure. Payments have been made accordingly.

2.5 Operational shortcoming public Accounts

Action has been taken to credit cheques which are more than 06 months old.

2.6 Losses and damages

The Ministry of public Administration has been informed to reimburse.

2.7 Human Resources Management

2.7.1 Steps will be taken in future to fill the vacancies

2.7.2 The Officer who functioned in the post of excess Research officer in the Institute of sports medicine, functions in the post of Nutritionist.

2.7.3 Recruitment procedure pertaining to 10 posts is approved. Approved cadre of the Institute of Sports Medicine have been submitted to the PSC for approval.

2.8 Human resources obtained from other parties.

All officers whose services were obtained from the Sugathadasa Sports Complex Authority by the Ministry have been released to the Sugathadasa Sports Complex Authority.

2.9 Unsettled Liabilities.

Action has been taken to settle the above.

3. Foreign Training for National Sports Associations

During the year 2015, 1870 athletes and 641 officers were sent to foreign countries for training as well as to participate in events. Particulars are given below.

Association	Officers	Athletes	Total
Sri Lanka Archery Association	16	17	33
Sri Lanka Volleyball Federation	22	51	73
Sri Lanka Aquatic Sports Union	13	68	81
Sri Lanka Weight Lifting Association	32	36	68
Sri Lanka Judo Association	22	34	56
Sri Lanka Tennis Association	0	6	6
Sri Lanka Wu Shu Federation	12	15	27
Sri Lanka Cricket	07	106	113
Sri Lanka Chess Federation	04	29	33
Sri Lanka Karate Do Federation	69	223	292
Sri Lanka Football Federation	96	278	374
Sri Lanka Teakwondo Federtion	04	17	21
National Rifle Association	5	31	36
Sri Lanka Soft ball Cricket Association	23	48	71
Sri Lanka Squash Federation	11	17	28
Sri Lanka Throw ball Federation	9	49	58
Sr Lanka Traditional Karate Federation	5	5	10
Sri Lanka Boxing Association	33	26	59
Sri Lanka Basketball Federation	8	34	42
Sri Lanka Cycle Federation	5	17	22
National Federation of Sports for Disabled	13	32	45

Sri Lanka Shooting Federation	16	42	58
Sri Lanka Wrestling Association	13	25	38
Sri Lanka Bodybuilding Federation	6	7	13
Sri Lanka Carrom Association	3	10	13
Sri Lanka Badminton Association	16	132	148
Sri Lanka Rugby Football Association	57	285	342
Sri Lanka Athletics Association	57	105	162
Sri Lanka Baseball Association	9	38	47
Sri Lanka Gymnastic Association	2	0	02
Sri Lanka Hockey Federation	44	77	121
National Olympic Committee	9	10	19
TOTAL	641	1870	2511

4. Human Resources Management

4.1 Total recruitment to the Ministry of Sports in 2015

No. of Employee as at 31.12.2014	82
New Appointments	08
In coming n Transfers	26
Transfers	(24)
Released	(01)
No. of retirements	0
No. of Employee as at 31.12.2015	91

4.2 Human Resource Development

The officers of the Ministry of Sports have been referred for training in the following manner

Month	Course	No. of Officers	Training Centre
January	Public Officers' Advance Account	02	Skill Development Fund Limited
March	Laws which Public employees must be aware of	03	Institute of Sri Lanka Development Administration - SLIDA
	Office Management & Altitude Development	03	SLIDA
April	Salary Conversion	01	SLIDA
	Post Graduate Degree-II	01	University of Kalaniya
	English Language	03	University of Colombo

	Tamil Language	01	Institute of Human Resource Development
	Sports & Physical Science	01	University of Peradeniya
	Prevention of Sports Accident	61	International Institute of Health (Pvt)Ltd
May	F.R. reporting losses compensation and accounting	01	Skill Development Fund Limited
	SLIDA certificated Driver Programme	01	SLIDA
	Government accounting procedure	01	
	Government Procurement Procedure	01	
	Diploma in Public Procurement & Contract Administration	01	
June	Seminar on Resource Environment Protection & Eco Civilization construction for Developing Countries	02	China
	2015 Seminar Training Course on Maintenance & Management of Sports Facilities for Counties	08	China
	Training Course in Pension Work	01	SLIDA
	Salary Conversion	01	
	Government Accounting Procedure	01	
July	2015 Seminar on China-South Asia Tourism Co-operation & Development	03	China
	Advanced Certificate in English for Professionals	01	SLIDA
	Master of Public Administration	01	University of Colombo
	Next Generation Network Technology & Future Trends	01	India
	Seminar on 19 th Amendment to the constitution & its effects of public service	01	SLIDA
	Office Management & Altitude Development	01	
August	Nurses and Pharmacist	02	KDU
	Public Finance Management	01	SLIDA
	Office Management & Altitude Development	01	
October	Provision and procedures of the EC	01	District Secretariat Office
December	Training programme on Provision and procedures of the EC	01	SLIDA
	Out -bound Training Programme	85	Randenigala
	Management of Time for better productivity	01	Skill Development Fund Ltd
	Training Workshop on Nutrition Research Methodology	01	Sri Lanka Nutrition Association

4.3 Particulars relating to approved cadre for 2015 - Ministry of Sports

#	Post	Category	Salary Group	No. of Post				
				Approved	Permanent	Contract	Temporary	Vacant
1	Secretary		SL 4	1	1			0
2	Additional Secretary (Admin & Procurement)	SLAS(Sp)	SL 3	1	1			0
3	Additional Secretary (Development)	SLAS(Sp)	SL 3	1	1			0
4	Senior Asst. Secretary	SLAS I	SL 1	1	1			0
5	Director (Development)	SLAS I	SL 1	1	0			1
6	Director (Planning)	SLPS 1	SL 1	1	1			0
7	Chief Accountant	SLAcS-I	SL 1	1	1			0
8	Chief Internal Audi	SLAcS -I	SL 1	1	1			0
9	Accountant(Payments)	SLAcS -II/III	SL 1	1	1			0
10	Deputy/ Assistant Director(Development)	SLAS II/III	SL 1	1	1			0
11	Dy/ Asst Director (Planning)	SLPS II/III	SL 1	1	1			0
12	Dy/ Asst Director (Sports)	SLASII/III	SL 1	1	1			0
13	Asst. Secretary (Admin)	SLAS III	SL 1	1	1			0
14	Asst. Secretary (Procurement)	SLAS III	SL 1	1	1			0
15	Legal Officer	Departmental	SL 1	1	1			0
16	Administrative Officer	PMA(Supra)	MN 7	1	0	1		1
17	Translator	TS	MN 6	1	0		1	1
18	ICT Officer	SLICTS	MN 6	1	0			1
19	Coordinating Secretary for Secretary	Temporary	22500/-	1	1			0
20	Press Officer	Temporary	MN 4	1	1			0
21	Planning Assistant	Asso. Officer	MN 4	1	1			0
22	Development Officer	DOS	MN 4	28	26			2
23	Technical Officer	SLTS	MN 3	1	1			0
24	ICT Assistant	SLCTS	MT 1	1	0			1
25	Public Management Assistant	PMAS	MN 2	21	18			3
26	Receptionist	Dept	MN 1	1	1			0
27	Still Camaraman	Temporary	MT 1	1	1			0
28	Camaraman	Temporary	MT 1	1	1			0
29	Driver	DS	PL 3	14	14			0
30	Camera Aide	Temporary	PL 1	1	1			0
31	KKS	OES	PL 1	10	9			1
Total				100	89	1	1	11

5. Main Development Project

5.1 Construction of National Sports Complexes

Among Development projects undertaken by the Ministry of Sports, Construction of National Sports Complexes has been the major one. In the year 2011 the Cabinet of Ministers granted approval to construct a Provincial Sports Complex with international facilities for every District. Approval had also been obtained by submitting a Cabinet Memorandum in 2011 to Construct District Sports Complexes for the District not covered. In doing so, Sports Complexes at Badulla and Anuradhapura which started in 2011 have been vested with the public.

Name of Ground	Province	Amount Estimated (Rs.Mn.)	Present Position
Badulla Vinsent Dias Sports Complex	Uva Province	377.00	Vested with the Public
Anuradhapura Public Sports Ground	Nort Central Province	300.78	Vested with the Public
Digana Kundasale Sports ground	Central Province	392.00	Work Completed
Kilinochchi National Sports Complex	Northern Province	254.82	Under Construction
Trincomalee Makeyzer Sports ground	Eastern Province	354.00	Temporarily Started
Rathnapura Public Sports Ground	Sabaragamuwa Province	279.16	Work Started
North Western Province Sports Complex	North Western Province	-	
Suriyawawa Mahinda Rajapaksha Sports ground	Southern Province	-	Discussions are being held for development
Diyagama Mahinda Rajapaksha Sports ground	Western Province	-	Discussions are being held for development

5.2. Construction of District Sports Complex

For the Districts which are not covered under the programme of construction of National Sports Complexes fully fledged District Sports Complexes will be constructed.

#	Name of Ground	Amount Estimated(Rs.Mn.)
1	Kalutara Bandaragama Sports Ground	212.29
2	Puttalama District Sports Ground	196.71
3	Polonnaruwa District Sports Ground	135.00
4	Matara-Kotugoda sports ground	237.43
5	Batticaloa Weber Sports Ground	198.17
6	Ampara Senarath Somarathne Sports Ground	187.76

- **Sports complexes for which contracts have been awarded**

#	Name of Ground	Amount Estimated(Rs.Mn.)
1	Matale District Sports Ground	261.90
2	Galle Dadalla Sports Ground	256.05
3	Vaunia Public Sports Ground	256.05
4	Mannar Public Sports Ground	256.05
5	Gampaha District Sports Ground	256.05
6	Kegalle District Sports Ground	298.46

5.3 A model Sports Ground for District Sport Complex

A model for construction of a District Sports Complex has been built at Nawalapitiya Jayathilaka Sports Complex. Now it has become a venue of economical value in the city of Nawalapitiya which is evident from the fact that it has been in big demand. A Sports Association in the area attends to the maintenance and administration thereof and income generated from it is sufficient to cover expenses. The cafeteria too generates an additional income while the people in the

neighbourhood have found it an ideal venue to raise their indirect sources of income at the times of national and international events.

5.4 Sports Schools Development Project

It is expected to implement this project encompassing all the Districts in the Island. Already 22 schools have been selected and 17 of them are now in use, representing 19 National Schools and 03 Provincial Council schools. Another school for the Eastern province and 02 schools for Northern Province have been proposed. These sports schools have been established on the concept of sports School Academy of foreign countries. Only 17 of these schools are now at operational level. Under this programme talented school children are given training and they are provided with specific nutritional foods, accommodation, medicine and teachers to attend to their skipped lessons in schools. Since 2007, development activities of 06 schools are being carried out. Necessary steps have been taken to launch a joint programme in future in collaboration with the Ministry of Education. Attention has now been focused on the following schools to implement various kinds of development projects

- | | |
|--------------------------------------|-------------|
| 1. Dikwella Vijitha Maha Vidyalaya | - Matara |
| 2. Madampe Senanayake Vidyalaya | -Puttalama |
| 3. Ruhunu Vijayaba Maha Vidyalaya | -Hambantota |
| 4. Tolangamauwa Maha Vidyalaya | -Kegalle |
| 5. Piliyandala Maha Vidyalaya | -Colombo |
| 6. Tissa Maha Vidyalaya | - Kalutara |
| 7. Walala A.Ratnayaka Maha Vidyalaya | - Kandy |
| 8. Seewali Maha Vidyalaya | -Ratnapura. |

5.5 Reid Avenue Sports Complex

Under this project which was started in 2009 construction of synthetic Hockey Ground and Pavillion, sports hostel and grand stand sports ground projects were identified at a cost of Rs. 775 million. Proposals were received for construction through State Engineering Coparation but due to time delay, Grand Stand Pavillion was redesigned by UDA of the Ministry of State Defence after which it was developed as a Rugger ground. Presently the venue is used for

international Rugger events and it has added economical value as well as beauty to the city of Colombo.

This venue provides accommodation for nearly 500 spectators and it is being maintained by the Department of Sports Development. The adjoining 3 storeyed hostel can accommodate 250 persons and both local and foreign athletes can enjoy the benefit of concessionary charges of the hostels. The Department of Sports Development handles administration and maintenance work. The landscaping work of the newly built Netball ground is at the final stage.

5.6 Torrington Sports Complex

This is a natural play ground situated in the heart of the Colombo Capital city where sportsmen and sportswomen in the National Pool engage in their training activities. It is envisaged to build a 200 metre synthetic running track and office facilities for sports Associations and Federations. Presently National School sports events as well as International Sports events are held here nearly everyday. Department of Sports Development maintains and controls this place.

5.7. Development of Rural Playgrounds – 2015

Under this programme a provision of Rs. 239.97 million has been allocated to 166 sports grounds in 18 Districts for the year 2015. Rural sports grounds and school sports grounds are included in this project. During this year 170 sports clubs have been provided with sports goods.

#	District	No of Projects	Provision of Sports Goods to Sports Club	Allocation (Rs.Mn)
1	Nuwara Eliya	96	-	151.56
2	Rathnapura	3	30	2.29
3	Ampara	12	-	20.00
4	Anuradhapura	3	-	4.49
5	Colombo	0	70	0.52
6	Gampaha	7	-	13.55
7	Badulla	1	-	2.00

8	Kurunagala	1	-	2.00
9	Matara	3	-	6.00
10	Matale	1	-	2.00
11	Kandy	6	-	4.80
12	Hambanthota	0	46	0.38
13	Galle	1	1	2.20
14	Kegalle	3	2	4.02
15	Trincomalee	0	21	0.16
16	Polonnaruwa	27	-	20.40
17	Puttalam	1	-	2.00
18	Kaluthara	1	-	1.60
Total		166	170	239.97

6. Establishing a Sports Museum

It is expected to construct a National Sports Museum in order to protect historical value of the sports for the sake of future generation by erecting a centre for preserving sports memorabilia. For this purpose ancestral home of honourable F.R. Senanayake, leader of Sri Lanka's Independent struggle is expected to be used. Renovation work there of is now being carried out.

Objective of the project

1. To raise awareness among the future generation about the history of sports, introducing scientific values of sports and glorifying the Sri Lankan symbol.
2. Conservation of sports related bibliography, trophies, cups and souvenirs of prominent athletes.
3. Elevate Sri Lankan talents to international level by establishing sports library, sports theatre, and an information centre with internet facilities through which sports persons can be provided with an opportunity to engage in self – studies on modern technological matters, sports laws & regulations, sports medical methodologies and on dangerous drugs.

4. It is also expected to develop the proposed National Sports Museum to the level of sports Information Centre in the South Asia in order to attract foreigners and provide them with hostel and sports facilities to engage in researches and educational activities on sports.
5. Establishment of a room with living size figures of those who excelled in the field of sports at international events.
6. Establishment of a sports data base with information in relation to the history of sports Associations, records established and other relevant data.

7. Proclamation of National Sports Day

06th Day of April each year is announced and celebrated island wide as the Sports Day to coincide with the International Sports Day proclaimed by the United Nations Organization during the course of which actions are being taken to stage traditional sports endemic to Sri Lanka, National Sports, recreational sports and adventure sports in various fields and to educate the entire community about the benefits and use of sports. Accordingly, the National Sports Day Festival was held on 06th of April 2015 for the first time under the auspices of the Hon. Minister of Sports at the Nuwara Eliya Race Course. Moreover under the theme of “A happy life through sport”, a series of programmes were implemented by the Ministry in collaboration with World Health Organization, the Ministry of Health, the Ministry of Education, the Ministry of Social Service, Public & Private Institutions in the Nuwara eliya District and the Nuwara eliya Municipal Council. A “Walk” was organized with the participation of Public Officers, School children, politicians and the General Public in the Nuwaraeliya District, to mark the “Sports Day”. About 2000 people participated in this event. In addition to this Mountain cycle races, Marathon races, Gymnastic shows and non-communicable disease clinics were also a part of the programmes on that day. The programme of physical Fitness for school was also started again.

8. Progress review meeting

Progress of the Ministry and other affiliated bodies were reviewed under direction Hon. Minister of spors on monthly basis according to the 2015 Action Plan. The Secretary reviewed the progress fortnightly. Accordingly, a significant momentum could be observed in implementation

of the development projects. At the end of every month, monthly progress reports of the Ministry of sports & other subsidiaries were prepared. The progress of the capital projects and the projects in excess of Rs. 50 million was submitted to the Ministry of Finance via e-mail on quarterly basis. Moreover, a comprehensive report containing the financial & physical progress of all development projects were submitted to the Department of National Planning and the Department of Budget.

9. Board of Survey activities

Four Boards of survey each comprising of 8 members engaged in the board of survey activities in 2015.

10. Submission of Report

- Action Plan for 2015 of the Ministry of sports was prepared and submitted to the Ministry of Finance & Planning
- Performance Report 2015 of the Ministry of Sports was prepared and submitted for tabling in Parliament.
- Submission of Audit Plan 2015 to the Auditor General's Department.

11. Welfare Activities

11.1 During the year 2015, the following programmes were implemented by the Welfare and Sports Society of the Ministry of Sports.

- ❖ The Buddhist sermon on the theme of let us begin the New Year with virtuous sentiments” - by Ven. Prof. Induragare Dhammarathana the Dean of the Faculty of Cultural Studies- Kelaniya University.
- ❖ Vesak Sermon-Rev. Naranbedde Ananda Sagara-12.05.2015
- ❖ Blood donation Camp-11.06.2015
- ❖ Fonterra products at subsidiary price
- ❖ Furniture and electrical items sale on easy payment terms by “Damro”
- ❖ Conducting “Dell” Laptop sales show by softlogic
- ❖ Introducing the services of Sri Lanka Insurance
- ❖ Introduction of Motor-Cycles of Hero Abans on easy bpayment terms

- ❖ Awareness programme for public officers to obtain loans from BOC
- ❖ Conducting a “Bodhi Pooja” event

11.2 Incidental loans/assistance to the member of the welfare and sports society of the Ministry of Sports.

A sum of Rs. 420,000/- has been provided to 43 members of the society, in the form of loans. A sum of Rs. 137,600/- has been granted in the form of medical assistance.

11.3 Conducting the 2015 Inaugural Festival.

The 2015 Inaugural Festival headed by the Hon. Minister of Sports, Dayasiri Jayasekara was held in collaboration with the Heads of associate institutions at the Ministry premises.

Achievements at International events - 2015

Competition	Event	Gold	Silver	Bronz
Asian Youth Athletic-Katar	400 Metre -Hurdlefemale	1	0	0
	400 Metre -Hurdle-male	0	1	0
	Triple jump	0	1	0
	High jump	0	1	0
	400 Metre relay	1	0	0
Doha Open International Boxing Campaign – Katar, Doha main City	weight lifting up to 91 Kg –weight heavy	0	1	0
	weight lifting 69 Kg –Welter	0	0	1
	weight lifting 81 Kg –light heavy	0	0	1
Asian Grand Prix-Bangkok	800 Metre (Female)	3	3	0
	4x100 Metre	0	1	1
	100 Metre	0	0	1
	High Jump	0	0	1
	Javelin Throw	0	0	1
	800 Metre (Male)	0	1	0
21 st Asian Athletic Championship-Wuhen	800 Metre (Female)	0	0	1
Thailand Open Athletics Championship	1500 Metre	1	0	0
	300 Metre	1	0	0
	Javelin	1	0	0

	1500 Metre	1	0	0
	400 Metre	0	1	0
	Long Jump	0	0	1
5 th Common Wealth youth sports Championship - Samoa	weight lifting	0	2	1
	High Jump	0	1	0
	400 m –hurdles	0	1	0
	Weight lifting	0	1	0
	Skquash	0	0	1
8 th Common Wealth Karate Championship – India, New Delhi	Karate	9	13	26
Thailand Junior Athletics Sports Championship	100 Metre	1	0	1
	Long Jump	1	0	0
	400 Metre	1	0	0
	Triple Jump	1	0	0
	400 Metre -Hiurdle	0	1	0
	4x400 Metre-Relay	0	1	0
	200 Metre	0	0	1
	400 Metre	0	0	1
25 th International Open Karate Championship- India, Thannur City	Karate	13	7	2
Asian Sports Athletics Championship- China,Wuwan	400 Metre (Male)	1	0	0
	300 Metre-Hurdle (Male)	1	0	0
	Triple Jump(Male)	1	0	0
	High Jump(Female)	1	0	0
	300 Metre-Hurdle (Female)	1	0	0
Common Wealth Weight Lifting Championship - Malaysia	Weight Lifting	1	1	1
Common Wealth Sports Championship- Glasgo	Weight Lifting	0	1	0
Malaysia Open Athletic Sports Championship-	Athletic	3	0	0
Total		45	38	42

National Sports Festival

The 41st National Grand Sports Festival was held at Diyagama Mahinda Rajapaksha Crounills in a grand way. Hereby, athlete W.P. Manjula Kumara representing the southern province came first in the High Jump event recording 2.19 metres. The best athlete (women) was N.C.D. Priyadharshani who set a new record of 6.43 metres in long jump representing the southern province.

Records kept at the 41st National Sports Festival

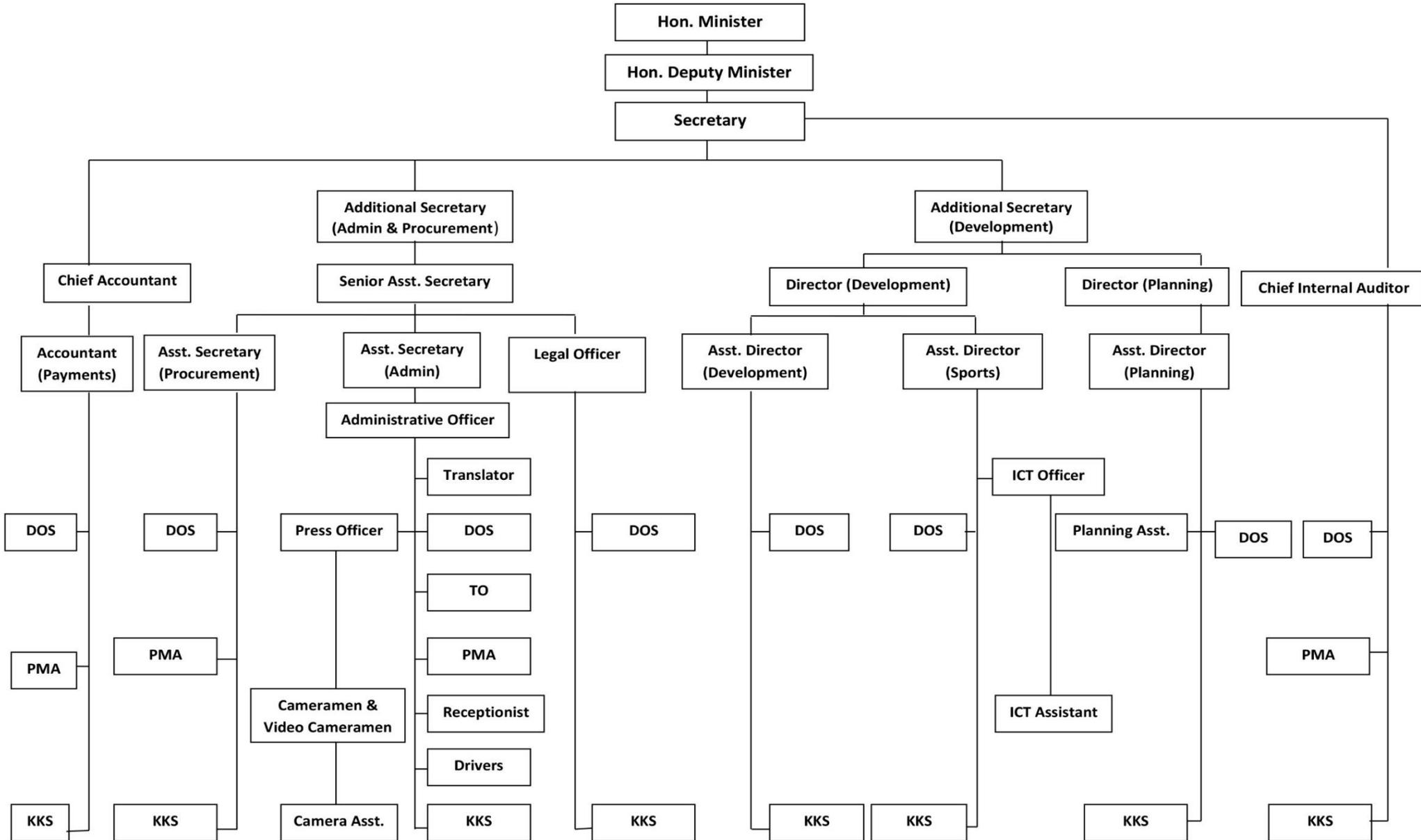
No	Sport	Event	Name of the Sportsman/woman	Province	Record	
01	Swimming (Male)	200m free stroke	K.P.S.P. De Silva	Central	1.59:91 Minutes	
02		200m butterfly stroke	K.P.S.P. De Silva	Central	2.12:11 Minutes	
03		1500m free stroke	I.M. Abeyrathna	Central	18.13:64 Minutes	
09	Swimming (Female)	800m free stroke	I.E Senarathne	Western	10.10:56 Minute	
10		400m free stroke	J. Silva	Central	4.59:84 Minute	
		Track & Field (Male)	5000 Metre	U.K.N .Rathnayake	Sabaragamuwa	16.50:67Minute
		Triple Jump (Female)		H.D.V. Lakshani	Western	12.98m
		Hammer Throw (Female)	P.K.A.A Madhuwanthi	Uwa	43.18m	

		Long Jump (Female)	N.C.D. Priyadarshani	Western	6.43m
		400 Metre- Hurdle (Female)	W.P.E.R. Dulakshi	Southern	59.51m
		200 Metre (Male)	M.V. Suranjaya	Southern	10.45m
		4x400 Metre Relay (Female)	P.G.N. Madushika G.T.A. Abeyrathna W.P.E.R Dulakshi W.K.L.A Nimali	Southern	3.43:98Minute

Distribution of medals for each province islandwide at the National Sports Festival

Province	Medal			
	Bold	Silver	Bronz	Total
Western	77	66	53	196
Central	47	33	57	137
North Western	26	27	34	87
Southern	21	23	36	80
North Central	16	20	37	73
Sabaragamuwa	12	24	31	67
Uwa	6	6	13	25
Eastern	5	5	9	19
Northern	1	2	6	9
Total				693

Ministry of Sports



National Institute of Sports Science

Vision

To become the prominent institute in Sports Education

Mission

To contribute for formulation of policies pertaining to Sports. To promote Sports Education in Sri Lanka through provision of Sports Education and performing Researches to develop the skills, capabilities, talents and knowledge of the Sports personnel

Objectives

1. Identification of present day requirements in the field of Sports and Designing, planning and implementation of courses to fulfill the qualifications required in Sports Education.
2. Implementation of Research Projects relevant to the development of the sports field.
3. Systematically updating and direction of the expertise necessary for the standardization of the development of Sports Education.

This institute was initiated in 1979 by the name “Sports School” and was established as the National Institute of Sports Science by a Special Parliamentary Act in 1996. It was under the Ministry of Sports and Youth Affairs and under the supervision of the Director General of the Department of Sports Development until the year 2005. It is functioning under the Ministry of Sports by now.

Being the pioneer institute in Sports Education in Sri Lanka, it contributes a great deal for the development of sports by providing knowledge to the society. Short-term and long-term strategies and plans of the National Institute of Sports Science have been aimed at the development of knowledge, attitudes & skills and updating them to achieve national and

international goals in sports and to ensure Sporty Lifestyles for every citizen of Sri Lanka by human resource development of the various levels of the sports.

Services Offered by the National Institute of Sports Science and the targeted groups

	Services	Targeted Groups
01	To conduct courses in Sports Science and other sports programmes.	Sports personnel, Sports Officers, Coaches, Physical Training Instructors
02	To maintain a Sports Information Centre.	All groups of the sports sector.
03	To provide infrastructure facilities required for sports.	All institutes relevant to the field of sports.
04	To conduct Physical fitness programmes.	General public and the government officers who are interested in participating in physical fitness programmes
05	To conduct examinations for promotions of officers in the sports sector.	Coaches and Sports Officers
06	To register Coaches in sports	All National Sports Associations

1. To conduct courses in Sports Science and other sports programmes.

National Institute of Sports Science conducts sports education programmes for Sports Officers, Coaches, sports personnel. Physical Training Instructors Officers of the defence services and voluntary sports coaches.

The courses and programmes conducted during the year 2015 are given below

	Course/Programme	Targeted group	No. of participants
01	Diploma in Sports – 2014/2015 Diploma in Sports – 2015/2016	Sports personnel in district level, Sports Officers, Physical Training Teachers in schools, Physical Training Instructors in defence services	76 – 2014/2015 57 – 2015/2016
02	Certificate Course in Sports Science (Level Programmes)	Sports Coaches	17- Athletics 26 – Whusu 46 – Boxing 34 – Weigh Lifting 44 – Athletics (Jumps)
03	Training programme for the Sri Lanka Navy Officers.	Physical Training Instructors of the Sri Lanka Navy	34
Courses and programmes conducted under the Sports Reengineering Project			

04	Certificate Course in Coaches' Skills Development - Netball	Netball Coaches	62
05	The programme to update the knowledge of sports- Athletics	Athletics Coaches	200
06	Certificate Course in Coaches' Skills Development - Rugby	Rugby Coaches	30
07	Physical Fitness Instructor Training Course –Third Batch	Physical Fitness Instructors, Physical Training teachers, General public who are interested in physical fitness.	50
08	Sports training and development programme for the Officers of the Youth Service.	Sports Training Officers of the National Youth Services Council.	40
09	Sports Training Programme for the provincial Sports Officers and Coaches.(Uva, Western, Central, Sabaragamuwa, Northern, Eastern, North-Western.	Provincial Sports Officers and Coaches.	Uva - 42 Western - 24 Central - 41 Sabaragamuwa - 51 Northern - 63 Eastern - 52 North Western - 51
10	Sports Skills Development Programme for School children. (Dikwella Central College and Poramadulla Central College)	School children	200 (100 children from each school)
11	Sports Training Programme for School teachers.	School primary teachers	78
12	Conducting of Daily Physical Fitness Programme	General public	209
13	Certificate Course in Coaches' Skills Development - Karate	Karate Coaches	100
14	Efficiency Bar examinations of Sports Officers and Coaches.	Sports Officers and Coaches	12



Certificates Awarding Ceremony – 2015

1.1 Diploma in Sports

Diploma in Sports is the major annual course which is conducted by the National Institute of Sports Science. Sports personnel in district level, Sports Officers, Sports Coaches, Physical Training teachers in schools, Physical Training Instructors of the defence service are the beneficiaries of this course.

Objectives

- To provide the necessary knowledge and the training for the Sports Officers, Coaches and Physical Training Instructor who are in service in the field of sports.
- To provide a firm background for the talented sports personnel who are willing to get a job in the field of sports.
- Make opportunity to become Coaches with the intention of promoting the sports facilities to every parts of Sri Lanka.

1.2 Certificate Course in Sports Science.

This course intended to empower the Coaches by providing the modern training techniques. The courses have already been conducted for seven sports (Athletics – Jumps, Sprint ; Boxing. Weight Lifting, Basketball, Badminton, Football and Wushu) by this year and they are provided with the updated knowledge and the techniques which is necessary to train athletes for the South Asian Games -2016.



Inauguration Ceremony headed by the Secretary to the Ministry of Sports

1.3 Training programme for the Sri Lanka Navy Officers'

This programme was conducted to update the sports knowledge of the Physical Training Instructors of the Sri Lanka Navy and 34 officers were participated.

1.4 Coaches Skills Development Course – Netball

This course was conducted with the intention of developing the knowledge and skills of the Netball Coaches in Sri Lanka and 62 Netball Coaches were participated.



A Training session of the Course

1.5 Workshop to update the Sports Knowledge – Athletics

This workshop was designed to update the knowledge of the Athletics Coaches who were registered with the National Institute of Sports Science. There were 2 Senior Lectures from the Shree H.V.P. Mandal's Degree College of Physical Education of Maharashtra, India were participated as the resource persons and 200 Coaches were participated for the workshop.



Coaches who were participated for the workshop receiving their certificates from the Senior Lectures of the Shree H.V.P. Mandal's Degree College of Physical Education of Maharashtra, India

1.6 Coaches Skills Development Course – Rugby

It has been identified that Rugby is a high potential sports in Sri Lanka. Therefore the knowledge, skills and capabilities of the relevant Coaches should be developed in order to promote Rugby in the island.

There were 30 Rugby Coaches were participated for the training programme focused on this object. The course was conducted for three months.

1.7 Physical Fitness Instructor Training Course.

As the present generation of Sri Lanka is very much interested in maintaining their body fitness, this course intended to provide them with knowledge, techniques and proper understanding. Physical Fitness Instructors, Physical Training Teachers and those who interested in body fitness were participated and the course was conducted for three groups. The total numbers of participants were 72 by the end of the year.

1.8 Sports Training and Development programme conducted for the Youth Services Officers.

This programme was conducted for the development of sports knowledge of the Officers of the National Youth Services Council and 40 officers were participated.

1.9 Training programme for the district Sports Officers and Coaches.

This programme was conducted in provincial basis to update the knowledge of the provincial Sports Officers and Coaches with the intention to promote sports in the relevant province. This programme was conducted in the provinces of Uva, Western, Central, Sabaragamuwa, Northern, Eastern and North-Western. There were total number of 324 Sports Officers and Coaches participated in these



The programme conducted for the Northern Province Sports Officers and Coaches.

1.10 Programmes conducted for the development of sports skills of school children.

This programme was implemented for the development of sports skills of school children to which 100 students from a selected school were participated. The students of Dikwella Central College and Poramadulla Central College were selected this year to develop their sports skills.



Programme conducted for the students of Poramadulla Central College.

1.11 Sports Training Programme for Primary Teachers in schools

This programme was conducted in order to develop the knowledge of sports which is necessary for the coordinating officers attached to the educational zones in the Ministry of Education and 78 officers were participated for the programme.

1.12 Conducting of Daily Physical Fitness Programme

The Daily Physical Fitness Programme has been conducted by the Physical Fitness Unit of the National Institute of Sports Science. Advisory services on the physical fitness maintenance and conducting physical fitness tests have been functioning in parallel to this programme. There are 209 persons who're interested in their body fitness were registered under this Physical Fitness Programme by this year.

1.13 Coaches Skills Development Course –Karate

This course was conducted aiming at developing the knowledge and skills of the Karate Coaches in Sri Lanka and 100 Karate Coaches were participated.

2. To maintain a sports information Centre.

The sports library of the NISS has been recognizes as the main Centre for providing sports information in Sri Lanka. Sports information can be obtained through the service of e-book, lending CD relating to sports, lending newspapers and books, providing sports resource

personal information, the service of e-Library Friend and the service of e-News Paper of the sports library.

There is an immense service rendered by this library to the field of sports in Sri Lanka and the actions have been taken to develop the library as an e-library. Preliminary steps such as preserving of the documents which are historical importance in the field of sports by using the new digital technology and bar code identification of all the books in the library in order to facilitate the lending service more effective and systematic etc. have been already taken to bring it to a reality.

3. To provide infra-structure facilities for the development of sports.

The NISS facilitates the institutes related to the sports and sports associations by providing lecture halls, examination halls, indoor stadium and auditorium for their activities such as workshops, seminars and examinations. NISS could be able to contribute a reasonably higher margin for the development of sports by providing facilities in such ways.

4. Conducting of physical fitness programmes.

Physical Fitness Advisory Unit (PFAU) of the NISS helps the general public by assisting them to maintain their body fitness. Conducting of theoretical lectures to maintain proper body fitness, conducting of practical activities and tests are functioning under the guidance of the PFAU. There are 209 members have already been registered for the daily physical fitness programme.

In addition to the daily physical fitness programme which is conducting for the general public, it conducts tailor-made physical fitness programmes on request of the govt. institutes.

5. To conduct Efficiency Bar examinations for the officers in the sports service.

Efficiency Bar examinations for the promotion of the Sports Officers of the Sports Service and sports Coaches have already been held successfully by this year too.

6. To register Sports Coaches.

The prominent task of identification of all Sports Coaches in every field of sports in Sri Lanka for the purpose of registering them and updating their knowledge and skills for their

development have been conducting by the NISS. Registration and issuance of registration certificates for the expert Coaches as well as the Coaches who are qualified by the completion of the skills development programme conducted by the NISS have also been enrolled into this registration programme. This programme was successfully completed for eight sports, i.e. athletics, football, volleyball, swimming, badminton, judo netball and rugby by now.

The progress of physical, human and financial resources of the NISS.



The new Sports Minister addressing the progress meeting of the NISS.

Physical Resource

Sports instruments which are necessary for the academic activities of the courses conducted by the NISS and office equipment and furniture required for the office usages were purchased during this year.

Human Resource

NISS has taken steps to enhance the overall efficiency of the institute by DEVELOPING knowledge, skills and capabilities of the staff. Accordingly the programs and training courses of which staff members participated have been given below.

Course	Duration	No. of Participant
Workshop on Library Research Methodology	01 day	01
Workshop for the development of Infra- Structure facilities in sports (China)	20 days	03
Digital Library and Knowledge Management Course (India)	02 Month	01

Financial Resource

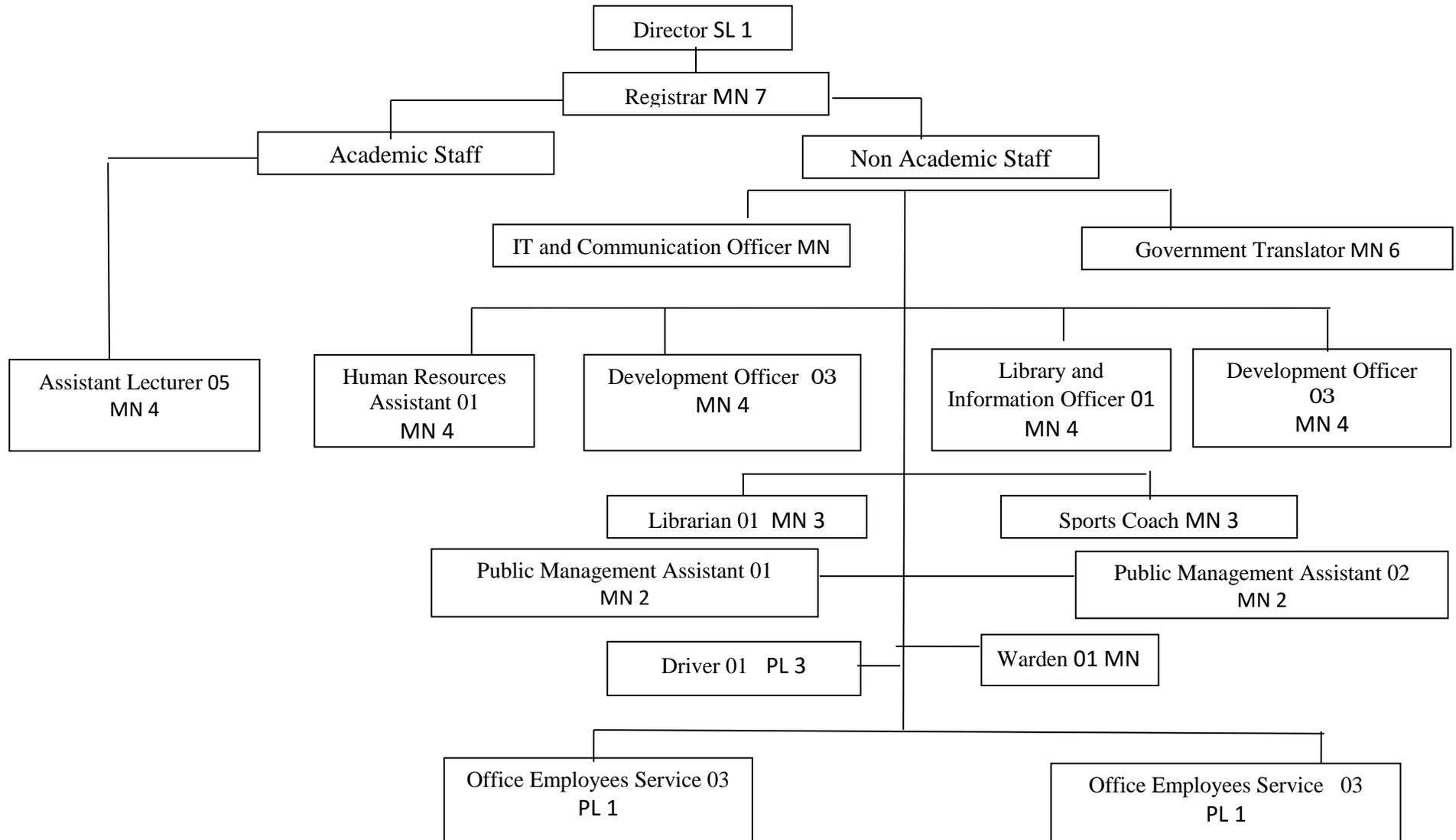
The financial contributions to the Consolidated Fund by the NISS up to September, 2015 are as follows:

	Subject	Year 2015 Rs. (Millions)
1	Course fees	0.71
2	Coaches Skills Development programme	1.10
3	Reservation of lecture halls	0.67
4	Membership fee of the Physical Fitness Advisory programme.	0.47
5	Hostel fee	0.34
	Total	3.29

Information on Approved and Actual Carder of the NISS, 2015

Designation	Category	Salary Scale	No. of Posts		
			Approved Cadre	Actual Cadre	Variation
Director	Senior Level	SL 1	01	01	-
Registrar	Tertiary Level	MN 7	01	01	-
Government Translator	Tertiary Level	MN 6	01	01	-
IT and Communication Officer	Tertiary Level	MN 6	01	01	-
Assistant Lecturer	Secondary Level	MN 4	05	04	01
Human Resources Assistant	Secondary Level	MN 4	01	01	-
Library and Information Officer	Secondary Level	MN 4	01	01	-
Development Officer	Secondary Level	MN 4	06	06	-
Librarian	Secondary Level	MN 3	01	01	-
Sports Coach		MN 3	01	0	01
Public Management Assistant	Secondary Level	MN 2	02	01	01
Warden	Secondary Level	MN 1	01	01	-
Driver	Primary Level	PL 3	01	01	-
Office Employees Service	Primary Level	PL 1	06	05	01
			29	25	04

National Institute of Sports Science
Organizational Structure



Institute of Sports Medicine



This is the only Institute in Sri Lanka which is established to facilitate the physical and mental health of all Sri Lankan sports personnel and to prevent them from various kinds of diseases.

This was established in 1991 as a Sports Medicine Unit and it was renewed as Institute of Sports Medicine on 2006. Our Institute delicate to give the service to all Sri Lankan athletes starting from school level to reach national and international targets.

Accordingly our,

VISION

To be the hub of Sports Medicine in Sri Lanka to promote physical and mental wellbeing of athletes

MISSION

Provision of medical facilities required for the upliftment of the sports talent of the Sri Lankan Sportsmen and women with view of bringing to an International Level through sports.

The objectives of the unit are:

- (1) To improve the health and physical fitness of all sports persons to bring them to a level where they can become a strong sporting nation in Asia.
- (2) To help in the talent Identification process, especially using modern technology.
- (3) To make every effort to safeguard natural talents nurtured in to their full potential without being abused at the school level.
- (4) Conduct pre participation medical examinations on each and every athlete who has a potential career and early identification of problems and get remedial measures.
- (5) Maintain a database of all national level athletes.
- (6) Continuous monitoring of physical qualities of athlete by doing a physical test battery and take or guide to take appropriate measures.
- (7) Continuous monitoring of nutritional status of athletes and help them to maintain adequate nutrition.
- (8) Make awareness of importance of healthy mind in winning sports.
- (9) Continuous education throughout the country for all athletes, coaches parents and sports administrators in preventing injuries, importance of maintain sound nutritional and psychological status.
- (10) While being the hub for sports medicine with all the modern technology and expertise, takes steps to establish sports medicine departments in each every provincial and district hospital to better serve the sports person.
- (11) Conduct educational programs to coaches, sports trainers and medical assistants about best practices of sports first aid.
- (12) Provide sports first aid facilities to all National and International sporting events in keeping with international standards.
- (13) Encourage and facilitating everyone to take up sporting activities in every folk of life to make sports culture in Sri Lanka and their by fighting against growing non communicable diseases.
- (14) Doing research in the field of sports to make sure every sector in sports maintains best practices.

To fulfill objectives, we have given the services through the following on 2015.

1. Clinical Services

- Emergency Treatments
- Medicine
- Physical Therapy - Physiotherapy
 - Sports Massage therapy
 - Acupuncture
- Strength and Conditioning
- Sports Psychology
- Provision of Medical Facilities – National and International Tournaments
- Medical Clinics – for different specialties

2. Sport Science

- Nutrition
- Movement Science
- Physiology
- Sports Fitness
- Cardio Respiratory Fitness Tests
- Medical Evaluations
- Researches

3. Educational Services

- Athletes/Coaches
- Parents/Public
- Certificate Course in Masseur and Physical Therapy Assistant
- Training programs and workshops for the officials and staff members in the ISM

Registration of Athletes

All athletes who are coming to get the treatments should be registered in our Institute. Athletes, who are in the national pools, should have their “Sports Diary” and it is compulsory to bring it to the Institute when they are coming for the treatments. Athletes, who are not in the national pools, should provide their registration number to take his/her medical history from the record room.

Accordingly, registrations were done as follows on this year (From January- September 2015).

Month	Newly Registered	Earlier Registered		Total
		National Pool	Non-National Pool	
January	132	84	301	517
February	168	119	258	545
March	168	106	385	659
April	182	130	324	636
May	190	103	298	591
June	276	147	337	760
July	207	99	383	689
August	181	208	333	722
September	105	144	205	454
October	187	202	289	678
November	175	350	255	780
December	166	172	110	448

Medical Treatments and Emergency Care Unit

Medical facilities and Medical Consultation will be provided for national level and school level athletes, coaches and for the staff personnel in Ministry of Sports. Other than this we are providing the first aid and medical coverage for national and other sports festivals in all around Sri Lanka

Following are the statistics of Emergency Treatments and Medical Services given by the Institute of Sports Medicine on this year (From January - December 2015).

Category of the Treatment	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Emergency Care Treatments	15	12	12	12	12	17	15	14	18	37	19	17	200
Normal treatments	16	13	37	08	14	19	49	18	27	32	47	26	306
Clean and Dressing	26	27	28	24	19	34	27	37	43	38	23	21	347
Suturing and Suture Removal	01	02	01		01	01	01	02	02	02	01	01	15
Medication	28	76	118	52	56	88	83	113	158	243	226	78	1319
Nebulization	01		02			02		01	01	01	02	01	11
Parenteral administration of Medication –IM/IV/SC	02	02	08	02	03	15	12	13	03	21	24	03	108
Medical Examinations	-	20	120	54		06	12	04		04			220
Transfers	01	01	02	01	01	01			01	02		01	11
Total	90	153	328	153	106	183	199	201	253	380	342	148	2537

Sports Physiotherapy and Rehabilitation

Institute of Sports Medicine, Physiotherapy Unit will give the treatments for national pool athletes, junior national pool athletes and school athletes.

The services given by the Physiotherapy Unit are as follows.

1. Investigate the disabilities and injuries of the athletes.
2. Giving treatments according to the injury
3. Introduction of essential exercises, which will be help to cure the injuries
4. Introducing exercises to keep the physical fitness according to the sports events.
5. Creation and introduction of long period exercise schedules for different athletes.
6. Emphasize the athletes to visit the rehabilitation unit again and again to check whether they have improved or not and to check their fitness and ability play again as previously.

Most of the sports personnel visited Rehabilitation Unit are playing athletics.

	Jan	Feb	Mar	Apr	May	June	July	Aug
Total no. of Players (Male)	153	100	164	134	100	122	91	56
Total no. of Players (Female)	61	49	66	54	51	70	60	30
Total no. of Players	214	149	230	188	151	192	151	86
Average no. of Sessions per day	09	13	22	10	21	23	13	08
Total no. of Sessions	251	277	463	303	414	381	272	122

Sport	Jan	Feb	Mar	Apr	May	June	July	Aug	Total
Athletics - Running Events	29	31	29	24	24	30	25	13	205
Shot Put			02			01			03
Javelin Throw		01	01	01	02	05	04	1	15
Disc Throwing			01			01		1	03
Jumping - Long Jump		02	04	02	02	06	03	2	21
High Jump		01				02	01		04
Triple Jump		01	02	03	03		02	3	14
Pole Vaulting						01			01
Archery		01			01	04	02	3	10
Base Ball	01	02	03	03	01	04	02		16
Badminton	08	10	13	02	05	05			43
Basket Ball	02	05	09	03	03	07	08	2	39
Boxing	05	01	02		02	04	02	2	18
Beach Volley Ball	02	01	01	02	02				08
Body Building		01							01
Cricket	21	22	25	14	08	15	18	13	136
Elle					01	01	01		03
Foot Ball	03	08	08	01	02	02	04	4	32
Fencing	02	04	01		02	03			12
Gymnastic		01	02	03	02	01	01	1	11
Hockey	01	02	06	03		04			16
Hand Ball	02	02	01	01	03	01	01		11
Judo		01	01	01	01	03	02		09
Karate		02	21	23	02	07	09	2	66
Kabaddi			03	01	02			1	07
Net Ball		02	10	13	16	18	09	2	70
Rowing	02	01	01	05	07		06	3	25
Rugby	30	31	47	41	44	47	30	20	290
Shooting		01	02	01				1	05
Swimming		01	03		01	05	04	2	16
Squash			02						02
Soccer		01							01
Taekwondo		01	02	03	01		01	1	09
Table Tennis	01	02	03	01		01	02		10
Tennis		01	02	03			01		07
Throw Ball						04			04
Volley Ball	02	02	09	11	08		03	4	39
Weight Lifting			04	05	02	03	01	1	16
Wrestling	02	02	01	07	03	18	01		34
Wushu	02		01	01			01		05
Total	115	144	222	178	150	203	144	82	1238

Sports Nutrition and Consultation Unit

Our Institute is providing different kinds of services to maintain an optimum national status of all the athletes.

Accordingly, this unit will measure the nutritional status of all national level athletes. Under that we are giving a record to all athletes according to the sports event that they are playing. This record includes the necessary nutrients and meals the athlete should have to gain the optimum nutritional status. Other than this we emphasize them to visit the ISM and to collect the common diet plan, which is made by considering their training and daily food intake.

On this year from the month of January up to date, we have done several nutritional assessments like this and issued the diet plans. Other than this, we have done nutritional assessments for the athletes those who are not in the national pools on their requirement.

This unit will issue the separate diet plans for the athletes, when they are on foreign tournaments.

We will conduct workshops and seminars regarding sports nutrition for the national pools. Some of these workshops and seminars are sponsored by different companies. Other than this, we are conducting these kinds of workshops in schools also, to gain an optimum nutritional status in school athletes.

- Nutritional Assessments
 - ✓ February – National Sailing Pool
National Shooting Team
 - ✓ April – National Net Ball Team
 - ✓ July – National Boxing Team

- Issuing Diet Plans (Individual and Common Diet Plans)
 - ✓ January – Issued individual diet charts for 11 sports personnel
 - ✓ February – National Athletic Pool
Army Athletic Pool

- ✓ May – Issued diet plans for 13 swimmers in Nalanda College, Colombo
- ✓ July – National athletic Pool
- ✓ November – New Athletic pool
- ✓ December – Army Wushu Pool

- Lectures, Workshops and Seminars
 - ✓ January – For the undergraduate students in University of Wayamba
 - ✓ February – For the undergraduate students in University of Sri Jayawardenepura
 - ✓ March – For the National Boxing Team
 - ✓ April – For the Rowing players in Royal College, Colombo
 - ✓ May – Sports officers in Department of Sports Development
 - ✓ June – Army Net Ball Team
National Badminton Players
 - ✓ July – Conducted a Nutritional Work shop with the Nutrition Society of Sri Lanka
 - ✓ August – For the Officers serving in the Army Sports Medicine Unit
 - ✓ September - Netball players at Rathnavali Balika Vidyalaya, Gampaha
 - ✓ October – National Cycling pool
 - ✓ December – Women Cricket Team
Undergraduates of University of Wayamba

Sports Fitness Assessments

- Number of Cardio Respiratory Fitness Tests (VO₂ Max Tests) done

This Year we have conducted 21 VO₂ Max tests.

➤ **Physical Fitness Tests**

Month	Sport /Pool	No. of Players
January	Net Ball (Army)	28
February	Foot Ball (Men) Sailing Shooting Army Net Ball	28 19 23 28
March	Basket Ball Power Lifting	15 08
April	Shooting (Army)	14
May	Foot Ball (Men) Net Ball (Men)	29 20
June	Net Ball Army Net Ball	13 21
July	Foot Ball	23
August	Rugby Archery Life Saving	16 19 01
September	Net Ball (Army) Net Ball (Junior)	19 18
October	Volley Ball (Men) Kabaddi (Men) Kabaddi (Women)	18 26 24
November	Cycling (Men) Cycling (Women)	14 13
December	Badminton	23
Total		460

Supply of Nutritional Supplements and Vitamins

Institute of Sport Medicine will issue various kinds of vitamins, drugs and nutrients to the athletes.

Following table shows the details and number of soma drugs issued only for athletes.

Month	Calcivita (cap)	Vitamin E (cap) 400mg	Vitamin E (cap) 200 mg	Guardian (cap)	Creatine (g)	Gatorade	Forceval (cap)	Total
January	2197	1615		2441	7175	01		13429
February	2045	2370		3360	1700	-		9475
March		2685		3360				6045
April	3038	2340		4328	10500			20206
May	1440	950		1177				3567
June	4176	3606		4336				12118
July	2010	1342		790		28		4170
August	3480	2580		3870	5550	20		15500
September	3975	3570		3960	1810		1270	14585
October	3260	2640		2545	1410	01	1730	11586
November	3890	2370	630	2780	8800	10	4925	23405
December	6040	2665	5760	6610	2100	10		23185
Total	35551	28733	6390	39557	39045	70	7925	157271

Sports Massage Therapy

This unit gives the service to all the athletes, those who are in national level, district level, sports associations, clubs and schools. Accordingly, our staff members will give the massaging treatments for all kinds of sports personnel after prescribed by the doctor

Sport	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Total
Athletics- Running Events	13	52	65	46	68	60	110	35	21	48	32	33	583
Shot Put					04			01					05
Javelin Throw					08			03			02		13
Disc Throwing								02		01			03
Jumping-Long Jump		01						01			01		03
High Jump								02		04			06
Triple Jump								01		01			02
Pole Vaulting							05				05		10
Archery	06	02	06	06	11	09	01	08	07	07	05	03	71
Base Ball			01						04	01	01		07
Badminton	03	08	18	11	15	17	02	12	19	19	18	14	156
Basket Ball	02	01	02	05	04	08	11	04	05	02	01	04	49
Boxing	04					07	03		03	02		01	20
Beach Volley Ball		10			03			05		07			25
Body Building		02			08								10
Cricket		17	29	10	13	27	35	30	19	13	20	12	225
Cycling								08				01	09
Foot Ball	01	02	06	04	09	06	03	08	08	07		01	55
Fencing	04	03		02	02	03		02	06	02		01	25
Gymnastic		02	07		06			12	06	02	03	02	40
Hockey			02	07	03	01	06	04	02	02	04	01	32
Hand Ball		03								04	01		08
Judo			03					04		03	06		16
Karate		01	02	06		03	04	02		08	10		36
Kabaddi							05	01			10	05	21
Net Ball	02	03		11	28	19	15	01	24	13	29	01	146
Power Lifting	02		02		06			02					12
Rowing						01		03	06				10
Rugby	11	15	11	12		16	21	23	09	23	26	08	175
Shooting								03	01	07		01	12
Swimming			05	07		02	05	08	05	03	03	04	42
Squash		02				05		01	03	03	02	03	19
Soccer	01							02					03
Sepaktakraw	01												01
Taekwondo						06		04	05		02		17
Table Tennis		01						05			01		07
Tennis			01	03			02	05	02	02			15
Volley Ball	01		02	06		12	08	02	04	10	04	04	53
Weight Lifting			01	04		02	03	03	04	03	03	02	25
Wrestling	01	01	04					07	12	14	36	23	98
Wushu		01		04			02	05	06	02	05	09	34
Total	52	127	167	144	188	204	241	219	181	213	230	133	2099

Sports Events Coverage

Some of the Medical Coverage provided by ISM for National Events/ Tournaments from January – December 2015

- ✚ 15th Senior Archery Nationals
- ✚ Cricket - Bangladesh Tour of Sri Lanka (Under 19)
- ✚ A Youth net Ball Tournament Conducted by the Net Ball Federation of Sri Lanka
- ✚ Sri Lanka Tennis Association – ITF Men’s Future Tournaments
- ✚ Western Province Cross Country Race 2015
- ✚ Shothokhan Karate Do Championship
- ✚ Sri Lanka Vs Bhutan – Asian Qualifier Tournament for FIFA World Cup
- ✚ 25th Anniversary of the Japan Karate Association and the 11th Karate Championship
- ✚ XVI National Festival
- ✚ 29th Youth Volley Ball Tournament
- ✚ New Year Festival 2015 at SLRC
- ✚ Sri Lanka Cricket – Tour of Pakistan “A” Women Team & West Indies Women Team
- ✚ National Cadet Wrestling Tournament
- ✚ Colombo Zonal School Sports Festival 2015
- ✚ Sri Lanka Tennis Association – 100th Colombo Championship 2015
- ✚ 26th Youth Festival
- ✚ 10th Shukokai Karate Championship
- ✚ 85th John Tarbett Senior Athletic Championship 2015
- ✚ SLMA Health run and Walk 2015
- ✚ Kreedha Shakthi Program
- ✚ Sri Lanka Tennis Association – Davis Cup
- ✚ Lanka Tiles Marathon 2015
- ✚ 3x3 Basket Ball Tournament for U 15 girls and boys schools
- ✚ 5th Common Wealth Youth Games 2015

Other than this ISM provided Medical Coverage for training sessions and selection tests of National Pool athletes.

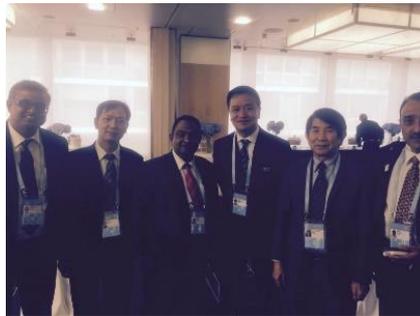
International Medical Coverage – From January to December 2015

	Tournament & the Country	Month	Officers Attended
1	Foot Ball (Women) Olympic Qualify Round – Rio 2016, Myanmar	March	Ms. Ganga Jayesundara
2	AFC Under 14 Girls (Foot Ball) Regional Championship 2015, Nepal	April	Ms. Saumya Dharshani
3	21 st Asian Championship 2015 - China	May	Dr. Dhammika Senanayake Mr. Nimal Jayarathne
4	18th Asian Senior Men’s Volley Ball Championship 2015 – Iran	July	Mr. Kapila Ruwan
5	World Net Ball Championship 2015 – Sydney, Australia	August	Dr. Lal Ekanayake
6	*Asian Seven Series Rugby Tournament - China *5 th Common Wealth Youth Games 2015 – Samoa *Common Wealth Karate Do Championship 2015 – India *Asian Karate Do Championship 2015 – Japan *AFC U – 16 Championship India 2016 Qualifiers – China	September	Ms. Iresha Kumari Mr. Waruna Priyashantha Dr. Pradeep Kiriella Dr. Pradeep Kiriella Dr. Lal Ekanayake
7	*Asian Seven Series Rugby Tournament – Japan *Asian Seven Series Rugby Tournament – Hong Kong *13 th World Wushu Championship 2015 – Indonesia	November	Ms. Thilini Jayewardene Ms. Thilini Jayewardene Dr. Pradeep Kiriella
8	* Asian Junior Net Ball Championship – Hong Kong	December	Dr. Daminda Attanayake

Details of the officers in Institute of Sports Medicine, who are attended for International Conferences, Training Programs and Seminars.

1. May 2015

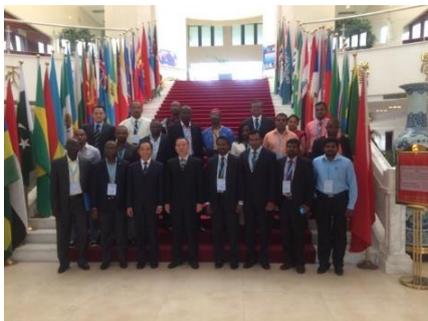
3rd Foot Ball Medicine Conference & 65th International Foot Ball Federation Congress – Zurich, Switzerland – Dr. Lal Ekanayake



2. June 2015

* IAAF Physiotherapy Seminar and Work shop – Jakarta, Indonesia – Dr. Dhammika Senanayake

* Work shop on Maintenance and Management of sports facilities in developing countries – Beijing, China – Dr. Lal Ekanayake



3. August 2015

International Training Program on “ Skill Development & Employment Generation”(Under the ITEC/SCAAP Program – India – Ms. Wathsala Madhavi Dharmasiri



4. December 2015

5 th AFC Medical Conference 2015 - New Delhi, India

Dr. Lal Ekanayake

Dr. Dhammika Senanayake

Dr. Daminda Attanayake

Ms. Sarojani Mangalika

Researches and Publications

- Ceylon College of Physicians Annual Session submitted a research preliminary finding in Cardio Vascular Adaptation in long distance runners.
- Currently writing a Research Proposal for Foot Ball and Rugby players
- Assessing standard physical fitness of Sri Lankan sport personnel through creating a scientific data base on physiological, physical and nutritional characteristics.
- “Macronutrients adequacy of elite Sri Lankan swimmers” – Research paper presented in the International Conference on Multidisciplinary Approaches (ICMA 2015) in the University of Sri Jayewardenepura.

- Effects of exercise induced hypo hydration on skill related fitness performance among elite Badminton athletes' exercises in hot and humid conditions. (Pending for the Ethical Clearance)
- The relationship of finger-hand-wrist dimension and Anthropometry on wrist joint active range of motion among spin and fast bowlers.
- Anthropometric and physiological characteristics of Sri Lankan national level cricketers recognizing role specific physical and fitness profile.
- Comparison of Anthropometric physiological characteristics of Sri Lankan junior and senior female Foot Ball players
- Comparison of physical fitness characteristics of National level Basket Ball and Foot Ball players.
- Physiological testing measurements has been started to find out the Endurance capacity and the blood lactic tolerance of the long and short distance runners.
- An assessment of dietary supplement intake, nutrient intake, energy balance, hydration states and knowledge, attitudes and practices in relation to nutritional issues of sports personal of Sri Lanka.
- Estimate the nutritional knowledge of school athletes and coaches. (Conducted with the Ministry of health and Ministry of Education)
- Abstract on "Usage of nutritional supplements by national level athletes in Sri Lanka" was selected for Poster presentation of 9th Asia Pacific Conference on Clinical Nutrition (APCCN) 2015 from 26th – 29th January 2015 at Malaysia.

This Year we purchased following equipment and Medical instruments.

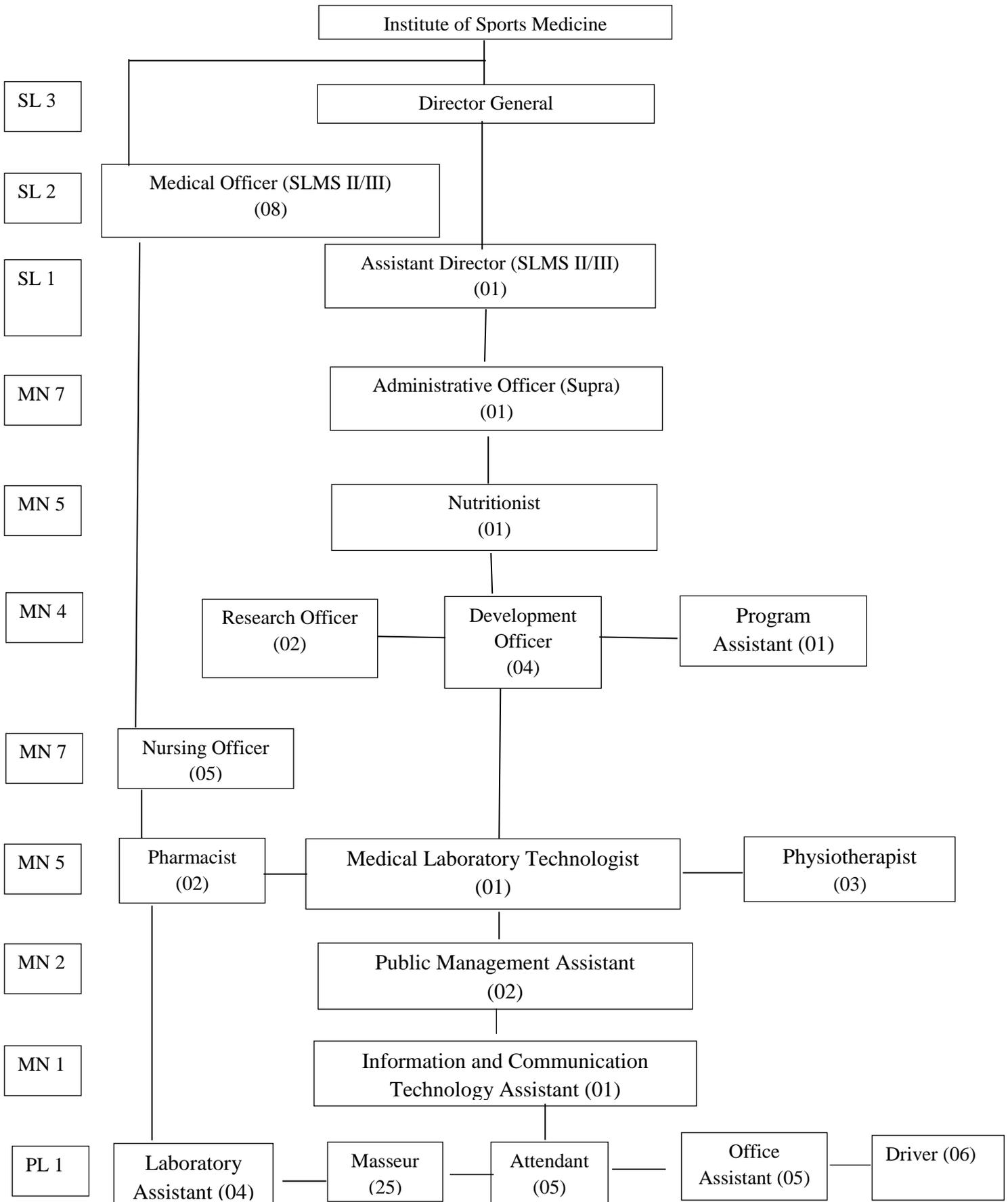
Kettle Ball 4kg,8kg,12kg,16kg	- 02,02,02,01
Posture Mirror	- 02
Static Bicycle (Fysiomed)	- 02
X-ray Illuminator	- 01
Stairs with handle	- 01
Mini Trampoline	- 02
Foam Roller	- 03

Human Skeleton	- 01
Massage Beds	- 04
Dressing Drums	- 02
AED	- 01
Spine Board	- 01
Head Immobilizer	- 01
Foot Sucker	- 01
Small Trolley	- 01
Dressing Trolley	- 01
First Aid Box	- 02
Olympic Weight Set 1kg, 2.5kg, 5kg, 10kg, 15, 20kg, 25kg,	- 46, 20, 24, 22,06,22,14
Olym Bar (Iron)	- 01
Squat Machine & Scot Rack	- 01
Hamstring Curl Bench	- 03
2 TB External HDD	- 02
Canon IR 2002N Copier	- 01
Kaspersky Virus Guard – 3 User	- 06
Desktop Computers	- 05
Printers	- 03
Bed Sheets	- 40
Bath Towels	- 30
Face Towels	- 20

Following changes of the staff personnel has been done to the Institute of Sports Medicine during this year.

Job Title	Transfers from the ISM	Recruitments / Transfers to the ISM
Drivers	02	02
Physiotherapist	01	

Organizational Structure



Approved Cadre of the Institute of Sports Medicine

Designation	Approved Cadre	Operational Cadre	Vacant	Excess
Director General	01	01	-	
Medical Officer	08	05	03	
Assistant Director	01	-	01	
Administrative Officer	01	-	01	
Nursing Officer	05	02	03	
Physiotherapist	03	01	02	
Pharmacist	02	01	01	
Medical Laboratory Technologist	01	-	01	
Research Officer	02	03	-	01
Nutritionist	01	-	01	
Program Assistant	01	01	-	
Development Officer	04	04	-	
Public Management Assistant	02	-	02	
Information and Communication Technology Assistant	01	01	-	
Driver	06	04	02	
Masseur	25	20	06	
Laboratory Assistant	04	04	-	
Attendant	05	05	-	
Office Assistant	05	05	-	

Expenditure

Ministers Office's

Object Code	Category / Object Title	provision	virman No	Additional allocatins	virman 66 +	virman 66 -	FR. 66	Net Provision	Actual Expenditure	Balance-2014-12-31	%
	Personal Emoluments										
1001	Salaries and Wages	10,912,000					0	10,912,000	10,141,145	770,885	7.1
1002	Overtime and Holiday Pay	2,167,000			350,000		350,000	2,517,000	2,397,132.73	119,867.27	4.8
1003	Other Allowances	9,433,000			18,000		18,000	9,451,000	9,450,707.31	292.69	0.0
		22,512,000			368,000	0	368,000	22,880,000	21,988,985.04	891,014.96	
	Traveling Expenses										
1101	Domestic	1,333,000					0	1,333,000	875,312	454,688.00	34.1
1102	Foreign	3,117,000	336		1,500,000		1,500,000	4,617,000	4,189,747.86	427,252.14	9.3
		4,450,000			1,500,000	0	1,500,000	5,950,000	5,068,059.86	881,940.14	
	Supplies										
1201	Stationery and Office Requisites	1,233,000					0	1,233,000	864,310.14	368,689.86	29.9
1202	Fuel	10,390,000				368,000	-368,000	10,022,000	8,391,250.76	1,630,749.24	16.3
1203	Diets and Uniforms	-					0	0	-	0.00	
1205	Other	400,000						400,000	19,120.00	380,880.00	
		12,023,000			0	368,000	-368,000	11,655,000	9,274,680.90	2,380,319.10	
	Maintenance Expenditure										
1301	Vehicles	10,167,000	101		4,000,000		4,000,000	14,167,000	13,908,546.40	258,454.60	1.8

1302	Plant, Machinery and Equipment	633,000					0	633,000	11,440.00	621,600.00	98.2
1303	Buildings and Structures	433,000					0	433,000	227,205.00	205,795.00	47.5
		11,233,000			4,000,000						
	Contractual Services										
1401	Transport	1,400,000					0	1,400,000	471,492.67	928,507.33	66.3
1402	Postal And Communication	2,168,000					0	2,168,000	1,408,339.85	759,660.15	35.0
1403	Electricity & Water	833,000					0	833,000	38,894.63	794,105.37	95.3
1404	Rents And Local Taxes	-					0	0	-	0.00	
1405	Other	5,000,000					1,500,000	3,500,000	1,802,152.24	1,697,847.76	48.5
		9,401,000			0	1,500,000	-1,500,000	7,901,000	3,720,879.39	4,180,120.61	
	Personal Emoluments	22,512,000			368,000	0	368,000	22,880,000	21,988,985.04	891,014.96	3.9
	Other Recurrent Expenditure	37,107,000			5,500,000	1,868,000	3,632,000	40,739,000	32,210,771.55	8,528,228.45	20.9
	Recurrent Expenditure	59,619,000			5,868,000	1,868,000	4,000,000	63,619,000	54,199,756.59	9,419,243.41	14.8
	Rehabilitation and Improvement of Capital Assets						0				
2001	Buildings Structures	1,533,000					0	1,533,000	1,123,849.63	409,150.37	26.7
2002	Plant , Machinery and Equipment	333,000					0	333,000	-	333,000	100.0
2003	Vehicles	2,500,000					0	2,500,000	2,485,472.13	14,527.87	0.6
		4,366,000			0	0	0	4,366,000	3,609,321.76	756,678.24	

	Acquisition of Capital Assets						0		11,188,016.47	1,478,983.53	
2101	Vehicles	7,000,000					0	7,000,000	6,858,849.46	141,150.99	2.0
2102	Furniture and Office Equipment	3,000,000					0	3,000,000	2,874,289.46	125,710.54	4.2
2103	Plant , Machinery and Equipment	2,667,000					0	2,667,000	1,454,878	1,212,122.00	45.4
		12,667,000			0	0	0	12,667,000	3,609,321.76	756,678.24	-
		17,033,000		0	0	0	0	17,033,000	14,797,338.23	2,235,661.77	13.1
	CAPITAL EXPENDITURE	76,652,000.00						80,652,000	68,997,094.82	11,654,905.18	

02. A 02. Administration and Establishment Services

Object Code	Category / Object Title	provision	virman No	Additional Allocatins	virman 66 +	virman 66 -	FR. 66	Net Provision	Actual Expenditure	Balance-2015-12-31	%
	Personal Emoluments										
1001	Salaries and Wages	21,760,000					0	21,760,000	20,548,667.04	1,211,332.96	5.6
1002	Overtime and Holiday Pay	1,200,000	544		900,000		900,000	2,100,000	1,519,768.04	580,231.96	27.6
1003	Other Allowances	19,900,000	1048		85,000		85,000	19,985,000	19,983,798.74	1,201.26	0.0
		42,860,000		-	985,000	-	985,000	43845,000	42,052,233.82	1,792,766.18	
	Traveling Expenses										
1101	Domestic	500,000					0	500,000	465,980.12	34,019.88	6.8
1102	Foreign	2,000,000					0	2,000,000	1,547,154.95	452,845.05	22.6
		2,500,000		-	-	-	0	2,500,000	2,013,135.07	486,864.93	
	Supplies										
1201	Stationery and Office Requisites	3,000,000					0	3,000,000	2,989,834.78	10,165.22	0.3
1202	Fuel	4,500,000					0	4,500,000	2,590,956.65	1,909,043.35	42.4
1203	Diets and Uniforms	100,000					0	100,000	59,572.50	40,427.50	40.4
1205	Other	-									

	Maintenance Expenditure							7,600,000	5,640,363.93	1,959,636.07	
1301	Vehicles	4,600,000	1048		1,400,000			6,000,000	5,968,956.47	31,043.53	0.5
1302	Plant, Machinery and Equipment	500,000					1,400,000	500,000	398,530.27	101,469.73	20.3
1303	Buildings and Structures	500,000					0	500,000	426,281.33	73,718.67	14.7
		5,600,000			- 1,400,000		- 1,400,000	7,000,000	6,793,768.07	206,231.93	
	Contractual Services										
1401	Transport	1,500,000		-		0	1,500,000	1,453,489.66	46,510.34	3.1	
1402	Postal And Communication	1,500,000				0	1,500,000	1,453,489.66	46,510.34	3.1	
1403	Electricity & Water	10,500,000				0	10,500,000	6,461,184.20	4,038,815.80	38.5	
1404	Rents And Local Taxes	5,000,000				0	5,000,000	0.15	4,999,999.85	100.0	
1405	Other	58,390,000	1048	- -	6,385,000	-6,385,000	52,005,000	32,783,797.62	19,221,202.38	37.0	
3	Custom duty	700,000				0	700,000		700,000.00		
4	Publications	3,000,000				0	3,000,000		3,000,000.00		
5	International Games NOC	43,790,000			6,385,000	-6,385,000	37,405,000		37,405,000.00		
6	Conference	1,700,000				0	1,700,000		1,700,000.00		
7	Staff Training	700,000				0	700,000		700,000.00		
8	Other	8,500,000				0	8,500,000		8,500,000.00		

		76,890,000		-	-	6,385,000	6,385,000	70,505,000	42,089,566.92	28,415,433.08		
		30,000,000										
1503	Transfers to Public Institution	30,000,000					0	30,000,000	30,000,000.00	-		
	Transfers	120,000,000	-	11,750,000	-	-						
1503	Public Institutions	120,000,000		11,750,000				152,750,000	150,856,790.00	1,893,210.00		
		20,000,000						131,750,000	131,750,000.00	-		0.0
	Sri Lanka anti-Doping Agency											
1503	Public Institutions	20,000,000						20,000,000	18,562,000.00	1,438,000.00		7.2
		1,000,000										
1506	Property Loan Interest	1,000,000					0	1,000,000	544,790.00	455,210.31		45.5
				11,750,000	-	-	0	182,750,000	180,856,790.00	1,893,210.31		
	Personal Emoluments	42,860,000			985,000	-	985,000	43,845,000	42,052,234.00	1,792,766.18		4.1
	Other Recurrent Expenditure	263,590,000		11,750,000	1,400,000	6,385,000	4,985,000	270,355,000	237,393,624.00	32,961,376.32		12.2
	RECURRENT EXPENDITURE	306,450,000		11,750,000	2,385,000	6,385,000	-4,000,000	314,200,000	279,445,858.00	34,754,142.50		11.1
	Rehabilitation and Improvement of Capital Assets	20,300,000		-	302,100	-	302,100	20,602,100	16,033,239.49	4,569,860.51		

2001	Buildings Structures	20,000,000					0	20,000	15,480,421.81	4,519,578.19	22.6
2002	Plant , Machinery and Equipment	100,000					0	100,000	49,718.68	50,281.32	50.3
2003	Vehicles	200,000	1049		302,100		302,100	502,100	502,099.00	1.00	.0
	Acquisition of Capital Assets	13,400,000		-	800,000	1,102,100	-302,100	14,200,000	7,428,748.43	6,771,251.57	
2101	Vehicles	-					0	-		-	
2102	Furniture and Office Equipment	10,000,000					0	10,000,000	4,274,940.71	5,725,059.29	57.3
2103	Plant , Machinery and Equipment	2,000,000					0	2,000,000	1,915,760	84,240.00	4.2
2104	Buildings And Structures	200,000					0	200,000	43,335.72	156,664.28	78.3
2201	CapitalTransfers to Public Institution						0	-		-	
2301	Acquisition of Financial Assets						0	2,000,000	1,194,712.00	805,288.00	40.3
2401	Staff Training	1,200,000			800,000		800,000				
	Capital Expenditure	293,000	-	-	-	-	293,000,00	0	246,150,000	46,850,000	
2201	Public Ititutions							285,000,000	243,000,000	42,000,000	14.7
	Sri Lanka anti Doping Agency								-		
2201	Public Ititutions							8,000,000	3,150,000	4,850,000	60.6
	Asian Youth Games-2017	410,000,000				1,102,100	-1,102,100	408,897,900	298,256,995.07	110,640,904.93	27.1

2502	Investment										
	CAPITAL EXPENDITURE	736,700,000		-	1,102,100	1,102,100	0	736,700,000	567,867,982.99	168,832,017.01	
	Total Expenditure	1,043,150,000		11,750,000	3,487,100	7,487,100	0	1,050,900,000	847,313,840.49	203,586,159.51	19.4

04 - National Institution of Sports Science

Object Code	Category / Object Title	provision	virman no	virman 66 +	virman 66 -		Additional allocatins	Net Proviton	Actual expenditure	Balance-2011-11-30	%
	Personal Emoluments										
1001	Salaries and Wages	5,485,000			95,000		95,000	5,580,000	5,578,135.32	1,864.68	0.0
1002	Overtime and Holiday pay	300,000					-	300,000	273,697	26,303	8.8
1003	Other Allowances	4,200,000					-	4,200,000	4,200,000	-	0.0
		9,985,000		-	95,000	-	95,000	10,080,000	10,051,832.32	28,167.68	
	Traveling Expenses										
1101	Domestic	100,000					-	100,000	13,088	86,912	86.9
1102	Foreign	1,100,000					-	1,100,000	993,979.45	106,020.55	9.6
		1,200,000		-	-	-	-	1,200,000	1,007,067.45	192,932.55	
	Supplies										
1201	Stationery and Office Requisites	600,000			280,000		280,000	880,000	600,000	280,000	31.8

1202	Fuel	915,000				535,000	-	380,000	379,785	215	0.1	
1203	Diets and Uniforms	50,000					-	50,000	24,000	26,000	52.0	
1205	Other	50,000					-	50,000	48,126	1,874	3.7	
		1,615,000			-	280,000		535,000		1,360,000	1,051,911	308,089
	Maintenance Expenditure											
1301	Vehicles	600,000					-	600,000	401,654.02	198,345.98	33.1	
1302	Plant, Machinery and Equipment	600,000					-	600,000	538,924.62	61,075.38	10.2	
1303	Buildings and Structures	100,000	1047			90,000	(90,000)	10,000	-	10,000	100.0	
		1,300,000			-	-	90,000	(90,000)	1,210,000	940,578.64	269,421.36	
	Contractual Services											
1401	Transport	300,000	1047			90,000	90,000	390,000	390,000	-	0.0	
1402	Postal And Communication	1,100,000				235,000		865,000	860,844.66	4,153.34	0.5	
1403	Electricity & Water	4,200,000				375,000	(375,000)	3,825,000	3,800,685.72	24,314.28	0.6	
1404	Rents And Local Taxes	800,000					-	800,000	464,799.60	335,200.40	41.9	
1405	Other	5,500,000				770,000	770,000	6,270,000	5,494,560.48	775,439.52	12.4	
		11,900,000			860,000	610,000	250,000	12,150,000	11,010,890.46	1,139,109.54		

	Personal Emoluments	9,985,000			95,000	-	95,000	10,080,000	10,051,832.32	28,167.68	0.3
	Other Recurrent Expenditure	16,015,000			1,235,000	1,235,000	-	15,920,000	14,010,447.55	1,909,552.45	12.0
	RECURRENT EXPENDITURE	26,000,000			1,235,000	1,235,000	-	26,000,000	24,062,279.87	1,937,720.13	7.5
	Rehabilitation and Improvement of Capital Assets	7,600,000					-	7,600,000	6,607,659.46	992,340.54	
2001	Buildings Structures	7,400,000					-	7,400,000	6,654,799.46	845,200.54	11.4
2002	Plant , Machinery and Equipment	100,000					-	100,000	-	100,000	100.0
2003	Vehicles	100,000					-	100,000	52,860	47,140.00	47.1
	Acquisition of Capital Assets	28,100,000					-	28,100,000	23,827,948.87	4,272,051.13	
2101	Vehicles	-					-	-		-	
2102	Furniture and Office Equipment	2,100,000					-	2,100,000	1,655,787.50	444,212.50	21.2
2103	Plant , Machinery and Equipment	3,500,000					-	3,500,000	1,553,907	1,946,093	55.6
2104	Buildings And Structures	-					-	-		-	
2401	staff Training	4,200,000					-	4,200,000	4,195,949.77	4,050.23	0.1
2401	Staff Training	18,300,000					-	18,300,000	16,442,304.60	1,877,695.40	10.26
	CAPITAL EXPENDITURE	35,700,000						35,700,000	30,435,608.33	5,264,391.67	14.7
	Total Expenditure	61,700,000			1,235,000	1,235,000	-	61,700,000	54,497,888.20	7,202,111.80	11.7

05 - Institute of Sports Medicine

Object Code	Category / Object Title	provision		Additional allocatins	virman 66 +	virman 66 -		Net Provision	Actual expenditure	Balance-2014-12-31	%
	Personal Emoluments										
1001	Salaries and Wages	12,085,000	1046		235,000		235,000	12,320,000	12,319,950.84	49.16	0.0
1002	Overtime and Holiday Pay	750,000					-	750,000	451,948.90	298,051.10	39.7
1003	Other Allowances	12,500,000					-	12,500,000	12,355,374.94	144,625.06	1.2
		25,335,000			235,000		235,000	25,570,000	25,127,274.68	442,725.32	
	Traveling Expenses										
1101	Domestic	150,000					-	150,000	47,329	102,671	68.4
1102	Foreign	1,500,000	545		1,500,000		1,500,000	3,000,000	2,635,073	364,926.62	12.2
		1,650,000			1,500,000		1,500,000	3,150,000	2,682,402.38	467,597.62	
	Supplies										
1201	Stationery and Office Requisites	250,000					-	250,000	246,013.82	3,986.18	1.6
1202	Fuel	915,000					-	915,000	485,535	429,465	46.9
1203	Diets and Uniforms	75,000					-	75,000	65,820	9,180	12.2
1204	Medical Supplies	14,000,000					-	14,000,000	9,514,632.05	4,485,367.95	32.0

		15,240,000					-	15,240,000	10,312,000.87	4,927,999.13	
	Maintenance Expenditure										
1301	Vehicles	1,000,000					-	1,000,000	999,602.69	397.31	0.0
1302	Plant, Machinery and Equipment	500,000	1046			235,000	(235,000)	265,000	137,229.13	127,770.87	48.2
1303	Buildings and Structures	500,000					-	500,000	8,062	491,938	98.4
		2,000,000				235,000	(235,000)	1,765,000	1,144,893.82	620,106.18	
	Contractual Services						-				
1401	Transport	1,300,000					-	1,300,000	851,666.33	448,333.67	34.5
1402	Postal And Communication	600,000					-	600,000	354,267.66	245,732.34	41.0
1403	Electricity & Water	4,500,000				1,500,000	(1,500,000)	3,000,000	-	3,000,000	100.0
1404	Rents And Local Taxes	200,000					-	200,000	-	200,000	100.0
1405	Other	3,000,000					-	3,000,000	2,206,258.49	793,741.51	26.5
		9,600,000				1,500,000	(1,500,000)	8,100,000	3,412,192.48	4,687,807.52	
	Personal Emoluments	25,335,000		-	235,000		-	25,570,000	25,127,274.68	442,725.32	1.7
	Other Recurrent Expenditure	28,490,000		-	1,500,000	1,735,000	(235,000)	28,555	17,551,489.55	10,703,510.45	37.9
	RECURRENT EXPENDITURE	53,825,000		-	1,735,000	1,735,000	-	53,825,000	42,678,764.23	11,146,235.77	20.7
	CAPITAL EXPENDITURE										

	Rehabilitation and Improvement of Capital Assets	900,000						900,000	52,965	847,035	
2001	Buildings Structures	300,000					-	300,000	27,245	272,755	90.9
2002	Plant , Machinery and Equipment	200,000					-	200,000	-	200,000	100.0
2003	Vehicles	400,000					-	400,000	25,720	374,280	93.6
	Acquisition of Capital Assets	6,500,000						11,500,000	10,284,249.60	1,215,750.40	
2101	Vehicles	-						-		-	
2102	Furniture and Office Equipment	1,500,000						1,500,000	858,145	641,855	42.8
2103	Plant , Machinery and Equipment	5,000,000						5,000,000	4,426,104.60	573,895.40	11.5
2104	Buildings And Structures						-	-	-	-	-
2105	Land and land improvements						-	-	-		
	Human Resorce Development	5,000,000						-			
2401	Training and Capacity Building	5,000,000					-	5,000,000	5,000,000	-	0.0
	CAPITAL EXPENDITURE	12,400,000					-	12,400,000	10,337,214.60	2,062,785.40	16.6
	Total Expenditure	66,225,000					-	66,225,000	53,015,978.83	13,209,021.17	19.9

Appropriation Account - 2015

DGSA 1

Expenditure Head No: 136

Ministry of Sports

Programme Number given in Annual Estimates	Title of the Programme given in Budget Estimates	(1)	(2)	(3)	(4)	(5)	(6)	Page No. (Reference to relevant DGSA 2 format)
		Provision in Budget Estimates	Supplimentary Provision and Supplimentary Estimate Allocation	Transfers in terms of F.R. 66 and 69	Total Net Provision (1+2+3)	Total Expenditure	Net Effect Saving/(Excesses) (4-5)	
		Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	
	<u>Recurrent</u>							
1	Operational Activities	366,069,000	11,750,000	0	377,819,000	333,645,614	44,173,386	Page 2
2	Development Activities	79,825,000	0	0	79,825,000	66,741,044	13,083,956	Page 3
	Sub Total (Recurrent)	445,894,000	11,750,000	-	457,644,000	400,386,658	57,257,342	
	<u>Capital</u>							
1	Operational Activities	753,733,000		0	753,733,000	582,665,321	171,067,679	Page 2
2	Development Activities	48,100,000			48,100,000	40,772,823	7,327,177	Page 3
	Sub Total (Capital)	801,833,000	0	0.00	801,833,000	623,438,144	178,394,856	
	Grand Total	1,247,727,000	11,750,000	-	1,259,477,000	1,023,824,802	235,652,198	

Appropriation Account by Programme - 2015

DGSA 2

Expenditure HeadNo:136

Ministry of Sports

Programme No. & Title : 01 - Operational Activities

Summary of Recurrent and Capital Expenditure

Nature of Expenditure with DGSA format Reference	(1)	(2)	(3)	(4)	(5)	(6)	Page No. (Reference to relevant DGSA format)
	Provision in Budget Estimates	Supplimentary Provision and Supplimentary Estimate Allocation	Transfers in terms of the F.R. 66 and 69	Total Net Provision (1+2+3)	Total Expenditure	Net Effect Saving/(Excesses) (4-5)	
	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	
(a) Recurrent (DGSA 3)	366,069,000	11,750,000	0	377,819,000	333,645,614	44,173,386	P.4
(b) Capital (DGSA 4)	753,733,000		0	753,733,000	582,665,321	171,067,679	P.7
Total	1,119,802,000	11,750,000	0	1,131,552,000	916,310,935	215,241,065	

Appropriation Account by Programme - 2015

DGSA 2

Expenditure Head N: 136

Ministry of Sports

Programme No. & Title : 02 - Development Activities

Summary of Recurrent and Capital Expenditure

Nature of Expenditure with DGSA format Reference	(1)	(2)	(3)	(4)	(5)	(6)	Page No. (Reference to relevant DGSA format)
	Provision in Budget Estimates	Supplimentary Provision and Supplimentary Estimate Allocation	Transfers in terms of the F.R. 66 and 69	Total Net Provision (1+2+3)	Total Expenditure	Net Effect Saving/(Excess) (4-5)	
	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	
(a) Recurrent (DGSA 3)	79,825,000	0	0	79,825,000	66,741,044	13,083,956	P.5
(b) Capital (DGSA 4)	48,100,000			48,100,000	40,772,823	7,327,177	P.10
Total	127,925,000	0	0	127,925,000	107,513,867	20,411,133	

29th Mahaveli Sports Festival



Taking part in the Anuradhapura Cycling Race



Meeting with Japan Ambassador



First Annual Federation of the Provincial Sports Ministers





With Para Olympic Sportsmen



With Soft ball cricket team



With Body building sportsmen